PRAYERS OF A VIRGIN

52 Weeks of Poetic Inspiration and Personal Planetary Guidance with the Destiny Cards

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onour thy father and thy mother; that thy days may be long upon the land which the Lord thy God giveth thee."- Exodus 20:12

This book is dedicated to the loving memory of my parents. To my father, Solomon A. Bellony, who was born on July 17, 1937, and made his transition on Oct. 12, 2015. To my mother, Daisy Elizabeth Teresa King-Bellony, who was born on September 26th, 1937. Forty-nine days after her birthday in 2013, she left her body on Thursday, November 14th. According to some Buddhist tradition, it takes 49 days after death for one's consciousness to transition from one life to the next. Forty-nine days after her death on the new moon *and* the new year of January 1st, 2014, she made her ultimate transition on the *only* day of the year to born as a King of Spades.

This book is also dedicated to my grandmother, Catherine George-King, who also died on Thursday, November 14th, 56 years before *her* daughter and *my* mother Daisy.





'd like to thank ALL my friends and family who were inspirational and supportive in the completion of this work. To my brother Richard who always provides a cheap airline ticket and a place to lay my head whenever I get to Atlanta. To my friends Roberta and Matthew in Mexico, who provided the house sitting home for the peaceful birthplace of this book. To my cousin Bird and his wife Susie for spending many creative nights at their home in Dominica. To Larry Boykin (aka Laser) at Wisdom Worlds for designing my book cover and to my book formatting angel **Shawn303 at Fiverr**. To **Pen_geek at Fiverr**, Leslie Rains and J.A. Hunt (aka Yemi) for helping to edit this book.

I definitely won't forget my best friend, Sharonda, BarbaraO, and Scott, my biggest spiritual and financial supporters over the years. A shout out to all my Atlanta, Antigua, Cali., U.S.V.I, and Dominica posse. You all know who you are and how much I love you, even if your names are not mentioned here—Thank you!



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Note to the Reader:

The majority of this book is about helping YOU, the reader, understand your life path and cycles to make better choices. However (against my editor's advice), I start off talking mostly about my mission motivated by my mother's death. If you're not interested in that part, you can skip to *Chapter 2*, where you will meet up with another agenda- *shifting worldview paradigms*. If you're not interested in that either, then skip to *Chapter 3*, and from there, it's all about YOU. However, if you do read these Chapters, you will discover a call to be courageous and a cause close to my heart. Whichever route you choose, there's no love lost. I'm just glad that you're here for the ride.

rayers of a Virgin: 52 Weeks of Poetic Inspiration and Personal Planetary Guidance with the Destiny Cards (POV) is MORE than just a 365-Day inspirational calendar. POV is also an astrological planner SPECIFIC to your birthdate that helps you understand YOUR life path and cycles to make better choices using Cardology.

Cardology is an ancient mystical science based on Astrology and Numerology, preserved in the ordinary deck of playing cards. It is built on a mathematical formula that is NOT based on divination alone, like the more familiar Tarot Cards. Up until the 1990s, Cardology was unknown until Robert Lee Camp, coining the system The Destiny Cards, made it accessible through his books and software programs. Back in 2000, I had the unique opportunity to work briefly with Robert as his assistant and advance my knowledge in Cardology. Like Robert, I am dedicated to uncloaking the mystery around this ancient science so that everyone can use it in a practical way to understand their life path and cycle to make better choices.

If you purchased this book on-line and emailed your book confirmation, along with your birth information to info@whoiamcommuniciations.com, you would have received a coupon code for 50% off your *Yearly Report* and *Weekly Calendar Report*. Both are needed for the beginner to maximize the benefits of this book. If you haven't purchased this book, you can go to www.positiveoptions.org to purchase both reports.

My goal is to provide a fun, hands-on approach to learning Cardology. You will receive daily inspiration and be able to record your daily personal card influences and notes in the book. But it doesn't stop there! POV points the way for all light beacons to become better conscious cocreators of the life they desire by playing the *Reclaim Game*. In *Part 1: The Mission*, I share my 2020 Vision and prepare you for the game. In *Part 2: The Method*, I share the background and rules of the game, so you know how to use this book. In *Part 3: The Mechanics*, you set out on your "S/hero's Journey," ready to play the *Reclaim Game*. In the *Appendix*, I share additional resources for you to become more proficient in the *Reclaim Game* and to expand your knowledge in Cardology.

Housekeeping:

I use the terms Creator of All That Is, Source, Divinity, and G.O.D. interchangeably in this work. These terms all serve as a reference to a Higher Power that many refer to as God. My use of the term G.O.D. as an acronym relates to the Creator being *Generator*, *Operator*, and *Destroyer* of all that exists.

I also use initialisms (a word made from the first letters of each word in a phrase) for the book phrases interchangeably with the whole spelling as a way for readers to become more familiar with the phrases without referring to a glossary.

Lastly, my use of capital letters, italics, and quotation marks are in a class of its own, without rhyme or reason except to lay emphasis when necessary. I know this breaks some grammatical rules, but what the heck! All rules are eventually meant to be broken (smile).





PART 1: THE MISSION





y mission is to motivate myself and other magnetic, melanin-aware light beacons to become better conscious co-creators of the life they desire, while removing race, gender and generational blockages on the path to planetary oneness.

To be a light beacon that is "magnetic and melanin-aware," means you honor the feminine and pigmentation within you and others, whether you are Black or White, female or male, old or young. This helps to bring yourself and the whole world into balance, which is so needed at this time of planetary evolution.

What IS Conscious Co-Creation & Why Is It Important?

For better or worse, you are constantly co-creating your life circumstances with the Creator of All That Is in your every thought, word and action. But what if you could be more conscious about it? Wouldn't that be *the* game changer if you knew, just like you know when you're thirsty, how to tap into Creator Source to co-create the mental, emotional and financial breakthroughs you know you deserve? Now imagine if we could ALL consciously co-create the lives we desire on every level. I bet we would spend far less time complaining and getting into power struggles with others.

Facing the shadow of some of my greatest wounds involving racism, sexism and ageism has over time transformed into my greatest gifts, allowing me to delve deep into the unknown to find the truth behind the veil of illusions. If I can inspire just one person to *reclaim* some of their lost dreams, then that makes my work all the more meaningful.

What Exactly IS Your 2020 Vision?

Since I've worn glasses since the age of 5, I'm not talking about my eyesight! As the owner of Who I Am Communications and Positive Options Coaching, my vision is to *publish 3 books* by the end of the year 2020 and to eventually finish writing 6 books sharing powerful practices and principles for conscious co-creation and promote them on *DeBorah B's Travel Bug Blog*.

So far, I've published two of the three books. The first book, *Afraid of Our Own Shadow: A Manifesto and Guide for Conscious Co-Creation* (AOOS), was published in 2013. AOOS covers the seven steps to become a better conscious co-creator, the three societal wounds and the four pitfalls that prevent conscious co-creation and how to avoid them. AOOS can be considered the practical, how-to part of my third and forthcoming book, *It's All G.O.Ø.D.: A Conscious Co-Creator's Guide to Healing the Effects of White Supremacy* (IAG). Part memoir and part paradigm shifting guidebook, IAG is a much larger work and promises to be my most thought-provoking book out of the three.

The last three of the six books are part of a series entitled, *Conversations with a Virgin: On Race, Gender and Generations*. This three-part series will be a collection of interviews with some of the most radiant, outspoken, heart-centered, light beacons of every race, gender, and generation. We'll not only cover conscious co-creation, but we'll also delve deeply and openly into topics on racism, sexism, ageism, and whatever else makes its way to the surface.

POV's Inspiration

On Nov. 14th, 2013, my mother, Daisy, made her transition, and that was **The Day That Changed Everything**. It gave me the courage and motivation to move on my dreams. My mission became not only to publish my books but also to encourage, inspire and support others to become better conscious co-creators while sharing my travel stories that showcase community causes, artists, and activists in the places I peruse. I also began the *Pushing Daisy Drive* (Driven by Miss Daisy's Daughter), which is an on-going, long-term vision to build an eco-friendly home and health education center in Antigua, West Indies in honor of my mother's legacy of service. A portion of the sales of this book will go toward the *Pushing Daisy Drive*. A world of thanks to you if you have purchased this book! Your support brings me one step closer to manifesting my goal. If you haven't purchased this book and would like to learn about how you can support the drive, go to **DeBorah B's Travel Bug Blog**.

POV's Title

Eric Pearl, healer and author of *The Reconnection: Heal Others, Heal Yourself* mentions the importance of having triggers in our lives to help us grow. Triggers are topics that bring up strong emotions. I like to use "trigger" words in my book titles that may bring up predetermined ideas in our minds for us to address them collectively.

The idea for the title of this book came from my first love back in college. He called me out of the blue after not hearing from him in years. He was right on time, popping up just as I was going through one of life's "initiation through fire" challenges. Hearing his voice was a healing balm. He called to ask me a favor, and what came out of his mouth surprised me even to this day.

He said, "I need the prayers of a virgin." At that time, I was a little shocked and embarrassed because I didn't hold my virginity as a badge of honor, but rather something that alienated me from the rest of society in some unspoken way. I've come a long way since then, and part of the reason it's taken me so long to write my book has had to do with me exposing my "literal" virginity up to age 32. In truth, I've always seen virginity as neither good nor bad; however, it was the values, beliefs, and judgments around sexuality that society projected onto me for *better or worse* that caused the most damage. Now that I've broken free from all the mental madness, I'm free to share my views without concern for what others might think around the *true* meaning behind virginity, which to me has little to do with sexuality and more to do with a person "owning unto themselves."

In the book, *The Great Cosmic Mother: Rediscovering the Religion of the Earth*, authors Monica Sjoo and Barbara Mor wrote:

"Virgin meant not married, not belonging to a man-a woman who was 'one-in-herself'. The very word derives from a Latin root meaning strength, force, skill; and was later applied to men: virile. Ishtar, Diana, Astarte, Isis were all called virgin, which did not refer to sexual chastity, but sexual independence."

"Anything that you dwell on, give voice and energy to, or move towards with strong intention, presents itself to the universe as a prayer." - by Misha McGlown

What you put your focus on is your prayer. When you are focused, unclaimed, AND understand your life path and cycles to make better choices, that is REAL POWER. This book will inspire you to "reclaim" your "virgin mindset" and understand the planetary importance of the Prayers of All Virgins to collectively and consciously co-create a vision for tomorrow...today!

POV Hopes to Achieve

Cardology is a powerful tool I have been graced to learn, and it has been a source of guidance in my life for over 20 years. POV hopes to provide tools for you to become a better conscious co-creator by understanding your life path and cycles to make better choices. POV also hopes to expose you to a new paradigm and a new way of looking at the world that inspires you to choose more wisely. I'm also thankful for the opportunity to share my poetic inspirations, and create awareness about an ancient, amazing, and accurate astrological system hidden in the ordinary deck of playing cards!





cc We make deals with the devil everyday, metaphorically."- Daniel Waters

I have two questions to ask you that I'm almost certain will lead you to ask two questions yourself.

Question #1: Who or what is the "devil" and how do we all unknowingly make deals with the devil daily?

The best definition for the devil I've ever heard came out of the mouth of Reverend Ike in his famous "Gift of Money" Seminar. He states,

"The devil is a fallen angel. What does that mean? A thought that has fallen from God...The devil shows us what happens to our thoughts when we let them fall from God. Every thought that we let fall from God becomes a devil and a demon to us."

So basically, what made the devil or Lucifer "fall" was the thought that there is something, anything, separate from G.O.D. This is my working definition of the "devil" or "evil."

Question #2: Who or what is G.O.D. and why have you made the name an acronym?

I know the word God means different things to different people. Some see God as a benevolent and kind Creator, and some see God as a cruel and vengeful dictator, some don't think we should use the word "God" of German/Dutch origin to represent a Higher Power, while others don't even believe there is a God at all. My use of the term G.O.D. as an acronym relates to this Higher Power as being the Generator, Operator, and Destroyer of all that is in existence.

In these three modes, G.O.D. starts as the Generator of life, then moves into the role of Operator or Organizer of life, and then lastly becomes the Destroyer or Transformer of life for the new to come out of the old. It's very simple. In order for a new day to arrive, another must end.

In my e-book, AOOS, I briefly explain how we are all avatars for G.O.D. to experience Itself via Its Creation. For this Pure Life Force Energy, we call G.O.D. to experience Itself in all aspects of creation, It uses form. It uses US! And sometimes, what came before must be "destroyed" or "transformed" in some way to make way for a new expression. This aspect of G.O.D. is the one thing that gives that part of us, identified with form and being separate from G.O.D. in our perception, the most problems in life, just as it did Lucifer. We resist change, and therefore we resist G.O.D.'s natural Generating, Operating, and Destroying process. But as you will see, this is *also* all part of the process as well.

Let me give you an analogy to put things in perspective because perspective is what we need more than anything. Imagine you're a newlywed on your honeymoon. While enjoying a moonlit night on the balcony of your 5-star villa overlooking the Caribbean Sea with your spouse, you both witness a beautiful falling star in the night sky, making the night more special, right? Yes, for you all; however, not for all the beings in that solar system if it happened to have life on it! That night would represent fire and brimstone and an end to life as they knew it! As you can see from this analogy, everything in life is about perspective.

So here are the two questions I can hear *you* asking:

Question #1: Why is it necessary for G.O.D., the Creator of All That Is, to have to experience Itself through Its creation?

Since my person was created by a Higher Power, I can't speak for that which created me as to *why*; however, as a human endowed with the power to co-create life, I would guess it's similar to why any parent chooses to have children. And not every parent chooses to have children for the same reasons.

Question #2: Why did Lucifer (or anyone for that matter) have to fall in the first place?

The more I understand what G.O.D. was up to when creating this simulation game called Life to experience Itself, the more I come to realize that none of this is real. However, it sure does feel real, and that's exactly what we came here to experience.

Just like a video game or a good movie, we desire the experience. The better the movie, the more powerful the villain or the obstacle is to overcome. The harder the level of your video game, the sweeter the reward is for winning. Tending a garden is a fulfilling thing, yet to nurture and watch a child blossom from an infant into an adult is a more challenging, and more rewarding, worthwhile experience (at times!).

Looking at things from this perspective, I guess you can say "falling" is part of the game of life, and it doesn't even have to be seen as a bad thing. The sun slowly falls out of the sky each day, bringing darkness for a time, but you don't see anyone crying too hard because they know it will come out tomorrow. However, the moment we forget and believe (I mean truly believe) there is anything separate from G.O.D. in our hearts and minds, then we've made a deal with "the devil." Yet, even to think of the devil as separate is a trap. The devil "tempts" us to make decisions based on what we want from a limited understanding of the purpose for life, and G.O.D. "motivates" us to make decisions based on what we need from a universal understanding. They both give us free will to choose, and they both are necessary-two sides of the same coin called Life.

The Reclaim Game

Although none of this is really real, it's still an experience our Higher Self (that part of our being that is connected with G.O.D.'s purpose for our life) *chose* to have by being incarnated into a body. Now the fun and interesting part is finding out *why* we chose to be here.

Every single action you take in your life and every experience you witness has meaning and is fulfilling a purpose, and it's the purpose and meaning YOU give it. When we as a collective lost our connection to G.O.D., we also lost our connection and awareness between our Higher Self and Lower Self, our conscious mind and our subconscious or superconscious mind. By committing to understanding what the Creator and your Higher Self were up to *before* you incarnated here on Earth, you unify this disconnection between your Higher and Lower Self and thus become Enlightened. To me, this is the true definition of Self-Love.

In accomplishing this, you will find that up until this point of Enlightenment, there wasn't anything that needed changing—only your perception and perspective about it. Tony Robbins, world-renown motivational speaker and author of *MONEY Master the Game: 7 Simple Steps to Financial Freedom*, mentioned in his book that a few people were outraged with the title of the book, which suggests that money could be seen as a game.

Part of his response was as follows, "...and remember, not all games are frivolous. Games are a reflection of life. Some people sit on the sidelines, and some play to win. How do you play?"

So the *Reclaim Game* measures your skills to stop making daily deals with the devil and to get off that trickster's concept of reality based on separation. To do this, aside from having the proper tools, the desire and commitment to change, you need the right paradigm. With commitment and the right concept of reality, all things are eventually possible. All you have to do is just *live* your life and *love* this life, knowing it's an illusion and a game you *chose* to play.

Reclaiming Your Afrikan Mind—A Tribute and Paradigm Shift

"If we don't acknowledge who our mother is, how can we be sisters and brothers?"

In the book, *The Real Eve: Modern Man's Journey Out of Africa*, scientist Stephen Oppenheimer studied mitochondrial DNA and traced the origins of the human race back to one female in Afrika several million years ago. Today, many can agree that mankind as we now know it originated on the continent of Afrika. Many can also agree that a lot of the gold, diamonds, and natural and human resources used to propel the industrial revolution, also came from Afrika.

However, what many don't seem to agree on is that when the gods first walked the earth, it was done so here, in the cradle of civilization. We don't seem to agree that the earliest and longest-running dynasty on earth also has its origins on the continent of Afrika.

Whether you agree or not with any of the statements above, the question remains, "Why don't we respect our mother, the continent of Afrika?" A perfect example of this disrespect is how we've even taken Egypt out of the continent, calling it the Middle East, when if you look on any map, common sense would tell you differently. To make matters even more interesting, according to author Robert Bauval, leading Egyptologist and co-author of *Black Genesis: The Prehistoric Origins of Ancient Egypt*, all research points to Egypt's cultural legacy originating from a Black Sub-Saharan race coming from the Tibesti mountains in northern Chad some 12,500 years ago.

So, if Afrika is our mother, why do we continue to abuse and rape her of her natural resources? And why do her people, the genetic, indigenous cultural bearers of the original program for mankind, live in some of the worst conditions in the world? Why is there is a direct correlation to the more natural resources an Afrikan country has, the more the people suffer from outside influenced (and often instigated) civil unrest, resulting in man-made poverty her children must bear?

Why Afrika?

At this point, some of you may be wondering why I am spelling Africa with a "k" instead of a "c." In his book, *From Plan to Planet Life Studies: The Need for Afrikan Minds and Institutions*, poet and writer Haki Madhubuti explains how most vernacular or traditional languages on the continent spell Africa with a "k." It wasn't until Europeans, particularly the Portuguese and British, polluted Afrikan languages by substituting 'c' whenever they saw 'k' or heard the 'k' sound.

Yet, my main reason for taking poetic license to spell Africa with a "k" is so that it represents the letter "k" in mankind, symbolizing where all of mankind as we now know it originated. So in this spelling, we are **all** Afrikans or Afri-*kin*, to be exact.

"History will be kind to me for I intend to write it." - Winston S. Churchill

I can hear some of you saying, "Why dwell in history and get stuck in story? The past is the past, and we have *evolved*." However, that's because the damage has already been done, and the lie has already become the truth in the minds of many about Afrika's *his*-tory and her greatest contributions. The best answer to this question can be found in the words of the late psychologist, Dr. Amos Wilson. In his book, *The Falsification of Afrikan Consciousness: Eurocentric History, Psychiatry and the Politics of White Supremacy*, he used the analogy that if a doctor was about to see a patient and had the wrong client history, it would make all the difference in the world in how he "treated" his patient. *His*-story is what we have today about Afrika- the conqueror's version of historical events.

"When the missionaries came to Africa, they had the Bible, and we had the land. They said, 'Let us pray.' We closed our eyes. When we opened them, we had the Bible, and they had the land." -Desmond Tutu

I know some of us can't see past the current day tribalism and mass killings in places like Rwanda and the Congo and associate the continent of Afrika with pure evil, greed, and paganism. But all you have to do is go back further to a time when Afrikans had the land's resources, and Europeans had their version of the bible. Now Europeans have the land's resources, and Afrikans have their bible, and yet and still, no real justice or prosperity for the majority of her people is in view. When you read books like *How Europe Underdeveloped Africa* by Walter Rodney, you begin to see his-story from another perspective, from the unpopular truth of the conquered.

Now let's be realistic, evil or as I stated earlier, 'the devilish' thinking there is anything separate from G.O.D. has been around since the beginning, and Afrika is no stranger to it. In fact, in my opinion, it was the reason for Afrika's ultimate downfall, which I'll discuss more extensively in my forthcoming book, *It's All G.O.Ø.D.: A Conscious Co-Creator's Guide for Healing the Effects of White Supremacy*. However, that is for another day.

What I want to emphasize today is that Afrika was one of the first places to create cultural practices promoting the paradigm that we are not separate from nature or one another. I will talk more about this worldview (or what anthropologist Dr. Marimba Ani calls an *asili*) in a minute.

By reclaiming my Afrikan mind, it's my way of not only giving thanks for her contributions to civilization but also to pay tribute for the natural and human resources that were used to propel the industrial revolution that allows me to enjoy the life I live today. It's my way of acknowledging that in Afrika, there still exists a powerful system of cultural retentions that can help bring us back to the understanding that we are all one.

When you reclaim your Afrikan mind, you are just affirming the undeniable truth that we all originated from Afrika and that these same people of Afrikan origin had a worldview based on a concept of reality very different from the current European-centered world view that has now come to dominate and is at the root of mankind's choices that are causing Mother Earth to become extinct.

Why a Worldview?

"The African world-view, and the world-views of other people who are not of European origin, all appear to have certain themes in common. The universe to which they relate is sacred in origin, is organic, and is a true "cosmos." -Dr. Marimba Ani

Let's get back to Dr. Marimba Ani and her classic, definitive work, *Yurugu: An African-Centered Critique of European Cultural Thought and Behavior*. In her work, she takes the liberty to use the Kiswahili word *asili* (meaning origin, essence, or seed) as a term to serve as a conceptual tool for defining what we would consider a worldview. She explains *asili* this way:

"The idea of a seed, the ubiquitous analogical symbol in African philosophical and cosmological explanations, is ideal for our purposes. The idea is that the *asili* is like a template that carries within it the pattern or archetypal model for cultural development; we might say that it is the DNA of culture. At the same time, it embodies the "logic" of the culture. The logic is an explanation of how it works, as well as the principle of its development."

n a lecture at Hunter College, Dr. Ani delineates the difference between an Afrikan-centered European-centered worldview of which I've taken the liberties to paraphrase in the graph below.	

AFRIKAN-CENTERED

- *Language as Symbolism
- * Nature/Complex
- * Facts put in context
- * We are part and unison with Nature
- * Consensus (The objective is to feel the oneness of the group. If we are a community and one, then we can come to a conclusion that represents who we are as a collective. The decision is not as important if the group isn't unified and nothing should disrupt that)

EUROPEAN-CENTERED

- * Language as Intellect Devoid of Meaning
- * Logic/Simple
- * Just Facts (the devil is in the details)
- * We are alienated from Nature
- * Majority (Objective is being effective, quick and to the point)



"Any civilization that destroys the soil destroys itself. There is an ancient saying- In this handful of soil, is your future. Take care of it, and for thousands of years, you will have prosperity and wellbeing. Destroy it, and you will go with it." -Vandana Shiva

Let's be clear, there is no 'one way' of reclaiming an Afrikan mindset, and there isn't any set agenda, aside from saving Mother Earth or to put it more correctly, to save mankind as we now know it from becoming extinct *if or when* Mother Earth decides to shake us off like a bad habit.

By reclaiming our Afrikan mind, we are paying tribute to our mother and mentally shifting our consensus reality to an Indigenous cultural asili that promotes oneness with one another and the Earth, which is so needed at this time of planetary evolution. As you are probably well aware, this doesn't happen overnight, and I'm not talking about creating a utopia based on how it was in the past. Things can be better or worse, but not the same.

It all starts with remembering we are all one Afri-kin family. We are all divine expressions of G.O.D. experiencing Itself through Its Creation. This understanding starts within you first, moving from an intellectual to an experiential level. From there, it spreads out to your immediate family and community, and then it goes outward on a national and global scale.

Reclaiming Your Virgin Mind- A Practice

"In the beginner's mind there are many possibilities, but in the expert's there are few." - Shunryu Suzuki

In many ways, the virgin mind is similar to the beginner's mind in Zen Buddhism. According to Shunryu Suzuki, author of the modern-day classic *Zen Mind, Beginner's Mind: Informal Talks on Zen Meditation and Practice*, the beginner's mind refers to having an attitude of openness, eagerness, and a lack of preconceptions when studying a subject, even when studying at an advanced level, just as a beginner in that subject would.

The virgin mind also relates to the Fool's card in the Tarot and the Joker in the deck of playing cards, which I'll get into more deeply in the next chapter. But first, let's talk about the virgin mind and how it relates to the beginner's mind.

The Virgin Mind

So for a recap, a virgin by a more traditional definition isn't a sexually inactive person, but rather, a person that is "owning unto themselves" or unclaimed by another person or thing. The goal then is to become virginal in *your mindset*, where no other person, ideology, or substance that doesn't have your best interest in mind has "ownership" over you.

Now let's be clear, being claimed by someone or thing isn't a *bad* thing at the end of the day. I see it as our ultimate goal once we've done the work of knowing and loving ourselves. Just as you would claim *virgin* land and build a foundation that supports your current and future generations, being claimed by the right person or thing can bring meaning and joy to your life.

However, if you've built your foundation on quicksand or near a toxic dump, then you have no foundation or future you can depend on.

"Give me the child for the first seven years and I'll give you the man." -Jesuit maxim

This bold statement needs to be written in bold letters, for it encapsulates (for better or worse) the power of the mind, in the formative years, of shaping our reality.

If you wake up one day with the sudden clarity that you've had no say in the shaping of your reality or you dislike your identity, then it's up to YOU, to reclaim yourself back to become what you DO want. This is one of the hardest things to do, and it is why I can't stress enough that this is a purging and a practice.

Any person overcoming a drug addiction understands all too well what this purging process entails; however, there are so many other ways to be unfairly claimed or become addicted to people and things that don't serve you. This can be toxic thoughts, unfruitful philosophies, fried food, senseless sex, co-dependent relationships, or non-productive nationalism.

In their work, *The Great Cosmic Mother: Rediscovering the Religion of the Earth*, Monica Sjoo & Barbara Mor put it this way.

"...nature is not stupid. In nature, a species changes itself when it perceives (or *feels*, that taboo word!) over a period of time a genetic need for change. Species change is not dependent on random arbitrary mutation, is not a function of sheer accident, or blind luck, but is a kind of group-willed phenomenon....."

No matter what is or has been, NOW is the time in mankind's evolution to collectively reclaim a virginal mindset to 'reset' our minds to what we desire. I'm not saying the venture will be easy or hard for that matter, but it will take a level of commitment, passion, and compassion that I *feel* we must be ready for, collectively.

Mastering the Mind—The Tale of Two Choices

Going back to Dr. Marimba Ani's work about the *asili*, she states:

"It acts as a screen, incorporating or rejecting innovations, depending on their compatibility with its own essential nature. It is as though the *asili* were a principle of self-realization. It is a compelling force that will direct the culture as long as it remains intact: i.e., carried in the "cultural genes." In order for the culture to change (and this includes the collective thought and behavior of those within it), the *asili* itself would have to be altered. But this would involve a process of destruction and the birth of a new entity. Cultural *asili(s)* are not made to be changed."

My question is, although a cultural *asili* is not "made" to be changed, does that mean it's not "meant" to change over time? And if so, who initiates the change? The only thing constant is change. This is where G.O.D. as the Generator, Operator, and Destroyer working via Its creation, comes into play. And as I stated earlier, this aspect of G.O.D. is the one thing that gives our person with its limited perception, the most problems in life. We resist change, and therefore we resist G.O.D.'s natural timing for change.

If a change can be seen in the current Afrikan cultural *asili* today, moving from unity and regard for all life to the level of tribalism, war, and mass genocide we've seen in modern times, is it also possible for a change to be seen in the European cultural *asili* where the motivating factors of individualism, xenophobia, greed, and separatism are replaced with planetary oneness? And going even deeper, will it involve what Dr. Ani calls *a process of destruction and the birth of a new entity*, which was witnessed historically when the modern-day European worldview usurped the Afrikan-centered/Indigenous Peoples asili?

"...unconnected consciousness is destructions keenest tool against the soul." -Ayi Kwei Armah

Social psychologist Mari Fitzduff states in her groundbreaking work, "An Introduction to Neuroscience for the Peacebuilder," that changes are possible but not always easy. Quoting directly from her work, I want to address the bad news first, the good news, and then end by sharing my answers to two of the ten questions she poses to all peacebuilders to ponder at the end of her paper.

The Bad News- Change comes slowly or not at all

"How much our genetics influence our attitudes and behavior is still a major research question. The suggestions range from 40% to 53%. While it is suggested that predispositions can be changed, and altered, effecting such change has been likened to turning a super tanker – such change takes considerable effort and time."

The Good News -Predisposition does not mean predetermination

"...While we are, both as individuals and groups, often predisposed to respond to conflicts in certain ways that are more sympathetic to our genetic and biological make-up, as well as our social and environmental history, we are not trapped by such characteristics. *Predisposition does not mean predetermination*— there is no individual or group that cannot change its behavior towards another individual or group."

Questions for the Peacebuilder

Question #7: How do we change our peacebuilding work so that our strategies can take account of the frailty of our inherited human nature that tends towards fear and exclusion of others- as well as our human capacities for cooperation, altruism and courage?

My Answer: Courage! It takes courage to share your greatest gifts and to stand up to the collective criticism of introducing new paradigms or analogies that allow people to see things from a different perspective. People like Shariff M. Abdullah and his paradigm-shifting book, Creating a World That Works for All and John Grey, author of Men are from Mars, Women are from Venus: The Classic Guide to Understanding the Opposite Sex are beautiful examples of courageous trailblazers shifting current paradigms around race and gender.

Question #10: How can we pitch/target our messages and campaigns to different audiences in full awareness of their differing neural dispositions? How do we frame messages about our work so that they appeal to the whole brain, and not just the rational part of it?

My Answer: Story! In the book Wired for Story: The Writer's Guide to Using Brain Science to Hook Readers From the Very First Sentence, Lisa Cron mentions that according to research, it's the firing of our dopamine neurons that lures us into a story, signaling that intriguing information is on the way. She states,

"Even more exciting, it turns out that a powerful story can have a hand in rewiring the reader's brain- helping instill empathy.... Writers can change the way people think simply by giving them a glimpse of life through their character's eyes. They can transport readers to places they've never been, catapult them into situations they've only dreamed of, and reveal subtle universal truths that just might alter their entire perception of reality."

Every effective screenwriter knows the power of story. Watching the protagonist of a good story overcome overwhelming obstacles has the power to take you out of your rational mind and plant you more into your whole brain, as well as your heart space. My forthcoming book, *It's All G.O.Ø.D.: A Conscious Co-Creator's Guide to Healing the Effects of White Supremacy (IAG)*, will be a part memoir and part paradigm-shifting guidebook. IAG seeks to introduce you to a new paradigm while sharing my story of facing the shadow and delving deep into the unknown to find the truth behind the veil of illusions.

The Tale of Two Choices

Everything is about choice, essentially the purpose of this book is to inspire and assist you in understanding your life path and cycles to make better choices, which I'll get into in the chapters that follow. But before I do, I can hear some of you saying, "Why do I have to choose at all? Why can't I have, be and do it all?"

In this instance, I'm not talking about what you choose to "have" in your life, because you already have the potential to attain everything innately within you. I'm talking about what you choose to "commit to" that can bring you more happiness. This has to do with your level of dedication to the standards you set in the pursuit of happiness. There's an expression that says you can't serve two masters at the same time, and I think it applies perfectly in this case.

Two Places

Essentially, you can only act or think in one of two places, and that is- inside your heart space or outside your heart space. When you think and act from the heart, you can see beyond the veil of illusion and create more happiness in your life, in cycles and cycles. When you don't, you enter into the jurisdiction of the mind, making daily deals with the devil of separation. You fall prey to your unknown subconscious desires and can easily be manipulated by what Eckhart Tolle, author of *The Power of Now: A Guide to Spiritual Enlightenment*, calls the collective pain body.

Two States and Two Types

There are two *states of being* and two *types of beings* on the planet. The two states of being are *awake and asleep*, and the two types of beings are *initiated and uninitiated*. All four categories are relative in certain areas and to certain degrees in everyone's life. You can exist in all four categories, depending on the area of life we are addressing.

For example, when it came to the importance of leaving a financial legacy, I was totally asleep before my mother transitioned. However, while going through my mother's belongings, I had a life-changing revelation after having found five life insurance policies that my mother had let lapse (including the last one that she hadn't mailed off when she first got sick with blood clots about a year earlier). Somehow, the realization that my mother died with NOTHING financially was what it took to finally *awaken* me to just how important leaving a financial legacy is.

While my mother Daisy didn't leave a solid financial foundation, she did leave a strong spiritual foundation that serves as a catalyst for my *initiation* and commitment to leaving a financial legacy for the next generation.

You see, once you *awaken* to something, the next step is *initiation*, and your personal "S/hero's Journey" is the path to that awakening. It's interesting, the symbiotic relationship between the person that's asleep and the uninitiated person. It's as if G.O.D. uses the cries of the uninitiated to awaken those that are asleep, just as G.O.D. uses those who are asleep to initiate those who are uninitiated. A perfect example of this in the United States is police brutality, especially toward Black males. While the Afrikan-American community has been historically wide awake to this brutality, it has been the *sleeping* denial or indifference of the White community that has lead to more *initiating* occurrences of protest, community organizing, and public awareness campaigns to awaken *all* of the US to its shadow side.

What's Your Choice?

"We are all engaged in the task of peeling off the false selves, the programmed selves, the selves created by our families, our culture, our religions. It is an enormous task because the history of women has been as incompletely told as the history of blacks." -Anais Nin

There are two choices. One leads to a world of separation that starts in the mind, and the other brings forth unity, which also starts in the mind. Which choice will you make? Will you choose to be in the heart, to become more *awakened* and *initiated*, to see life from an Afrikan-centered *asili* or worldview, or will you choose the opposite? This is the tale of two choices, and every moment you are making decisions. Will you make more choices based on the Divinity within you, or will you continue making daily deals with the devil of separation?

"Everybody falls down. Getting back up is how you learn to walk."-Walt Disney

Now that you understand that "falling" is necessary for G.O.D. to experience Itself through Its Creation, it's time to sharpen your skills and play the *Reclaim Game* as an act of living your truth and beating the devil of separation who tries to trick us into believing that there is *anything* separate from G.O.D. The next chapter will cover five action steps you can take to reclaim your "virgin mindset" and become a better conscious co-creator of the life you desire.





PART 2: THE METHOD





α n life, each of us must sometimes play the fool." -Yiddish Proverb

The Fool's card in the Tarot is very similar to the Joker's card in the deck of Playing Cards. In the ancient system of Cardology, the only day designated as the Joker's Card is December 31st. It's the only birthdate that doesn't have a life path destiny, which means you have to use traditional astrology if you want to find out about the life path of people born on this day.

In Robert Camp's book, *Exploring the Little Book of The Seven Thunders*, he states:

"The solar value of the Joker is 0. ... The solar value of 0 denotes that the Joker is no card at all. Being no card, the Joker is like a fertile field into which any seed may be planted. Thus the Joker can become any card that he or she chooses."

Why F.O.O.L.S.?

"We start as fools and become wise through experience." -Afrikan Proverb

I know you're probably wondering why is the word F.O.O.L.S. an acronym? That's because, for me, it stands for *Freeing Ourselves Of Lack Spiritually*. In my book AOOS, I explain how spirituality is simply awareness without judgment. When you are aware of what you are up to, eventually, and with time, you act in a more spiritual way. Essentially, it's not what you want, but *why* you want it and not what you do, but *why* you do it that makes the biggest difference in your life. I call it being aware of your intentions to bring about better manifestations. Here are five action steps that can serve as tools as you begin your S/hero's Journey playing the *Reclaim Game*.

Your S/hero's Journey-Five Action Steps

The greatest story *always* told is what mythologist Joseph Campbell is famous for calling the Hero's Journey (and what I call the S/hero's Journey). In his work, *The Hero With a Thousand Faces*, he shared his discovery that the theme of the hero is universally expressed in every tradition and culture, even in their sacred texts. Campbell explains the correlation between the prophet's journey to mankind's journey this way:

"The godly powers sought and dangerously won are revealed to have been within the heart of the hero all the time. He is "the king's son" who has come to know who he is and therewith has entered into the exercise of his proper power- "God's son," who has learned to know how much that title means. From this point of view, the hero is symbolical of that divine creative and redemptive image which is hidden within us all, only waiting to be known and rendered into life."

I liken the *Reclaim Game* to the S/hero's journey. It's a journey that takes courage and a level of commitment that grows as we grow to acknowledge and accept the Divinity within us. Before we go deeper, let's go over what we've learned so far by putting it all into five action steps that are helpful on the S/hero's journey. Each step has a keyword or phrase to remember when times get hard, as they invariably do.

STEP 1: Embrace the Beginner's Mind

"The feminine values are the fountain of bliss. Know the masculine, keep to the feminine." - Laozi

Key: Receptivity

Whether you're male or female, as you become more receptive to learning and growing, you begin to tap into the power and resourcefulness of the feminine principle. We all know that masculine and feminine are in everything and necessary for life, but more so than being male or female, I'm talking about feminine principles on the journey that allow you to be more successful. Laozi's quote is powerful because he doesn't discredit the masculine. In fact, the masculine principle of courage is most important because without it, you never begin the S/hero's journey, just like without the courageous journey of the male sperm to impregnate the female egg, there would be no life. Yet, it's the wise and mysterious nine-month journey of the feminine that gives birth.

STEP 2: Reset Your Reality to an Afrikan-centered Worldview

"Equanimity; emotional stability that comes from a balanced mind in situations of gain or loss. The serenity of knowing one's true self at all times. First, through achieving intellectual knowledge and then through direct experience." -Author Unknown

Key: *Equanimity*

I love the above definition of equanimity because it shows how peace starts in the mind first and then shows up in your reality (over time). It wisely alludes to the fact that it takes time to act on what you *intellectually* know you need to do. In other words, it takes courage to do what you know in your heart is right. What helps to strengthen your courage is having the right worldview or *asili* that allows you to understand that you are not separate from G.O.D., nature or others. I'm calling this an "Afrikan-centered" worldview because it pays tribute to our mother continent and links all humankind, as we now know it, to a common Afri-*kin* origin. By resetting your reality to an "Afrikan-centered" worldview, you are reconnecting (at least intellectually) to a universal concept of reality that Indigenous people embraced. Prayerfully with time, commitment and courage it becomes your direct experience.

STEP 3: Reclaim Your Virgin Mind

"You can know all of the things that this substance is doing to you, to your health, your life, your family, your community and your society and you are powerless to do anything about it. That's the definition of addiction." -Robert Lustig

Key: Commitment to Ending All Addictions

It may be a challenge, but here is where it starts. Remember the last chapter-*The Tale of Two Choices?* A choice to commit must be made that allows for true personal and spiritual growth to occur. Some of us mistake *spiritual practice* with spirituality; however, meditating everyday, doing rituals, practicing yoga and even praising G.O.D. doesn't make you spiritual. You are spiritual when through awareness you are able to recognize when you are at a crossroads situation and you have to make the choice to *act* based on your old self-image or based on your new self-image of what you want to experience.

STEP 4: Make a Prayer

"Anything that you dwell on, give voice and energy to, or move towards with strong intention, presents itself to the universe as a prayer." - by Misha McGlown

Key: Align Your Person, Your Purpose, and Your 'Prayer Power' with the Creator of All That Is.

The key above is actually step number three of the seven steps I share to become a better conscious co-creator in my book AOOS. Let me break this down a bit. Align your *Person* (which is your new self-image based on what you want to experience), your *Purpose* (which is what you want to create or *your intention*) and your *Prayer Power* (which is *your attention* or what you focus on), with the Creator of All That Is. Your purpose is your intention and what you focus on becomes your prayer or power. You pray to war and drama when you constantly talk about and watch war and drama on the screen. You pray to abundance and harmony when you constantly focus your *attention* and energy on manifesting a new self-image based on those desires. Now that you have a new commitment to choosing what brings you joy, you tap into the power within by aligning it with the Creator of All That Is.

Step 5: Understand Your Life Path and Cycles

"A fool with a tool still remains a fool."-R. Buckminster Fuller

Key: Making Better Choices

In Cardology, each year begins on your birthday and is broken down into seven 52-Day periods. It's my hope that by better understanding your life path and cycles, you'll be given the tools to make better choices. The bottom line is, you still have to choose. And that's when the S/hero's Journey really begins!

My Approach

Before I give a more detailed introduction, I want to share with you my approach to Astrology and Cardology. First of all, you are NOT your sign or card. You are a divine reflection of the Creator and inherently capable of creating a life that includes ANYTHING you desire to cocreate.

Just as the doctor makes the uniform and not the uniform the doctor, so too the person makes the card or sign and not the card or sign the person. You, your Higher Self and the Creator of All That Is agreed on a particular birthdate that was most beneficial for your person to have life experiences and NOT for life experiences to have you. But that is exactly what happens until you become a better conscious co-creator of the life you desire.

Just as a farmer's knowledge is useless if s/he doesn't till the soil, plant the seed, and nurture it, so too is the knowledge gained from Cardology useless if you don't apply it in your life, and that is exactly what this book hopes to help you do.

What's So Important About Understanding Your Life Path and Cycles?

Understanding *why* you chose a certain life path based on your birthdate brings clarity so that you can capitalize on strengths, minimize weaknesses and tap into the power of who you truly are.

The person on the S/hero's Journey that has *reclaimed* their Afrikan/Virginal mindset, is unclaimed by addictions, and has sent a powerful prayer out into the universe by focusing on what they want to consciously co-create with the Creator of All That Is becomes even *more* powerful when they understand their life path and cycles.

Here's a simple example of what I'm talking about. Let's say you don't know for sure whether your light bill or your phone bill is due this week and you pay the wrong one and your lights get turned off. That can be an inconvenience right? Understanding your life path and cycles to make better choices is so important because it gives you a type of guideline of when certain cosmic bills *and* paychecks are due. More accurately stated, 'can be due' according to your attitude, your perspective, and your actions. One man's bill can be seen as another man's paycheck and one woman's paycheck can be seen as another woman's bill.

There is no magic here. With the right attitude and commitment, it doesn't matter what hand you are given if you play your cards right. But first you have to know what the cards are and how to play the game. This leads us to the meat of the method and that is to learn about Cardology and how to use this book.

The Destiny Card System- An Introduction

Why This System & Why Now?

Cardology is said to have originated in Atlantis and has until now been kept hidden by a mystical order.

Based on Astrology and Numerology and preserved in the deck of playing cards, the system is built on a mathematical formula that is NOT founded on divination like the more familiar Tarot Cards. The Order of the Magi has been responsible for preserving the system throughout the ages. Olney Richmond wrote one of the first books about the system in 1893 entitled *The Mystic Test Book or The Magic of the Cards*. The system was mostly unheard of until the 1990s, when Robert Lee Camp, coining the system *The Destiny Cards*, made it more accessible through his books and software programs.

Cardology is Very Ancient, Yet Very New

Although this system is very ancient, dating back to the time of Atlantis, most people are not as familiar with it as they are with Astrology and Numerology because of its secrecy. The late grand master, Olney Richmond, alleges that the system is mentioned in the Book of Revelations, 10:4, 10 & 11:

"And when the seven thunders had uttered their voices, I was about to write, but I heard a voice from heaven saying unto me 'Seal up those things uttered by the seven thunders and write them not.' And I took the little book out of the angel's hand and devoured it, and to my taste it was sweet as honey; but as soon as I devoured it, it became bitter to my inside. And he said unto me, 'You must prophecy again before many peoples and nations and tongues and kings."

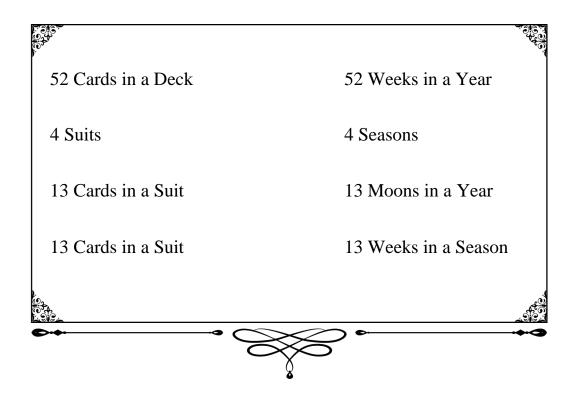
What is interesting about this system is that it uses January 1st as the beginning of the year. Many people have criticized this date, associating it with the Gregorian calendar, as I did when I first started. Yet, what most people don't know is that on December 31st and January 1st our sun is critically influenced by the stars Sirius and Vega. On December 31st, Sirius is at its highest (heliacal rising) overhead at midnight, while Vega is located directly opposite, below the horizon. As Vega is setting in the west, Sirius is rising in the east. I believe the reason Cardology is relevant and so accurate is because of its connection to these two star systems.

Cardology is Unknown, Yet Well Known

Everybody is familiar with a deck of playing cards, yet hardly anyone is familiar with its mystical past based on Astrology and an ancient mathematical formula. To put it another way, I would say that most religions have their deeper knowing (i.e. Christianity and the Essenes, Islam and the Sufis, etc.).

The Destiny Cards is the deeper knowing of Astrology that many astrologers are not even familiar with. Robert Lee Camp has made this system more accessible to the everyday person through his books, software and unwavering commitment to increase awareness about this accurate and timetested system. Like Robert, I am also dedicated to uncloaking the mystery around this system. Unlike Astrology, Cardology is much easier for the layperson to grasp and immediately start using in their lives in a powerful and practical way.

The Destiny Cards uses your birth date to reveal your personality traits. It also gives insight into your life's purpose and the challenges you have chosen to work with in your life and relationships. Like Astrology, Cardology is based on the Earth's relationship to the Sun, as well as the other planets in our solar system. Note the similarities for yourself.



Also, if you add all the cards in the deck for their numerical value with each Jack, Queen, and King valuing 11, 12, and 13 respectively, you will get 364, with the Joker making 365.

All of these similarities are no coincidence and neither is the time and day you were born. Our ancient ancestors understood that based on the Creator's laws, each second, minute, hour, day, week, month and year holds a certain vibration that correlates to the planets. Anything initiated during these cycles holds a certain fate or *destiny* in relation to that planetary alignment. Some may ask, "What about free will? Are we not the masters of our fate?"

Herein lies the irony of the whole system. By understanding the influences that affect you, *specific* to your date of birth, you are better able to exercise your free will. For example, you may not be able to stop it from raining; however, having knowledge of a coming thunderstorm can lead you to "choose" to carry an umbrella and overcoat.

As I mentioned earlier, the year begins on your birthday in this system and is broken down into seven 52-Day periods that are each ruled by a planet. These seven 52-Day periods are called Planetary Ruling Periods (PRP). You also have Year-Long Influence Cards that are displayed in your yearly spread and change every year based on the mathematical formula Cardology was built on. Each year, there are potential 'positive or negative' aspects, as well as a variety of avenues for the card's influence to manifest in your life. Only YOU can determine the outcome of how these influences manifest based on your attitude and the choices you make daily. This ultimately leads to more positive options.

Personal Life Cards

Your Personal Life Cards (PLC) are determined by your *date of birth* and for the scope of this book, I will focus on the Birth Card (BC) and the Planetary Ruling Card (PRC) with a few exceptions. Your Birth Card is *what* you came here to express and your Planetary Ruling Card is *how* you express it in the world.

The number of Personal Life Cards you have and their significance will be determined by the *day* you were born. For example, if you were born on December 31st, the day of the Joker Card, then this system doesn't work for you. However, if you were born on Oct. 31st, you will have two Planetary Ruling Cards! We will get more into this in the following chapters.





n Chapter 5, you will get into the hands-on mechanics of co-creating your personal "Virgin Vision" and making the best use of the cards in your yearly cycle. But for now, I want to give you an overview on how to use this book.

Note to the Reader:

Cardology uses True Solar Time instead of Standard Time and doesn't acknowledge Daylight Savings Time (DST). This is important if you were born close to midnight during DST because you will have to subtract an hour from your time of birth and that can potentially change your Birth Card. Also remember, this system doesn't work for people born on December 31st, the day of the Joker Card.

Understanding Your Personal Flow Cycle

In the Destiny Card System, not only does the year begin on your birthday, but the week also begins on the day of the week you were born. For example, let's say you were born on August 17th on a Friday. Your yearly calendar cycle would begin on August 17th of every year, just as your weekly cycle would begin on Friday of every week.

So are you beginning to see how this system is specific to *your* date of birth and why the first day of the year in this book starts on *your* birthday so it can be used as *your* planetary guidance system? The more you understand your personal life cycles, the more you see opportunities and challenges happen at certain times in *your* year. My opportunities and challenges would be completely different from yours.

Completing Your Yearly Virgin Vision

Chapter Five is where you will write down personal information *specific* to your birthdate. Your Personal Life Cards don't change from year to year; however, your Year-Long Influence Cards, your 52-Day Planetary Ruling Period (PRP) Cards and your Weekly and Daily Cards will be different every cycle and that is where setting your intention for *Your Yearly Virgin Vision* comes into play.

I highly recommend purchasing Robert Camp's books *Cards of Your Destiny: What Your Birthday Reveals About You and Your Past, Present and Future* and *Love Cards: What Your Birthday Reveals About You and Your Personal Relationships*, because they will serve as your foundation for understand the basics of Cardology, interpreting your Daily Cards, *and* gaining insight into your relationships with others. These books can be considered Cardology 101.

Destiny Card Reports

If you are a beginner, this book is not complete without the use of the *Yearly Report* and the *Weekly Calendar Report* because you will write the information in it into this book to understand your personal planetary cycles for the year. The information for your Year-Long Influence and 52-Day Planetary Ruling Periods (PRP) Cards will come from your *Yearly Report*. The information for your Weekly and Daily Cards will come from your *Weekly Calendar Report* and won't be in the *Cards of Your Destiny* book. You can find out your Year-Long and 52-Day Planetary Ruling Period Cards from Robert Camp's book, however, this option comes with some limitations which I'll explain.

If you purchased this book on-line and emailed your book confirmation to info@whoiamcommuniciations.com along with your birth information, you would have received a coupon code for 50% off your *Yearly Report* and *Weekly Calendar Report*. If you haven't purchased this book, you can go to my website www.positiveoptions.org to purchase both reports.

The Year-Long Influence Cards

The Year-Long Influence Cards affects the entire year and not just a particular PRP. In the *Yearly Reports*, Robert Camp puts all your personal information in one place and also provides special tips based on your current age so you can gain insight into your year. If you just use his book however, you would have to look up each influence and read and record them separately without them being centralized in one place. You even might overlook some of the influences for your current age cycle. Below is an example page from age 46 of my *Yearly Report*. The illustration below serves two purposes. It lets you see how the *Yearly Reports* are formatted and also gives a great definition of the yearlong influences themselves. Remember, in Chapter 5 you will use this information for your personal calendar year.



Personal Yearly Report for DeBorah Bellony Born 12/10/1970 Age 46

BOOK OF DESTINY

The Year-Long Cards Found In Your Birth Card Spread



Your Long Range Card

Your Long Range Card is perhaps the most important card of the year. It defines something or someone that will be a major focus of your attention. It is neither positive or negative, just a place where a lot of your time, energy or attention will be spent throughout the year.



Your Pluto Card

Your Pluto Card is also a very important card in the Yearly Spread. It signifies something or someone that will cause a significant change in some part of your life. It may define an area where you experience a 'mini-death' in your life, a place where you release a negative pattern to make room for a more positive way of life.



Your Result Card

Your Result Card combines with the Pluto Card to help define your big change and challenge of the year. But in addition, the Result Card will be someone or something that you will end up with by your next birthday that is a blessing in your life. It is like the gift that you will receive for all the hard work you did this year to transform yourself.



Your Environment Card

Your Environment Card represents someone or something that will act in a beneficial manner for you throughout the year. It is an area where things will come easily to you, something or someone to be grateful for. It is always a good thing regardless of what card it is. You will collect good things from this card all year long.



Your Displacement Card

Your Displacement Card usually indicates an area where you will have to pay closer attention in order to have success for this year. It can be a person or thing that requires you to give them extra energy in order for that thing or person to be a benefit in your life. It can also signify 'special' occurrences that only come in certain years of life.

About The Year-Long Influence Cards in your Birth Card's Spread

Each card in your yearly reading says something about a specific area of life. Some influence the entire year while others influence primarily a 52-day period of time. The cards above are those that influence the entire year. Because of this, they are always considered to be the most important cards of the yearly reading.

Each of these five cards has a specific function and purpose and will tell you some different and yet important things about the year this report is for. Take your time as you read their meanings as well as the text that describes their individual importance and functions.

This program and all text Copyright 2003 by Robert Camp, author Love Cards and Destiny Cards Page 10

Report by Positive Options Coaching deborah@positiveoptions.org (678) 701-3709



Sample Page from Age 46 of my Personal Yearly Report Return to TOC

The 52-Day Planetary Ruling Period Cards

Each year breaks down into seven 52-Day Periods, which are all ruled by a planet. You will be using the *Yearly Report* to get your cards for each Planetary Ruling Period. The cards you have in each PRP change every year; however, the date each period starts always stays the same and is based on *your* date of birth. For example, my Jupiter Period of every year always begins on May 16th because I was born on December 10th; however, the cards that I have in my Jupiter Period will change every year. Below is another **sample page from age 46 of my** *Yearly Report*. Again, the reports are great because you have all the Planetary Ruling Period dates in one place. Pay attention to these dates for future planning, examining past events in your life, and comparing Planetary Ruling Periods from previous years since they never change.



Personal Yearly Report for DeBorah Bellony Born 12/10/1970 Age 46





The Cards Governing Your Planetary Periods - An Overview

Direct Card	Vertical Card	Planetary Symbol	
3	2 • • · · · · · · · · · · · · · · · · ·	ğ	Your Mercury Period begins 12/10/2016 and ends 2/1/2017
** *	2 * * * *	P	Your Venus Period begins 2/1/2017 and ends 3/25/2017
5	9 4 4 4 4 4 4 6	O*	Your Mars Period begins 3/25/2017 and ends 5/16/2017
	Soft	2	Your Jupiter Period begins 5/16/2017 and ends 7/7/2017
6 + + + + + + †	3 4 4 * \$	5	Your Saturn Period begins 7/7/2017 and ends 8/28/2017
3 • • • • • • • • • • • • • • • • • • •	* • •		Your Uranus Period begins 8/28/2017 and ends 10/19/2017
* • •		#	Your Neptune Period begins 10/19/2017 and ends 12/10/2017

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The Mystical Number 7

Planets represent aspects of our psychological make-up. The mystical number seven plays a vital role in Cardology, just as it does in our calendar week. So, keeping with the theme of seven, I've categorized each Plantery Ruling Period into seven essential components to help you get the most out of each period. The example below is taken from the Mercury PRP at the beginning of Chapter 6, followed by an analysis of each component.





Chapter 6: Mercury Period—Your Beliefs





Keywords & Phrase:

Preparing Mentally

Communication, Education, Transportation, Analysis, Media, Siblings

I Am Declaration Phrase:

"I Am Thinking"

Conscious Co-Creation Step:

Know Who and What G.O.D. Is

Universal Principle:

The World Is What You Think It Is

Question to Ask for Mercury Period:

Are my beliefs about myself and the world serving me?

"Opening to" Statement:

"I Am Opening to Shifting Paradigms and Worldviews"



- **1. Planetary Symbol-** Knowing the symbols for each planet is essential because it helps you to navigate through the book sections at a glance.
- **2. Keywords & Phrase-** Having an idea of each planet's realm of influence is crucial in becoming a better Conscious Co-Creator.
- **3. I Am Declaration-** In my book AOOS, "I Am" Declarations are used as a tool for creating a new self-image and are invaluable in playing the Reclaim Game.
- **4. Conscious Co-Creation Step-** In **AOOS**, I also share 7 Steps to Conscious Co-Creation. Each step is assigned to a correlating planet.
- **5. Universal Principle-** I received these 7 Principles from my friend Aseem Hetep, founder of **Morphogenic Engineering**, the art and science of personal transformation. Each principle is also assigned to a planet.
- **6. Question(s) to Ask-** Each question intends to align your objectives with the PRP and encourages you to put on your "Reclaim Game Face" as it relates to the planet's realm of influence.
- **7. "Opening to" Statement-** This statement refers to Step 1 of the S/hero's Journey mentioned in Chapter 3. When you *Embrace the Beginners Mind*, you are "opening to" new ideas and possibilities.

Interpreting the Cards

Now that we've discussed what the Planetary Ruling Periods represent, let's talk about how to interpret the cards in each PRP. In your *Yearly Report*, you will get a brief interpretation for your *Direct Card* and *Vertical Card* that are displayed in the *PRP Example*. As a rule, the *Direct Card* holds more significance for each PRP; *however*, realize you must synthesize and interpret both of these cards for yourself. Each PRP has a realm of influence, and every card has a high and low side. It's up to YOU and your mental and emotional frequency as to how they show up in your life. The cards in your PRP can show up as an actual person expressing the energies of those cards as their Birth Card as well! This is why you shouldn't use this system, thinking you can KNOW what is going to happen in the future. It's wiser to think of it like surfing. You don't control the waves, but you can align your thoughts and actions to ride the tides. Cardology is a study for life, and each day you get better with practical application. There are some additional resources in the *Appendix* to help you expand your knowledge and sharpen your skills not only in Cardology but also playing the *Reclaim Game*.

Tracking Your Planetary Ruling Periods

In Chapters 6-12, you will be writing down the cards for your Planetary Ruling Periods for *EACH* of your Personal Life Cards (i.e., Birth Card, Planetary Ruling Card).

You can write down your PRP cards for each of the seven periods all at once, or you can do them sequentially as you approach each Planetary Ruling Period throughout your year. There is a place for you to write down your personal goals for each PRP as well. Below is a sample page from my Mercury Planetary Ruling Period. (If you go back to the previous *PRP Example*, you will see the same cards and dates written below for my Mercury PRP)



YOUR PERSONAL MERCURY PERIOD

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Mercury Period

Begins: Dec. 10th Ends: Feb. 1st

Your Planetary Ruling Period Cards:

Card 1: Mercury Period Direct Card: 3S Vertical Card: _____

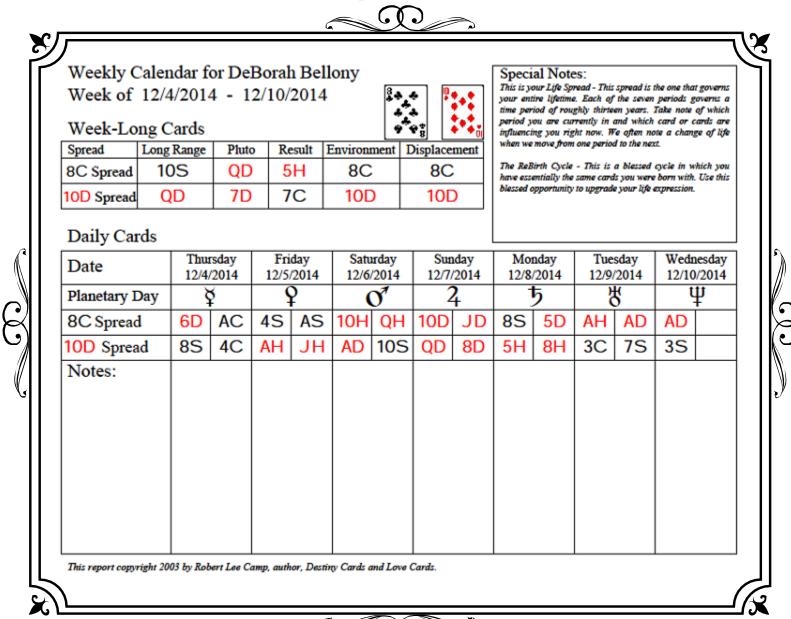
Card 2: Mercury Period Direct Card: 2H Vertical Card: _____

Mercury Period Goals:

Sample Page from my Mercury Planetary Ruling Period for Age 46

The Weekly Calendar Reports

The Daily Cards you get from your *Weekly Calendar Report* will go directly into your personal calendar. However, for the sake of space, you *won't* be putting your Week-Long Influence Cards from your *Weekly Calendar Report* into your personal calendar. You should, however, review and process your Week-Long Cards just as you would your Year-Long Influence Cards from Robert's *Cards of Your Destiny* book because it's an excellent way to understand better how the cards influence your life weekly. Just remember that the Week-Long Cards obviously won't hold as much importance as the Year-Long Cards. Below is an example of the week I turned 44 years old, followed by a breakdown of each component.



Sample Page from the week of December 4-10, 2014 of my Weekly Calendar Report

- **1. Week of**—Since I was born on a Thursday, the week started on December 4th, which is technically at the tail end of year 43 for me. Remember, the week always starts on the *day* of the week you were born.
- **2. Special Notes**—Your weekly astrological cycles are listed here; however, they hold less significance than your yearly astrological cycles. Don't focus on them too much.
- **3.** Week-Long Cards—The Week-Long Cards are similar to the Year-Long Cards explained in the *Year-Long Cards Example*. Here, the Week-Long Cards for both my Birth Card **Eight of Clubs** (8C) and my Planetary Ruling Card **Ten of Diamonds** (10D) are shown. It's good for you to know your Week-Long Cards, but as I mentioned earlier, you won't be recording them in this book, and they hold less importance than the Year-Long Cards.
- **4. Daily Cards**—In this section of the *Weekly Calendar Report*, you will get the information required to put in this book. Each *Date* corresponds to a *Planetary Day*. Can you see from my example above how every Sunday would be my Jupiter day? For you to know that, you'd have to know what planetary symbol Jupiter represents. Go back to the *PRP Example* to review the symbols, and while you are there, you will notice that the *Direct Card* is on the left, and the *Vertical Card* is on the right for each PRP. This also applies here for the Daily Cards listed. I will give an example later in the following section.
- **5. Notes**—Write down your observations and also the Birth Cards of people you've dealt with throughout the week. You may be surprised as to who and what shows up.

The Daily Cards

The Daily Cards are the bulk of this book. It's the part that I hope will inspire you each day and guide you in understanding your life cycles so you can make better choices.

Important Note: Since every 4th year is a leap year in our calendar, it's possible that the dates transitioning between each 52-Day PRP you record in this book may be off by a few days. That's okay. Just know that this doesn't change the actual dates of your Planetary Ruling Periods for each year.

Personal Poetic Inspiration Becomes Universal

According to Dr. Marimba Ani, in Afrikan cosmology, the concept of the womb is understood as nowhere else because the womb is not just a physical organ with just a physical function. The womb represents a nurturing, organizing creative principle that symbolizes *the* creative organizing principle of the universe. As a *womb-man*, I liken my womb to my muse or what I call *Poetic Inspiration*. For over a decade, I've kept a *womb wisdom* journal. I ask a question to gain insight and receive poetic inspiration into a situation.

In this book, each Daily Period will begin with someone's quote or one of my own. If it's someone else's quote, I'll make a comment or ask for *womb wisdom* clarity and write whatever poetic inspiration flows. The responses that I receive are *very* personal, so I have no way of gauging if my inner musing will always make sense to the masses. However, they're also universal, because it's the type of advice and wisdom I'm sure everyone can glean.

Daily Cards Breakdown

Each day will have the planetary symbol at the top of the page, so you will know which PRP you are in at a glance. Since the year begins on *your* birthday, each day of the year and each day of the 52-Day Planetary Ruling Period will have a number assigned to it. You will have to write in the date for each day because it will be specific to *your* date of birth. Below are two examples of Daily Cards pages from Day 1 and 2 of my Mercury Period, followed by instructions for your Daily Ritual.



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DAY 1 (1 of 52):

Date: Dec 10th

DAILY CARDS:

Card #1 Direct: <u>AD</u> Vertical: ______

Card #2 Direct: <u>3S</u> Vertical: _____

"I have no riches but my thoughts. Yet these are wealth enough for me."-Sara Teasdale

Person:

Great quote in theory, but how can just my thoughts be wealth enough? Don't I gotta eat?"

Poetic Inspiration:

Here's the kicker Dear Heart. Your eating is essential but elementary, just like breathing and you know it. What causes reality to be shaped is how you choose to think at every moment. To know this, not just intellectually, is true wealth in deed. Yet who cares to really know this? And what more, who cares to really grow in this perception in all ways, each and every day? That person is the wealthy one.





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	DAY 2 (2 of 52):
	Date:
	DAILY CARDS:
	Card #1 Direct: Vertical:
	Card #2 Direct: Vertical:
	Person:
	"Everything I see is in me."
	Poetic Inspiration:
	Everything is an outside reflection of what you are made up of. You have within your body's DNA, centuries and eons of experiences that have brought you to this moment to
	be witnessing what you are now witnessing. Yet, don't you forget for a moment that if
	you don't like what you are now seeing, you can begin the journey to change it. I say
	journey, because it truly is a journey. The deeper and more profound of a change you desire to see in your uni-verse, the deeper within you must go to bring this about.
	There's no escaping the fact that all change comes from within.
	Daily Notes/ Observations:

Sample Page from Day 2 of the Mercury Period with my Quote

Daily Ritual

There are four things to do each day. The first and last are more action-oriented, and the two in between are more reflective.

- 1) Write down the date and your Daily Cards from your *Weekly Calendar Report*. The information for *Day 1 of the Mercury Period Example* above comes from the *Sample page for the week of December 4-10th* in my *Weekly Calendar Report*. Dec. 10th begins my Personal Year, and you will notice for Card #1 (8C), I have an Ace of Diamonds (AD) as my Direct Card and for Card #2 (10D), I have a Three of Spades (3S) but nothing for my Vertical Cards. This is usual for the Neptune Period of the *Year* or *Week*, depending on what column of the Solar Spread your cards fall on for that period. Every other Planetary Period will always have a Direct Card *and* a Vertical card for you to record, so keep that in mind.
- 2) Read the *quote* and *question*. Questions go under the *Person* subtitle unless it's one of my quotes, which will replace the question for that day (See *Day 2 of the Mercury Period Example*).
- 3) Read and reflect on the *Poetic Inspiration* for the day.
- 4) Write down your *Daily Notes/Observations* on the card's influence from your day. *Cards of Your Destiny* will give you a basic interpretation of each card in each period. *Just remember*, the interpretations in the book are for every 52 days and won't hold as much significance for the week.

Putting It All Together

As I mentioned earlier, you will be recording all this information in the following chapters to make the most of your yearly personal life cycles. The information required to record your Year-Long Influence Cards and 52-Day Planetary Ruling Period Cards will come from your *Yearly Report* or *Cards of Your Destiny*, and the information to record your Daily Cards will come from your *Weekly Calendar Report*. Are you ready to take the red pill and begin your S/hero's Journey? Let's go!





PART 3: THE MECHANICS





Chapter 5: Your Yearly Virgin Vision-Making the Most of Your Personal Life Cycles



THE PERSONAL LIFE CARDS OF DESTINY

As I mentioned in Chapter 3, Your Birth Card (BC) is what you came here to express, and your Planetary Ruling Card (PRC) is how you express it in the world. Your BC is based on the *day* you were born, while your PRC is based on the *month* you were born. Both are subject to more variations based on your birthdate.

The Power of Two

In the Destiny Card System, you have Birth Cards, Planetary Ruling Cards, Decanate Ruling Cards, Karma Cards, and Personality Cards.

Although most of us have more than two Personal Life Cards, there is power in focusing on the two most important cards to start with so you don't get overwhelmed. Also, the *Weekly Calendar Reports* only display **two** of your Personal Life Cards by default. If you already have some Astrology/ Cardology knowledge, you can request what your second Personal Life Card will be. Otherwise, it will be generated for you automatically.

Leo & Scorpio Birthdates

You may already know that for people born on Dec. 31st, the day of the Joker, their birthdate doesn't work in this system. However, did you also know that all Leos don't have a PRC, while all Scorpios have two Planetary Ruling Cards? The reason why Leo birthdates don't have a PRC is that in Astrology, the Sun rules the sign Leo, and since the sign the Sun was in on your birthday determines your Birth Card, they are the same.

The reason Scorpio birthdates have two PRCs is that there are two planets that rule the Sun sign of Scorpio-Mars, and Pluto. So, Scorpios can choose either their Mars or Pluto PRC as the second card for the *Weekly Calendar Report*.

YOUR YEARLY VIRGIN VISION

Now here is where your S/hero's Journey really begins! On the page directly after this section is where you'll be writing down your information and intentions for *Your Yearly Virgin Vision*. Below are some final tips and pointers before you begin your journey so you can make the most of your life cycles. Good Luck *and* Great Commitment!

Your Personal Life Cards

In the first box, write your Personal Life Cards based on your birthdate. I left Card #2 blank for you to fill out as needed since your PLCs will vary depending on your birth month. The *Yearly Report* will automatically generate your Birth Card as well as your second most important PLC based on your birthdate unless you request a second one specifically. If you are a Scorpio, although you have *two* PRC's, you will only be tracking one in this book.

Your Year-Long Influence Cards

Write in your current age and then for **both** Personal Life Cards, put your *Long Range Cards*, *Pluto Cards*, *Results Cards*, *Environment Cards*, and *Displacement Cards* in the areas indicated. The Environment and Displacement Cards are abbreviated for space.

Your Virgin Vision for The Year

Write in the period (i.e., 2018-2019) your vision covers and make sure to read the Year-Long Influence Cards for *both* PLCs in your *Yearly Report*; *however*, they are to be processed separately and not mixed. For example, you may be learning English and Math in the same school year, but you don't mix the two.

Fixed and Semi-Fixed Cards

There is a special group of 7 cards ($K \spadesuit$, $J \heartsuit$, $8 \clubsuit$, $9 \heartsuit$, $7 \spadesuit$, $2 \heartsuit$, $A \clubsuit$) called fixed and semi-fixed cards that don't have Environment or Displacement Cards since they do not move to a new position every year or they only move back and forth with a paired card. In both cases, the Environment and Displacement Cards are displayed in the *Yearly Report* as their *own* PLC or that of the *paired* PLC and won't hold as much weight as with the other group of 45 cards. Since my Birth Card is the $8 \clubsuit$, you will notice from the *Year-Long Cards Example* that both my Environment and Displacement Cards are the same.

YOUR YEARLY VIRGIN VISION

	YOUR PERS	ONAL LIFE CA	RDS	
CARD #1: Birth Card: CARD #2:				
YOUR YEAR	R-LONG INFI	LUENCE CARDS	S FOR AGE: _	
CARD #1: Long Range: CARD #1: Long Range:				
YOUR VIRO	GIN VISION F	OR THE YEAR:		
Take some time to read all about with it all for a moment. Reme on is your prayer. Visualize for	ember, energy fl	ows where attention	on goes and wh	nat you put your focus



Chapter 6: Mercury Period—Your Beliefs





Keywords & Phrase:

Preparing Mentally

Communication, Education, Transportation, Analysis, Media, Siblings

I Am Declaration Phrase:

"I Am Thinking"

Conscious Co-Creation Step:

Know Who and What G.O.D. Is

Universal Principle:

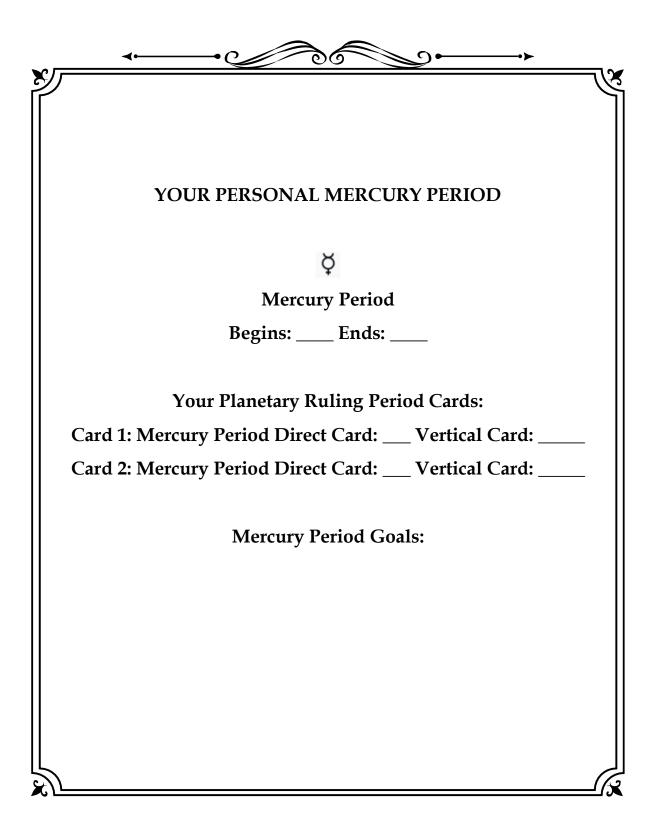
The World Is What You Think It Is

Question to Ask for Mercury Period:

Are my beliefs about the world and myself serving me?

"Opening to" Statement:

"I Am Opening to Shifting Paradigms and Worldviews"





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DAY 1 (1 of 52):
Date:
DAILY CARDS:
Card #1 Direct: Vertical:
Card #2 Direct: Vertical:
"I have no riches but my thoughts. Yet these are wealth enough for me."-Sara Teasda
"I have no riches but my thoughts. Yet these are wealth enough for me."-Sara Teasd
Person:

Poetic Inspiration:

Great quote in theory, but how can just my thoughts be wealth enough? Don't I gotta eat?"

Here's the kicker Dear Heart. Your eating is essential but elementary, just like breathing and you know it. What causes reality to be shaped is how you choose to think at every moment. To understand this, not just intellectually, is true wealth indeed. Yet who cares to know this? And what more, who cares to grow in this perception in all ways, every day?

That person is a wealthy one.



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Person:

"Everything I see is in me."

Poetic Inspiration:

Everything is an external reflection of your composition. You have within your body's DNA, centuries and eons of experiences that have brought you to this moment to be witnessing what you are now witnessing. Yet, don't you forget for a moment that if you don't like what you are now seeing, you can begin the journey to change it. I say journey because it truly is a journey. The deeper and more profound of a change you desire to see in your universe, the deeper within you must go to bring this about. There's no escaping the fact that all change comes from within.





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DAY 3 (3 of 52):

Date: _____

DAILY CARDS:

Card #1 Direct: _____Vertical: _____

Card #2 Direct: _____Vertical: _____

"Life is 10% what you make it and 90% how you take it." -Irvin Berlin

Person:

So, tell me, how can I take life in a way that brings in 90% more goodness?

Poetic Inspiration:

It starts with knowing there is no absolute "good" or "bad." And if you want to start experiencing more of what you label "goodness," then know that your attitude and the story you give to every occurrence in your life is helping to shape and structure the next one. If you always label it a "bad" experience when you get caught in the rain without an umbrella, then it will be hard for you to experience the joys of singing in the rain. Start seeing and labeling things differently in your mind, and your 90% "goodness" reality won't be far behind.





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DAY 4 (4 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"It's a rare person who wants to hear what he doesn't want to hear" -Dick Cavett

Person:

Tell me about it! Any thoughts you can share?

Poetic Inspiration:

Life's most unbearable truths seem always to have a silver lining if you are looking for it; if you are woman enough to embrace it. So many great things have come out of your worst failures, and even when you thought you did great, the rewards don't always add up. Being one of those rare people that don't mind hearing the truth about themselves, another person, or circumstance, means that you can also be in line to reap the rewards of what that truth can ultimately bring- if you are ready.





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DAY 5 (5 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"To ask the right question is already half the solution" -Carl Jung

Person:

I love this quote! But why is it do I sometimes ask the wrong questions? Is it fear of knowing the truth?

Poetic Inspiration:

Most of the time Dear Heart, you already know the beginning, the middle, and the ending to a situation. Yet, by asking the wrong question, it gives you time and a reason to delude yourself a little longer. Since every question starts the wheels churning for its solution, you can be way far down the wrong path (usually the warpath) before you set your course right again. Asking the right question takes courage much more than intelligence.





DAY 6 (6 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:____ Card #2 Direct:____ Vertical:____

Person:

"The most powerfully potent thing on the planet is our perception."

Poetic Inspiration:

Your perception of how you see a thing, a person, a principle, or a planet, is what creates universes and parallel universes that you have the pain or pleasure of fulfilling. Each one of your perceptions is as right as they are wrong in terms of what transpires within your

personal reality. Just think of it. The world that you see when you look out into the universe can be changed, piece by piece, perception by perception, in cycles and cycles. Its phenomenal to not only believe that all power comes from your perception but to depend on

it.





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DAY 7 (7 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:	Vertical:
Card #2 Direct:	Vertical:

"Traditional education is based on facts and figures and passing tests- not on a comprehension of the material and its application to your life" -Will Smith

Person:

Will is spot on with this one. What type of changes do you think are needed in traditional western education?

Poetic Inspiration:

The first change would be in your perception. You have to start with the wisdom that traditional education has been a huge success based on the reason for its creation. There is no need for you to change it. What you need is to come up from underneath it and find your own way. I know this is not possible for everyone, but whom the cap fits, let him or her wear it. When you think of the fact that a lot of millionaires never went to school and that even more people make a living for what they didn't even study in school, it says a whole lot for having a desire and fulfilling it. Where there is a will, there is a way.





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DAY 8 (8 of 52):

Date:

DAILY CARDS:

Card #1 Direct:	Vertical:
Card #2 Direct:	Vertical:

"The moment you change your perception is the moment you rewrite the chemistry of your body" -Dr. Bruce Lipton

Person:

Wow! Those are some powerful words. Can you elucidate?

Poetic Inspiration:

Your body needs the mind, and your mind needs the body. Since the beginning, they're a match made in heaven (and earth). When you live in your head with no respect for the body, you have no power to see your dreams to reality. Equally, when you go, go, go without the direction and investment in understanding how the mind can assist you in working smarter, not harder, you equally fall short. By making it a priority to alter your perception and to love your body no matter what, you are on a fast track to personal freedom and power.





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DAY 9 (9 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____
Card #2 Direct:_____Vertical:_____

"Try meditation instead of medication" -Simka Lael

Person:

I love it! My friend Simka hit the nail on the head with this one!

Poetic Inspiration:

Yes, she did! As an avid meditator working in the school system and seeing what they are prescribing to the youth, it makes total sense that she would advocate this one. Imagine if every school nurse taught meditation, and every school allowed time for group meditation? Do you think it's possible to get past the politics and petty agendas to create this? Maybe if you focus on it enough as a possibility, you can manifest it in your parallel universe.





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DAY 10 (10 of 52):
Date:	
DAILY (CARDS:
Direct:	Vertical:
Direct:	_ Vertical:

"Nothing exists except atoms and empty space; everything else is opinion" -Democritus

Card #1

Card #2

Person:

What a vast way of looking at the world. Do you think most people can grasp this concept?

Poetic Inspiration:

It's not for you to wonder or ponder on that question for most people, Dear Heart. It's for you to grasp that vast viewpoint within yourself. That is the question that leads to the journey that creates a positive, pleasant parallel universe for you to exist in. That is the question that can bring peace to your soul and harmony in your life as you grow older. The world is what you think it is, so you might as well form your best opinion.





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DAY 11	(11 of 52):
Date:_	
DAILY	CARDS:
Card #1 Direct:	Vertical:
Card #2 Direct:	Vertical:

"Change your conception of yourself, and you will automatically change the world in which you live. Do not try to change people; they are only messengers telling you who you are. Revalue yourself, and they will confirm the change." -Neville Goddard

Person:

You can always count on Neville for a profound understanding of how the mind works. What would you add to this?

Poetic Inspiration:

The only thing I'd add is YOU. What is Neville's understanding creating in your conception of YOU? How do you allow people in your life to be messengers of what needs change in your world? And just how grateful are you of the messages they bring? Are you the type of person that wants to 'kill the messenger', or do you treat her or him like the prodigal son?





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DAY 12 (12 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:	Vertical:
Card #2 Direct:	Vertical:

"Reading gives you free access to the treasures of the human spirit from all ages and from all parts of the world. One who knows this possesses unsuppressed wealth. It's like owning countless banks from which you can make unlimited withdrawals." -Daisaku Ikeda

Person:

I love reading, but how do I know who to listen to? Who I listen to plays a major role in what shows up in my reality.

Poetic Inspiration:

So true Dear Heart! The best way I can answer that question would be to follow your intuition and ask for guidance. It's what you've done all your life, in cycles and cycles. This is a skill that gets sharper and sharper the more committed you are to the process. With the internet and so many vast avenues for getting information, this brings both a blessing and a caution. Now more than ever, you have to follow your inner guidance, ask people who you respect what they are reading, and trust what your level of commitment to your intuition can bring you.





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DAY 13 (13 of 52):

DAILY CARDS:

Card #1 Direct:	Vertical:
Card #2 Direct:	Vertical:

"Contrary to popular belief, the sky is NOT the limit. The best kept secret of life is that there are no limits. The only limits that ever exist are the ones we create in our minds." - Molesey Crawford

Person:

Sometimes my person finds it hard to believe I can truly be limitless. What to do in those times?

Poetic Inspiration:

As you already know by now, your growth is continuously happening in cycles and cycles. The limitations of yesterday or last year may not be the limitations of today or this year. When I hear you asking this question, I feel it's at those times when you want to walk before crawling and run before knowing how to walk. Life can become much more exciting when you *know* the truth of this quote and are okay with the continuous personal journey that brings it into your existence day by day.





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DAY 14 (14 of 52):

Date:____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"All serious daring starts from within." -Eudora Welty

Person:

To take a chance on something you care about, to make a motion you know might cause a commotion, to live a life based on your standards and not on those closest to you, I know it takes a daring spirit. But does it get any easier, and how do I get stronger in my conviction?

Poetic Inspiration:

Everything gets easier with time and commitment, Dear Heart. *Everything!* Yet, that initial inspiration to *have* the courage to *think* it's possible always starts from within, just as the seed to grow any fruit usually is found on the inside.





DAY 15 (15 of 52):
Date:
DAILY CARDS:
Card #1 Direct:Vertical:
Card #2 Direct: Vertical:

"We self-designed reality and then felt victimized by it, and then prayed to be delivered from it." -The Seer Almine

Person:

Imagine what kind of world we'd have if the majority of people came to know this as the absolute truth? Imagine a world full of committed conscious co-creators changing their course and writing a new script.

Poetic Inspiration:

Well, that's a world you'll have to consciously co-create yourself with the thoughts you are keeping, with the past karma you are releasing, and with your greatest gifts, you are sharing. You can consciously co-create your world in cycles and cycles. Keep the faith and focus. Good things happen to those who have faith in their ability to co-create while they wait.





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DAY 16 (16 of 52):

Date:	
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DAILY CARDS:

Card #1 Direct:	Vertical:
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"The world changes according to the way people see it, and if you alter, even by a millimeter, the way people look at reality, then you can change it." -James Baldwin

Person:

Now that's what I'm talking about. Those words are pure power and the reason I'm motivated to share my virgin vision.

Poetic Inspiration:

Just keep sharing and daring yourself to go a little more and more beyond your comfort zone, and it won't be long before you come home to a place called grace. Grace is having fun while you work and letting things flow to you instead of you chasing after them. Graceful words, such as the ones above, are the key to this next stage of humankind's evolution.





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DAY 17 (17 of 52):

DAILY CARDS:

Card #1 Direct:	Vertical:	
Card #2 Direct:	Vertical:	

"Worrying doesn't take away tomorrow's troubles; it takes away today's peace." - Phyllis G. McDaniel

Person:

While this is so true about worrying, why is it so natural to do so?

Poetic Inspiration:

It's because of work. Work cures worry, and since you are sometimes afraid or ignorant on how to work correctly to solve a problem, you worry. As you become more enlightened on the type of work or action or BEE-ing that needs to be implemented in any situation and commit to it, you usually don't tend to worry. What one worries about, another may laugh at. Worry is unique to each psyche. Working in a new way or place that you're not accustomed to may be the best solution.





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Card #1 Direct:	Vertical:
Card #2 Direct:	Vertical:

"There are no original thoughts in the universe. They are either used or misused." -W. U. Wei

Person:

Well said, well said. What would you add to this one?

Poetic Inspiration:

All the crime and care that has occured on the planet is nothing new as far as the motivation to be loved and to love is concerned. What's telling is an individual's perception of reality and how they use or *mis*use resources, emotions, and other people to attain what they desire. That's why it's so important to have a worldview that sees everything as an aspect of G.O.D. Knowing this Dear Heart, there is no way you can hurt someone in another town or country, thinking pain won't arrive at your front door eventually.





Q
AY 19 (19 of 52):
Date:

Card #1 Direct:____ Vertical:____

Card #2 Direct:____ Vertical:____

"Matter is merely materialized thought." -- David Cameron Gikandi

Person:

This quote reminds me of the first law of *The Kybalion- The universe is mental*. Does that mean we are all just a thought in the mind of the Creator of All That Is?

Poetic Inspiration:

Touché! It's All G.O.D. after all. G.O.D. and all the various Avatars of materialized thought that allows the Creator of All That Is to experience Itself through It's own creation. And with that said, you are given the same power in quality (not quantity) to allow the matter that is materialized in your realm of influence to be the product of your positive (or negative) thoughts. Choose wisely, Dear Heart and materialize what you may.





Q	
DAY 20 (20 of 52):	
Date:	

Card #1 Direct:_____ Vertical:_____
Card #2 Direct:____ Vertical:_____

Person:

"If you don't commit to training your brain for behavioral change, every thought, emotion, and action will just be more of the same."

Poetic Inspiration:

Yes, you are touching the heart of the matter by talking about that gray matter called the brain. This commitment to reprogramming the brain for behavioral change is the most crucial thing effecting humanity at this time. Why? Because this is where the separation first took place that allowed the unwanted beliefs and habits to take root. It takes commitment to the techniques available to assist with the important work of clearing the old mental and emotional patterns so that your natural state of love and happiness comes to the forefront. Commitment and consistent practice is the only thing that will bring about the desired change.





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DAY 21 (21 of 52):

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DAILY CARDS:

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"You don't know what you don't know, because you didn't know that you didn't know it." -Debra Jones

Person:

This quote feels like a catch 22. How do I break the cycle of ignorance to *know* anything with so much fake news and real lies out there?

Poetic Inspiration:

So true indeed, so unfortunate in action or *re-action* rather. When you *react* to the "fact" that your life is all jacked, when you *react* to the "fact" that things aren't in-tact, then it becomes unfortunate. Yet when you act with the sincerity that you have something you want to know, and yet you still can't get through? It's at this time of *act*-knowledging you need assistance when the light shines through, and the door opens up, and your angelic guides lead you on the pathway to true knowing. The question is...will you follow?





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DAY 22 (22 of 52):

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"We become what we think about most of the time, and that's the strangest secret." -Earl Nightingale

Person:

I believe this one to be true, but I wonder how much of us are even aware of what we think of mostly? And if not, how do we become more mindful?

Poetic Inspiration:

Most definitely, most are not. Yet all you got is you and this present moment to be accountable for at the end of the day. It's only when you sink into this wisdom and accept it as the gospel truth does change come about. No other responsibilities can wash away the reality that you are responsible for the maintenance of your thoughts. When it comes to family and career, most make sure to do what responsibility calls for. Yet, what about being responsible for the thoughts that pop up in your mind? A lot of them aren't even yours and belong to the collective pain body! If you wouldn't pay a bill that isn't yours just because it was in your mailbox, then why pay (attention) to the one in the mailbox of your mind?





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DAY 23 (23 of 52):

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"The more you learn to work your mind, the less you have to work your behind." -Reverend Ike

Person:

Reverend Ike is my hero when it comes to the power of the mind. But I'm wondering about that word "work." Is it really about *mind work* or more about a *commitment* to practice beneficially using your mind?

Poetic Inspiration:

Dear Heart. It's always about commitment. Commitment is what makes work look like child's play. It's what makes changing baby diapers a delight when you are committed to your baby's growth. To reach that level of commitment to your mind means you are ready for change, and to be ready for change sometimes takes pain. Look at all the people marching in the streets because of the pain of the present President. Hopefully, soon, the pain of having to move their behinds on the street will spill over into learning the science of moving that gray matter in the brain to achieve balance again.





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DAY 24 (24 of 52):

Date:____

DAILY CARDS:

Card #1 Direct:_____Vertical:____ Card #2 Direct:____ Vertical:____

Person:

"When we focus or believe in a 'they' eventually, we're all gonna pay!"

Poetic Inspiration:

It truly is All G.O.D. out here. You are all playing your role and having your heydays and maydays in the limelight of life. When you perceive the world like this, seeing yourself as an aspect of Divinity experiencing Itself through Its creation, what is there to get sick and unhappy about? I mean, you can focus on the injustice and the things you think are 'wrong' that 'they' are doing. Or you can ask yourself the deeper question of where do this person's actions fit into the bigger picture of me growing into my greater Self?





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DAY 25 (25 of 52):

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DAILY CARDS:

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"How vain is it to sit down and write when you have not stood up to live." -- Henry David Thoreau

Person:

Wooah! This quote makes me want to check myself. Have I been a person that has stood up to live before sitting down to write?

Poetic Inspiration:

Dear Heart. You have paid the cost to be boss one million times over. You are a sheer delight because you are one of the light beacons that have come to this earth at this time to follow your star. And there are many, many moons of life on this planet and beyond that make you what you are. Everyone has something to say, and there is nothing vain about saying it. Yet life's experience makes for even greater content, especially when it comes to relating to more and more beings. You have been saying you want to write a book for decades now; yet, the time that you are finally doing so is ripe with so much more experiences. This makes the book *and* the writing more worthwhile and appreciated for you and the reader alike.





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DAY 26 (26 of 52):

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"In our world, information is dramatically overpriced, and education doesn't really exist." -- Tony Robbins

Person:

Can I get an amen! What can you add to that one?

Poetic Inspiration:

What does it mean to be educated? And just what is it are you being educated to do--and for whose world view? And what is this education turning you into? These are the questions you must ask, and the answers to these questions are what make up a family, a community, and a society. There is something drastically wrong when the oppressed or mistreated put the responsibility of educating their children or "inner child" in the hands of the oppressor. What would one hope to receive? Who is oppressed, and who is the oppressor? And how many times and in what arenas do the roles switch constantly? This is all for you to question when the life you desire to have and the person you wish to be remains a mystery, even though you've graduated from the most prominent university.





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DAY 27 (27 of 52):

Date:

DAILY CARDS:

Card #1 Direct:	Vertical:
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"You don't need to know every step. You just need to know the right step right now." -Roger Hamilton

Person:

And just how do I keep in step with the right step?

Poetic Inspiration:

Life is prep for keeping in step. Keeping in step with the rhythms of night and day are easier to acknowledge and understand than understanding the flow that is naturally taking place within you. Your very nature is like a seed in the mind of G.O.D. and when you use your g.o.d-like qualities to declare what it is you desire to co-create, that same germinating, blossoming process wants to take form in everything you do, if you allow it to. You have an idea of what feels right for you to do at any moment and when you stay in that moment, from moment to moment, you become a walking meditation that is bound to manifest destiny.





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DAY 28 (28 of 52):

Date:____

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"Strategy is better than strength." -- Hausa Legend

Person:

Why is it that some people's natural default is to go to strategy and others to strength?

Poetic Inspiration:

This Dear Heart is the question of kings and queens and drones and worker bees. It says a lot about one's birth identity and says even more about their manifest destiny. Any king can become a pauper and any pauper a king; it all has to do with how one plays the hand of cards they were given. There are so many checks and balances that keep this world in alignment and perfect order. As you grow to know these things, your ability to strategize or better yet "harmonize" with the issues of life increases. And what more graces are bestowed upon you when you're not afraid to put some elbow grease in while you're at it.





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DAY 29 (29 of 52):

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DAILY CARDS:

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"... unconnected consciousness is destructions keenest tool against the soul." -Ayi Kwei
Armah

Person:

This man was way before his time, yet his message is right on time for the time we are in right now. Any more wisdom?

Poetic Inspiration:

Yes, humanity has become fractured beyond recognition. Yet the truth remains we are all one part of a bigger oneness we call G.O.D. No matter the galaxy, the solar system, the planet, it's ALL G.O.D. experiencing Itself through Its Creation time and time again. Not everyone sees it this way and not everyone was meant to. Not everyone will act according to what they believe and not everyone was meant to. Yet, the one thing that everyone most surely will do is change. It's the only thing that is constant and it's the only thing we can count on to bring us back home to our soul eventually.





	♥ 0 (30 of 52):
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Card #1 Direct:_	Vertical:
Card #2 Direct:_	Vertical:

Person:

"How can we truly believe we 'know' anything, and yet how can we not believe we already know everything we need to know?"

Poetic Inspiration:

What a paradoxical, rhetorical question you ask of me; when you know good, and well, the answer lies within you already. Yet which *you* is asking? The Higher Self you're connected to right now that is connected to All That Is, or the Lower Self, connected to fear and form and therefore not capable of seeing and feeling the flow that is in everything?

Once you *know* the answer to that question, there's no need for a lesson.





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DAY 31 (31 of 52):

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DAILY CARDS:

Card #1 Direct:_____Vertical:_____
Card #2 Direct:_____Vertical:_____

"It's not what we don't know that harms us, it's what we do know that ain't so." -Mark
Twain

Person:

So dawg gone true! The level of miseducation is so rampant, and then there's the question of who do you trust?

Poetic Inspiration:

Simple Dear Heart. Trust your heart. Trusting your heart is a start. It then leads you down the rabbit hole of Truth. It challenges you to look beyond past convictions and conceptions of reality to see what is behind the veil of illusion. Most of what you "think" you know isn't so, and that is why you must experience being in the heart space so you can go past what society tells you is true. Your path can never look like another's, and it's got your unique brand of truth written all over it. Release judging other's concepts of reality and quietly go about living what you know, and it will show.





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DAY 32 (32 of 52):

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Card #1 Direct:_____Vertical:_____

Card #2 Direct:____ Vertical:_____

"The most perfect technique is that which is not noticed at all." -- Pablo Casals

Person:

I know the best teachers and guides have mastered this technique, so how do I?

Poetic Inspiration:

It's not a question of *how* Dear Heart, it's a question of when. When do you give up trying to fit in and instead figure it out? When do you surrender to the flow of events that naturally want to move you to act, moment by moment? When do you give in and let spontaneity win? When do you find the courage to nurture commitment? When the answers to all of these questions seep in, you won't even notice when the perfect technique naturally stepped in.





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DAY 33 (33 of 52):

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"No valid plans for the future can be made by those who have no capacity for living now."
-Alan Watts

Person:

What do you have to say about what my man Alan Watts has to say?

Poetic Inspiration:

He was one of the most brilliant minds of our times. He was someone who saw the power in surrender and gave society all he had to render. To be able to give up all your preconceived notions, all your fear of what might or might not happen and constantly center yourself in the now, is *the* most important thing you can do. The second being to follow through when inspired in the moment.





DAY 34 (34 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:____ Card #2 Direct:____ Vertical:____

"Be curious always! For knowledge will not acquire you; you must acquire it." -Sudie Back

Person:

I like how she says, be curious, and not ambitious. Can you share something more?

Poetic Inspiration:

Curiosity has a will to BE. It wills to understand and be understood. It wills for adventure and invites courage, whereas ambition invites mostly aggression and sometimes suppression of what doesn't want to be known once entering the cognitive dissonance zone. Yet sometimes, curiosity leads you to be furious from what is acquired to guide you more into the territory of what you *truly* desire. Be curious, Dear Heart, and all you wish to acquire will flow to you.





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DAY 35 (35 of 52):

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Card #1 Direct:_____Vertical:____ Card #2 Direct:____ Vertical:____

"G.O.D. gives you energy to accomplish a task. You can use the energy talking about it or doing it, either way the energy will be used." -Sneferu Hotep

Person:

I thank my friend Sneferu for sharing this quote. He is spot on.

Poetic Inspiration:

The challenge is to use and not abuse the creative life force energy that brings all cocreations to fulfillment. Yet the challenge to using and not misusing the energy is not to let the monkey mind put you further behind, by choosing to talk instead of walk. By choosing to philosophy instead of unify, you allow your best laid out plans to go awry. Either way, as he says, the energy is used up, the day turns to night- yet have you taken magic flight?





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DAY	36	(36	of	52):
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"It infuriates me to be wrong when I know I'm right." - Moliere

Person:

Now that's funny! Yet, to be honest, why does my person sometimes feels this way?

Poetic Inspiration:

There are two ways of looking at this quote. One is wrong, and one is right. The wrong way is filled with ego and bullheadedness. You know the type that refuses to look at the facts, the circumstances, and the heart of the matter. The right way looks at all of these things and dares to choose to follow one's intuition.





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DAY 37 (37 of 52):

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"Tell me, and I forget. Teach me, and I remember. Involve me, and I learn." -Benjamin Franklin

Person:

This is a big one for me as a teacher and life coach. How do I involve my client even more to shine the light of true learning?

Poetic Inspiration:

Everything that you could ever do, you are doing it already. That is until you are ready to take it to the next step and then the next. The answer to your question is in your readiness to act on guidance when your life cycles dictate. You are in a constant state of evolving Dear Heart. Stay close to this flow, and it will tell you exactly when and where to go.





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DAY 38 (38 of 52)

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"Information does not bring about transformation" -Zara Green

Person:

I just had to add this quote after hearing Zara being interviewed on the Happy Black Woman Podcast. So much of my younger years were spent on acquiring information, now it's so clear to me that it's not about the info.

Poetic Inspiration:

There's nothing like the Shero's Journey of self-awareness and self-remembering to bring this point home. No amount of listening and reading and comprehending alone can bring about transformation. This is something that MUST be experienced in real-time reality.

And what better way for experiences to take place than through the mirror of your relationships. Each relationship you've had with every teacher, lover, family member, job, or business pursuit has allowed for a major transformation to take place via the choices and perceptions you've formed around your interactions.





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DAY 39 (39 of 52):

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"The most important thing in communication is to hear what isn't being said." -Peter F.

Drucker

Person:

I agree with this. As an empath, how can I know if what isn't being said is a matter of actual words or just unconscious intention that I'm picking up on?

Poetic Inspiration:

A great question that is always bound to teach you a lesson Dear Heart. It may be a lesson of courage to speak up and ask for clarification. It may be a lesson of strength to move forward regardless of perceived gain or loss in the situation. Or it may be a lesson of compassion, knowing when to let the fear of vulnerability go and step into your flow and heart space. You will know more only as you grow more in practice. The more you practice, the more you trust, and the more you trust, the more it doesn't matter, one way or the other.





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DAY 40 (40 of 52):

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"... darkness in the human experience is overcome, not by avoidance, but through shining a light of awareness on it and choosing otherwise." -Dianne Eppler Adams

Person:

As a fellow astrologer, those are my sentiments exactly! Need you say more?

Poetic Inspiration:

Well, since you've open the door, allow me to walk more wisdom in. This awareness is at the center of every universe because every uni-verse begins with one. In the uni-verse called DeBorah, your awareness puts you in touch with everything you need to know as you stay in your flow. With the Uni-verse called G.O.D. or the Creator of All There Is, it's the same principle. How can you *not* choose in favor of your highest good when you are shining the light of awareness within and without? Darkness can't exist when you stay in your brightness, Dear Heart.





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DAY 41 (41 of 52):

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Card #2 Direct:____ Vertical:_____

"Your students will go as deep as you go as a teacher"- Sukhdev Jackson

Person:

I love this quote in the face of it. Yet, it brings up other questions as to how do I act as a teacher when the "other" (usually older) sees *me* as the student? And do my "students" stay as deep as me when not in my presence? Or do they go back to their own frequency after awhile?

Poetic Inspiration:

So many questions that have one simple answer. So many scenarios that have one common thread. Stay in your heart and keep out of your head. Your heart knows when to wax student and when to flow Maestra. It's the "heart" of the orchestra. You are the one you have been waiting for, and when you show up, not afraid to go as deep as the situation calls for, you won't believe what miracles you'll have in store!





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DA	Y 42 (42 of	52):	

Date:

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Card #1 Direct:	Vertical:
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"Never mistake knowledge for wisdom. One helps you make a living; the other helps you make a life." -Sandra Carey

Person:

I just had to put this quote in the book because I know how important wisdom is and how dimly it shines in the west.

Poetic Inspiration:

Wisdom will help you make a life, yet it won't always look like the Joneses. So since America sells to you what success looks like, you deny your inner wisdom and lean toward what you know will get the prize you've been so conditioned to seek after. And when you get that prize, to your surprise, the very light of joy that wisdom brings has dimmed from your eyes.





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DAY 43 (43 of 52):

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"If you don't know and innerstand your own history, you are a slave to someone else's interpretation of it!" -Sadiki Bakari

Person:

Wow! Pow-er-full! This statement is filled with power, and that's exactly what one becomes when learning their history. Yet, I've learned there are so many versions and interpretations of *his*-story on an individual, community, national, and even international level. How do I get to "inner-stand" the correct version?

Poetic Inspiration:

Oh my Daughter of the Light. What turbulent times you live under. Yet it's a time of miracles as well. A time of breaking the spell that has been cast on humankind. You are finding your bliss and finding out it has less and less to do with "facts" and viewpoints

based on static levels of awareness and more to do with the dynamic flow that is happening within everything in the universe. History is mostly important when it comes to creating what you desire now. And if your desire is on fire, it will lead you with lots of "inner" clues as to the version that best suits the 'self-image suit' you choose to wear.





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DAY 44 (44 of 52):	
Date:	
DAILY CARDS:	
Card #1 Direct:Vertical:	

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Card #2 Direct:____ Vertical:____

"Life becomes challenging and then liberating when you choose to have nothing negative to talk about."

Poetic Inspiration:

Dear Heart, you understand well that you cast a spell with the words that you have in your vocabulary. Words have the power to create your reality, with strength or frailty. Change your words, especially about yourself and about everyone else, and you change not only your life but also the parallel uni-verse you live upon.





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DAY 45 (45 of 52):
Date:
DAILY CARDS:
Card #1 Direct:Vertical:
Card #2 Direct: Vertical:

Person:

"Cunning and wisdom have something in common. Cunning uses knowledge to divide and conquer; while wisdom uses it to bring about unity in the community."

Poetic Inspiration:

So *now* you see the discrepancy. People with cunning contain a type of wisdom that benefits only self. Yet it truly can't be labeled wisdom because eventually, it all comes full circle, and the very thing they cherished attaining, is the very thing that brings about their demise. So what does it mean to be wise?





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DAY 46	(46	of	52):
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Card #1 Direct:	Vertical:
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"You just cannot skip the lessons of life." -Author Unknown

Person:

Don't I know because haven't I tried!

Poetic Inspiration:

Indeed you have Dear Heart; yet, it's the reason why you chose to come here. To have these wonderful lessons of trying to skip lessons. And the wonderful realizations and exhilaration when you embrace these lessons fully. You are a child of G.O.D. Dear Heart, the remembrance of your greatness is your greatest lesson. Life on Earth is merely the playing field where you remember who you are.





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DAY 47 (47 of 52):		
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Card #2 Direct:	Vertical:	

"All men's miseries derive from not being able to sit in a quiet room alone." -Blaise Pascal

Person:

Silence and solitude have been a hidden treasure to success in my life. And yet, I'm a long way from perfection. What can you share with me on this?

Poetic Inspiration:

First, is the acknowledgment that your very essence is already perfect. Second, is the understanding that perfection for your person is highly overrated. It's much more useful to be aware of where you are without judgment. Striving for perfection, when you are already essentially perfect, is a recipe for disaster. Caring for yourself in loving awareness and making the commitment step by step to act in a way that honors your evolution is the key to liberation.





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DAY 48 (48 of 52):

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"In most instances of mind control the recipient doesn't know that their thoughts are being controlled. They actually think they are thinking their own thoughts." -Sadiki

Bakari

Person:

This is a great big problem in North America, yet it affects everyone around the world.

What's your secret sauce for living in America?

Poetic Inspiration:

It's the same Dear Heart for living anywhere on this planet. Knowing the uni-verse is within you, and reality exists on the frequency you are vibrating on is just theory until you drop out of judgment and drop into your heart space. Clear your mind space and come to realize just *what* this place is. Planet Earth is the great testing ground for the (would be) g.o.d.s to be; and, North America is where the fiercest gatekeepers stand in the way from you becoming a commander and chief in your conscious co-creation.





	
DAY 49	(49 of 52):
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Card #2 Direct:	Vertical:

"Doublethink means the power of holding two contradictory beliefs in one's mind simultaneously and accepting both of them." -George Orwell

Person:

Oh my goodness! This one is huge for me, especially when it comes to spending money. One belief believes I'm abundant, and another believes in scarcity. I'm much more aware of how doublethink makes me feel inside.

Poetic Inspiration:

It's that shrinking feeling of coming to a crossroads situation and having to choose between acting on your new self-image of who you desire to be or acting on the old self-image based on old belief patterns. It's not a nice feeling when circumstances bring you back to the old conditioning; yet, you have to feel it without judgment to get to the other side. The more you do this Dear Heart, the more you ride the tide.





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DAY 50 (50 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:____ Card #2 Direct:____ Vertical:____

"For fast-acting relief, try slowing down." -- Lily Tomlin

Person:

Ha, ha! I can't read this without laughing out loud!

Poetic Inspiration:

Laugh as you will, it's still the right pill for most of your ills. It doesn't have to be that your remedy is a farce of complexity. Simply breathe and slow down, release the frown, and put back on your crown so you can really get down!





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DAY 51 (51 of 52):

Date:

DAILY CARDS:

Card #1 Direct:	Vertical:	
Card #2 Direct:	Vertical	
Card #2 Direct:	Vertical:	

"Sometimes all it takes to change a life is to decide which beliefs do not serve you and to literally change your mind about those beliefs." --Joy Page

Person:

Sometimes it doesn't seem like that's all it takes. What about when there is way more to the story on an ancestral level?

Poetic Inspiration:

A very good question that deserves a very good answer, Dear Heart. Your ancestors plant the seed that grows in you. It's sometimes so subtle and sometimes so strong. Yet without self-awareness, it's bound to go on and on from generation to generation. When the student is ready, the teacher does appear. Look at how you were lead to the tools and techniques in every step of your journey. And after showing up in life ready to apply the skills in life's school, you were able to make that change and change your mind so naturally.





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DAY 52 (52 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____
Card #2 Direct:_____Vertical:_____

"Follow your heart, and your mind will create." -Ray Wilkins

Person:

Do I know if I'm following my heart based on what my mind creates? And if so, can my mind ever fool me?

Poetic Inspiration:

You are playing a game of semantics. The bottom line is you need both your heart and your mind in the creation process. The mind is a great servant to the heart and should never be pulled apart to do its own thing based on ego or the need for validation. Yet, the heart's vibration can more effectively reach another with the help and the skills of the mind- when it's aligned. Please don't degrade the usefulness of the mind and, at the same time, never let it rule as king.





Chapter 7: Venus Period-Your Self-Worth/Relationships



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Keywords & Phrase:

Preparing Emotionally

Financial Values, Partnerships, Love, Money, Contracts, Beauty, the Arts

I Am Declaration Phrase:

"I Am Being/Feeling"

Conscious Co-Creation Step:

Know Who You Are as an Aspect of Divinity

Universal Principle:

All Power Comes from Within

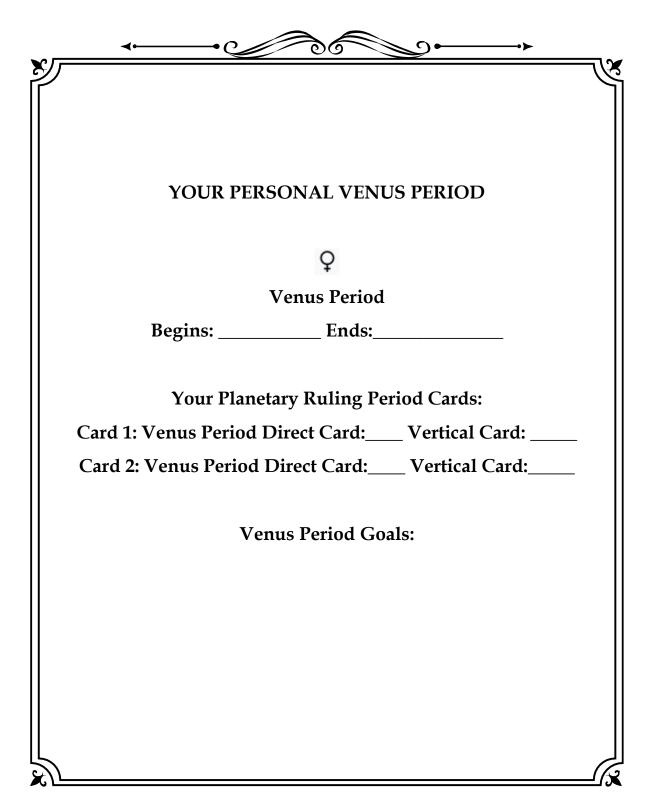
Question to Ask for Venus Period:

Are my spiritual, physical, mental, and emotional needs and values in harmony with who I know myself to be as an aspect of Divinity?

"Opening to" Statement:

"I Am Opening to Clearing Trapped Emotions"

Return to TOC





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DAY 53 (1 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____ Vertical:_____

"Love is the trembling happiness" -Khalil Gibran

Person:

This is one of my favorite quotes from Gibran. It reminds me of how powerful, yet fragile love is.

Poetic Inspiration:

Love is a force field more powerful than a nuclear bomb, yet all you hear about is violence and crime on the news. It makes you wonder how everyone can claim to want love, and there be so much tribulation and frustration? Love is the space that the true seeker must travail to gain the answers that are only given on the journey. To experience love's *bliss*, you must first face its seeming *dis* of unrequited love, to finally realize there's nothing here but love.





DAY 54 (2 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Calmness is the cradle of power" -J.G. Holland

Person:

What is the source of calmness, and how do I cultivate it?

Poetic Inspiration:

The cultivation of calmness only comes when you are one with the present moment. On the road to conscious co-creation, everything in life tries to knock you off that seat of calmness, and it's up to *you* to determine there will be no co-rulership with doubt, fear, and worry. The calmness that comes with accepting *What Is* at any given moment is enormous. It's a gift that keeps giving and growing as you see more and more of the world from this lens. Calmness is what calmness does, and calmness is strength in motion.





DAY 55 (3 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____
Card #2 Direct:_____Vertical:_____

"At the touch of love, everyone becomes a poet." -Plato

Person:

Touché' baby! And from all people Plato.

Poetic Inspiration:

Love truly makes one poetic in everyway. The greatest form of poetry in motion is staying in the heart space and allowing tears, laughter, and whatever else comes up its full poetic expression on life's canvas. You are a poet because you're not afraid to love. You are a poet because you're not afraid to feel greatly. Love touching you has little to do with joy or sorrow alone and everything to do with staying present in the moment allowing the waves of life's experiences to wash over you.





DAY 56 (4 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct: Vertical:

"A real friend is one who walks in when the rest of the world walks out." -Walter Winchell

Person:

Is that true? Sometimes it seems the hard act of walking out can help more than the act of "walking in," which can create co-dependency where there ought not to be. What's really true?

Poetic Inspiration:

The truth is, it's All G.O.D. and G.O.D. works in mysterious ways. The things that help us grow the most are sometimes the things that we appreciate the least. Love is based on your perception and understanding, sometimes lies deep beneath the veil of illusion. Some say the current President is an enemy to the people. Yet once it's all said and done, his actions and your re-actions have brought together more friends and more awakening than any other friend you may have thought you needed. Just be still and know that your true friend is change. Change comes through like a river and allows all stuck things to become unstuck eventually.





DAY 57 (5 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct: Vertical:

"The heart of a mother is a deep abyss at the bottom of which you will always find forgiveness." -Honore de Balzac

Person:

Sometimes I don't know if this quote is altogether accurate. I know my mother struggled fiercely with issues surrounding forgiveness. I'm glad, in the end, she was able to forgive the main people she had issues with. What is the key to opening to forgiveness?

Poetic Inspiration:

This is a loaded question Beloved. The question about your mother and her struggle with forgiveness is what you had the opportunity to witness before her dying days, and that is good. Every mother (and father for that fact) struggles with themselves to forgive, whether it's their children, their siblings, or a society that would prevent their children and siblings from living a more fulfilled life. Some mothers don't get the chance to reach down into that abyss to find forgiveness in this life-too much pain and too much strife. Yet, if they have courage like your mother, who was set on finding it, forgiveness will surely be there. Just by being connected to the Source that brings all life into being, it's waiting for every mother to find.





DAY 58 ((6 of	52):
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Date:____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"It's not how much we have, but how much we enjoy that makes happiness." -Charles Spurgeon

Person:

Happiness is a great feeling. How is it possible to generate it at will?

Poetic Inspiration:

Generating happiness at will is not like taking a happiness pill. Happiness has to be "caught" like the flu. It must possess you, and once it does, it becomes contagious and spreads to everything in your life. It takes over how you see things, and you become exceedingly grateful for everything you have in your life. You give thanks because you understand it can always be worse. Begin and end your journey with this wisdom, and all will be fine in your Queendom!





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DAY 59 (7 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"When love and skill work together, expect a masterpiece." -John Ruskin

Person:

I'm glad these powerful words have been spoken. Yet sometimes I get distracted from doing what I love, and therefore, the skills needed are not developed as well as they could be. Any thoughts?

Poetic Inspiration:

More than thoughts, I have compassion. And that's exactly what you must have for yourself, along with the courage to commit. This is the path; this is the challenge. To go down the path of compassion and self-love is not always an easy road at first. You meet up with your greatest inner gatekeepers that test your sincerity, and once that challenge is complete, you meet your allies and friends- the inner strength that sharpens your skills and brings an entirely new love into being a true masterpiece.





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DAY 60 (8 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:____

Card #2 Direct:_____ Vertical:____

Person:

"May your heart remember its own song and sing it constantly in the face of other people's spells and magic."

Poetic Inspiration:

Dear Daughter of the Light. This message is especially needed when the dark night of the soul makes you question your ability to create your reality. Whether it's the dark night of financial woes or the dark night of relationship issues, it's at times like these when your song must be sung the loudest, no matter what other background noise is surrounding you. Your song is written on your heart and is the essence of who you know yourself to be as an aspect of divinity. Your song is your actions based on faith. Your melody is the step you take in the moment of inspiration that leads you to the next great step and the next. It's only when you can sing out loud amid all your trails does your song overpower the spells cast via social media and the like.





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DAY 61 (9 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Be careful how you treat your fellow man as you go up the ladder of life because you will meet the same people on the way down." -- African-American Folk Saying

Person:

Wouldn't it be great if more and more musicians incorporated morality in their music? Or is that just my opinion?

Poetic Inspiration:

This need to put 'wouldn't it be great' before anything is a double edge sword, Dear Heart. Why? Because the first thing you must do is accept what is and see the perfection of the universe and everything in it. Just how much it all serves a greater purpose must be etched in your heart and mind. As you become more and more aware of your divinity, it is that very same 'imagination' you'll use to dream into reality what you'd like to see in the world that becomes your ultimate strength.





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DAY 62 (10 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

Person:

"Other things may change us, but we start and end with family." -Anthony Brandt

Poetic Inspiration:

I remember seeing this quote at my cousin's house, and I thought about how true this is on a micro and macro level. This includes the *family* that makes up my body, my lineage, and the human family on Mother Earth. What can you add?

Daily Notes/Observations:

It's true. You are all Avatars for the Creator of All That Is, experiencing Itself through this divine creation. Cycle after cycle, one thought after the next arises and seeks its completion, bringing you further and further down into the dungeons of maya (illusion) or higher and higher into the realms of Universal Consciousness. It's truly All G.O.D.-Generator, Operator and Destroyer of All That Is. So, as each family member re-members this truth on an intellectual level while rising to the challenge on an emotional and experiential level, each member becomes a conscious co-creator of the life they desire and actively actualizes the love that every member is made of. One Love.





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DAY 63 (11 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"We have neither friends nor enemies, only teachers." -W. U. Wei

Person:

I'm in love with this quote! It reminds me of how important it is not to label things good or bad and just call them teachers.

Poetic Inspiration:

What is good, and what is bad? And who are your friends and who are your enemies? If you are needy or have a big ego, you can be manipulated into all types of friendships and run from all matter of goodness. Wei is quite right to say we have only teachers. Some teachers are respected and honored more, while others are not. Yet, know one thing for sure, whoever comes knocking on your door is a vibrational match to teaching you a thing...or more. Give thanks for the journey Dear Heart and stay centered within your own heart.





DAY 64	(12 c	of 52):
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Date:		
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DAILY CARDS:

Card #1 Direct:	Vertical:
Card #2 Direct:	Vertical:

"Sometimes you have to give up on people. Not because you don't care anymore, but because they don't." - Author Unknown

Person:

How profound to be able to accept the truth of this statement.

Poetic Inspiration:

There is more than one way a person stops caring. Sometimes they stop caring for themselves and place false, ferocious care on you that will only fall through with time. Sometimes they care more for fear and ego or fame and fortune and only have themselves to blame. Sometimes they are just bored of you or what you're into, but a lack of integrity doesn't allow them to tell you. It can be a combination of many things, yet there's no denying you will feel it and know it eventually. The most important thing is what you *do* once you know and *how* you do it.





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DAY 65 (13 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Promote what you love instead of bashing what you hate." -Zig Ziglar

Person:

Now, this is a conscious co-creator's perspective if I've ever heard it! Can you give any more insight?

Poetic Inspiration:

You know all too well that energy flows where attention goes. As you focus your attention on what you love, see how much energy that gives to your creations and the world. It takes a whirlwind of energy to shift your focus onto your favorite things. Yet, it's the very discipline you need, especially at this time. Such a small thing can determine success as the standards you set up for what you allow on your TV screen and in your love scene if you know what I mean.





DAY 66 (14 of 52): Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____ Card #2 Direct:_____ Vertical:_____

Person:

"Learn to perfect being perfect as you are."

Poetic Inspiration:

This is your key to the door to everything you could ever desire. This is your opportunity to be okay with where you are at right now, neither pushing nor pulling. Just stay put in the present moment. You are a beacon of light sending off a signal that only becomes stronger when you accept the perfection that is dwelling inside your being.





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DAY 67 (15 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

Person:

"It's not all about me. It's about loving all of me."

Poetic Inspiration:

Loving all of you, Dear Heart, is the challenge when you become more aware of all your subtle human frailties. When you can lie to yourself less and be in touch with the enormous amount of pain and disconnection within the body, this brings about your greatest challenges. Yet, this is the beginning of recovery- seeing more clearly exactly where you are on an emotional, spiritual, financial, and personal level. This honesty has no one to blame for any of the circumstances in life. This honesty is a hard pill to swallow when all you want to do is wallow in your misery. This is when radical loving of *all* of you makes it plain to see that it was never all about you and that each person and circumstance was so needed for you to learn acceptance and compassion along the journey.





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DAY 68 (16 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"It don't sound right if it ain't said right." -Southern saying

Person:

How do you know when it's said, right? Is it by the words and phrases used or by the love and intention infused?

Poetic Inspiration:

This, Dear Heart, is the crux of the matter. Sound is a vibration, and while words and phrases carry a certain vibration, they can never trump the vibrational frequency of your intention and the level of love that is emitted through your voice and tone. This allows the receiver to determine what "sounds true" and what doesn't. Sounding right is a product of your truest intentions, and when you're tuned into your heart space, you'll be filled with grace.





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DAY 69 (17 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"We spend less and less time giving ourselves a hard time." -Krishna Das

Person:

These words were powerful to me when I heard Krishna's interview on the *The Power of Music* webinar back in 2014. He is so right about what happens when we learn to accept ourselves more.

Poetic Inspiration:

This is something that has been a life long lesson and realization for your person. As you occupy more and more of YOU by being present with presence, it becomes easier and easier to let yourself off the hook. And as you set yourself free, you can allow others to be who they are without judgment. It's the most liberating process you can be involved in on the planet Earth.





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DAILY CARDS:

Card #1 Direct:	Vertical:	
Card #2 Direct:	Vertical:	

"The deepest principle in human nature is craving to be appreciated." -William James

Person:

Although this is true, can you imagine how much we could evolve if we could just commit to self-acceptance and approval more and more each day?

Poetic Inspiration:

Yes and No. Yes, I can imagine that growth and see that growth happening everyday in every way. And No, to thinking there is anything wrong with the journey to self-love as it stands. The problem isn't human nature's need for appreciation. The problem is how you perceive it. Human nature is just what it is for a reason, and that reason is to take each individual, in every generation down the S/hero's journey of self-awareness and self-appreciation in cycles and cycles. Enjoy your part of the journey Dear Heart. It's yours to understand and take.





DAY 71 (19 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

Person:

"My self-love is my secret weapon."

Poetic Inspiration:

My Beloved, when you truly love you, life opens up in ways you never imagined. Life and the people and circumstances within it inhale and exhale according to your flow, and nothing increases your flow more than self-love. It's as if a way is made clear out of no way and doors open where there were none. In an instant, night turns to day, and the current in the river begins to flow your way. Love yourself, Dear Heart, especially when it's hardest to do based on what you perceive you "should or shouldn't" have done. Love yourself and watch darkness run just like with the coming of the sun!





DAY 72 (20 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Where addiction is involved, betrayal follows." -Beverly Berg

Person:

Now this says it all. What a force field of energy is needed to pull oneself out of the vortex of addiction.

Poetic Inspiration:

Addiction cares about one thing, and that is what it's addicted to. Anything else is fair game to be thrown under the bus. This is why to reclaim your virgin mindset, one that is free of all harmful addictions is the most important work you can do in this lifetime. The most important revelation you can have is when you become aware and accept your addictions. This first step is crucial in what comes next and next and next. You have to be patient with yourself and place yourself out of harm's way more and more everyday.





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DAY 73 (21 of 52):

Date:	
Date.	

DAILY CARDS:

Card #1 Direct:	Vertical:
Card #2 Direct:	Vertical:

"When faced with an event, chose the response that will bring happiness." -David
Cameron Gikandi

Person:

I love this quote because it's so practical, yet there are times when I don't know if I'm choosing instant gratification over what could bring more happiness down the road.

Poetic Inspiration:

This quote is saying something so much deeper! It's saying that there is a part of your being that knows the true roots of your forever happiness for both right now and in the future. This part of you, once you tap into it and focus all your attention on it with the right perspective, will motivate you to move with conviction and shift your energy field to one of gratitude. This gratitude is your fortitude and your fortune, which leads to happiness at every corner.





DAY 74	(22	of	52):
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DAILY CARDS:

Card #1 Direct:	Vertical:	
Card #2 Direct:	Vertical:	

"Forgetting someone you love is like remembering someone you never met." -Author Unknown

Person:

Can't I remember someone I knew in a past life, but just haven't met in this life?

Poetic Inspiration:

Yes, Dear Heart, this is true, and its part of the point I'd like to express to you. Love at all times is the way out of this mess. What mess? The illusion that someone, anyone, isn't part of love. Whether you "remember" loving them in this life or not, it's all G.O.D. Every soul, every being, every friend, family, or love are all part of G.O.D.'s cover. Sometimes they dress up like angels, and other times, they show up like demons; yet, they are all part of G.O.D.'s plan for you to remember we are all love. We are all One.





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DAY 75 (23 of 52):

DAILY CARDS:

Card #1 Direct:	Vertical:	
Card #2 Direct:	Vertical:	

"Some enemies are part and parcel of our lives, we cannot destroy them without risking our own survival." -Bangambiki Habyarimana

Person:

Wow! When I read this quote, I say to myself, "That's exactly how I feel!" Yet, how I bring that message through in my writings about the collective shadow is my biggest challenge.

Poetic Inspiration:

It's a challenge Dear Heart because you haven't totally surrendered to this love for fear of what others might think. Yet this is not the time for those concerns. Aligning your soul to the reason why you even came here is more important than any other thing that you can ever do or will ever be remembered for. You only have one life (at a time) to experience the greatness of the human experience and to contribute your greatest gifts. Loving your enemy is not a weakness-it's liberation! It's the ability to move freely on this planet and not be influenced or manipulated by forces within or without! Now isn't *that* something to write about?





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DAY 76 (24 of 52):	
Date:	
DAILY CARDS:	
Card #1 Direct:Vertical:	-
Card #2 Direct: Vertical:	

Person:

"A lack of self-love is like running for office and then voting for your opponent."

Poetic Inspiration:

How many times have you broken your own heart because of your person's need for approval? And how many times has the collective pain body put thoughts in your head that you were better off dead? Yet, you came here for a good reason, and it's up to you, Dear Heart, to shine your light bright and righteously. You need to be inspired by all the prophets and light beacons on your path to encourage you, just like those who are where you used to be need to hear your message for their next step on the journey. It's what you all agreed to, and you must keep your end of the bargain by showing up, voting *yes* to your success, and then allowing your Higher Self to guide the way in real-time.





DAY 77 (25 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:	Vertical:
Card #2 Direct	Vertical·

"Many of us seek that which we will flee if we find it. I have seen this time and again, both in myself and in others. We seek, we search, and then we find a calling or relationship that is a perfect reflection of our yearning...we turn away and go back to seeking, almost as though the light of our true-path was too bright for us, too vulnerable for us, too real for us. This is a pattern that we have to recognize and heal, or else we will never stop looking for what is already there. True-path is not always around the next corner. Sometimes it's right under our feet." -Jeff Brown

Person:

How do I get past this tendency, or does it happen in cycles?

Poetic Inspiration:

Once you find what it is you seek, you also find all the things that have kept you away from it, staring and glaring you in the eyeballs. Then it becomes harder and harder to keep pace with all the lies you've told yourself about yourself and everyone else. So what to do?

The power of one of the two comes through. The power of choosing to stay on the frequency of what you've found or the power to leave that place and go all the way down to the frequency that has made you frown in the past. It's up to YOU which one you do--in cycles and cycles.





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DAY 78 (26 of 52):

Date:____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Vulnerability is the gift you give to another when you love yourself." -Author Unknown

Person:

This is a great quote I've been fond of sharing. It's so important for me to express myself openly; yet, I notice how hard that becomes whenever my person is not grounded in Self-love.

Poetic Inspiration:

Dear Heart, you were born with a lot to share, and yet the circumstances that you have been born under make it seem as if sharing were a crime. Yet, this is only your misperception. The way this false perception loses its grip and fades away is when you remember who you are. And who you are is greater by far than anything you can ever be based on negativity. Once you come to know this by walking your Shero's Journey to perfection, what is left is your greatest gifts that can be given, regardless of who the receiver is. You are protected and influenced by a force more powerful than anything on this Earth. Love is what allows this beautiful Earth to exist in the first place.





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DAY 79 (27 of 52):
Date:
DAILY CARDS:
Card #1 Direct:Vertical:
Card #2 Direct: Vertical:

Person:

"There's a place where evil hides, and it's in-between a woman's strength and a man's weakness and a man's strength and a woman's weakness."

Poetic Inspiration:

Beloved Daughter, that's why the magic remedy is for a woman to revere a man's weakness as her strength and for a man to revere a woman's weakness as his strength equally. And not only to revere it but to fight fiercely in its protection against perversion and manipulation. There's no better beginning for this preservation and positive development to take place than in people's roles as parents.





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DAY 80	(28	of	52):
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Date:		
Date.		

DAILY CARDS:

Card #1 Direct:	Vertical:
Card #2 Direct:	Vertical:

"Lend yourself to others, but give yourself to yourself." - Michel de Montaigne

Person:

As a persona identified with the Black womb-man experience, this has been a challenging reality to shift. I have been called selfish on many occasions, yet does it even matter what people think?

Poetic Inspiration:

I don't know what to tell you. I'd say you have to figure that one out for yourself. Understanding who is "other" and who is "you." Where does one end and another begin is the question that must be clearly understood. When you do for others thinking about yourself, is that any nobler than when you do for yourself thinking about all of humanity? The only way to stop the insanity and inward feelings of vanity is to know that life only works when you are fully present, and being present requires all of you inhabiting all of you, Dear Heart.





DAY 81 (29 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:	Vertical:	_
Card #2 Direct:	Vertical:	

"Just as we cannot see our own faces without looking into a mirror, we cannot know ourselves without looking at our relationships." -Author Unknown

Person:

These words are profound, penetrating, and powerful. When I observe some of my relationships, it becomes a puzzle as to what is the lesson or experience I'm seeking to know about myself. Some self-knowledge requires going deep!

Poetic Inspiration:

My Beloved Daughter of the Light, mirrors don't lie, they merely reflect. And since you didn't incarnate here with access to your full potential or consciousness, you need the constant reminder that relationships provide. What don't kill you, makes you stronger and once you come to know this as truth, knowing is only half the battle. Finding the courage to act on intuition or to act regardless to what your person feels it has to lose is the other half of the battle. You are pure light and this is what you came here to appreciate through the encounters you have with others. I imagine the reason it seems challenging is because the mind feeds you one thing about reality based on avoiding pain; and your heart brings you to a soberer truth that once accepted, can make Earth become a playground.





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DAY 82 (30 of 52):

DAILY CARDS:

Card #1 Direct:	Vertical:
Card #2 Direct:	Vertical:

"Our pain goes deeper than we want to know, and our love runs deeper than we can know." -Richard Gordon

Person:

Richard is so right! Until I am able to feel my deepest pain without judgment, I don't have insight into just how deep my courageous capacity to love can be. Anything else to share?

Poetic Inspiration:

Share your love Dear Heart. Share without fear for you have already went there. You've dug deep and you've survived! You are still alive with your heart unruined. So now it's time to share your greatest gifts with your heart family. Even though the message won't be received by all, it will be received by many and that's plenty and plentiful to live a life of purpose and passion and be paid gratefully for your sharing. Each would-be light beacon must traverse this path and what makes you last is the reservoir of your love.





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D 43/ 02	(24 (52)
DAY 83 (31 of 52):	
Date:	
DAILY	CARDS:
Card #1 Direct:	Vertical:
Card #2 Direct:	Vertical:

Person:

"It's the people who have unshared plans for me that ultimately have problems with me. Yet, those without hidden agendas find a friend in me for life."

Poetic Inspiration:

You've found this to be true Beloved because you have come to understand human nature so well. And the way you've come to understand others, is by understanding yourself. You've become more aware of your motivations and that helps you to see clearly the motivations of others. Consider this a gift. A gift of understanding that allows 'frienemies' to leave quicker and harmful circumstances carefully being set up to fall in the face of truth and transparency mixed in with a healthy dose of compassion for yourself and others. Give Thanks





Q
DAY 84 (32 of 52):
Date:
DAILY CARDS:
Card #1 Direct:Vertical:

Person:

Card #2 Direct:_____ Vertical:_

"Love yourself first, then share yourself (every) second."

Poetic Inspiration:

Yes, you have it right. True sharing can only be done effectively when self-love is the order of the day. Self-love is what charges your inner battery so that you can go the distance and meet every challenge that untruth brings to you for transformation. You are here to transform all false perceptions to love. The false perception you have about your essential nature and the power that lies within is the first thing that must experience the light of truth. The more truth you can hold in regards to your self-image, the more you can share of yourself because it won't be done in a way that breaks your own heart-- or anyone else's for that matter. Give Thanks!





DAY 85 (33 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:____

Card #2 Direct:_____ Vertical:_____

"If you do what you love, you'll never work a day in your life." -Marc Anthony

Person:

Sometimes it seems like I have to work really hard to do what I love because I have to learn things my person may not be good at yet.

Poetic Inspiration:

This has been the case for you Beloved from the early days. You've known you wanted to be a writer from such a young age and have always set out on that journey; yet you never completed it. It's like reading a novel and as soon as the challenge of the rising tension comes; you put it down because you just can't bear it. Yet, you never get to the climax of your career calling by ceasing when challenges commence. How will you know what you're made of? How will you germinate all those seeds of brilliance within you unless you complete your Shero's Journey Dear Heart? Sooner, more than later, it transforms from being seen as *work* into sheer *love* when you stay true to the course.





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Q	
DAY 86 (34 of 52):	
Date:	

DAILY CARDS:

Card #1 Direct:	Vertical:	
		
Card #2 Direct:	Vertical:	

"When jealousy rears up, it indicates that something inside you is afraid. It's an alarm, nothing less and nothing more. Treat it as such." -Anthony D. Ravenscroft

Person:

This is huge! Fear is such a shape shifter!! Any other thoughts?

Poetic Inspiration:

This quote just proves that jealousy *does* have a rhyme and a reason, and if you would just *explore* it instead of *act* on it, it could lead to great insight, making everything *more* than alright. Awareness without judgment is the formula for forgiveness of yourself and others. Emotions are great tools for gathering information, for experiencing what's in the moment and then getting to the root of the issue. After fear is identified, the root to the false perception or program is easy to find and be replaced with the right one.





DAY 87 (35 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"I can do things you cannot, you can do things I cannot. Together we can do great things."
-Mother Teresa

Person:

This is something that I desire to incorporate more in my business and relationships. Any suggestions?

Poetic Inspiration:

Keep that desire real and know beyond a shadow of a doubt that this becomes your experience when you stay focused on it. All those competing thoughts telling your person that you can never find the right partners and that it's hard to trust others must be let go of for the song of cooperation to be heard on your radio frequency. It's just a matter of staying focused, trusting G.O.D. and knowing good things do come to the one that expects it.





DAY 88 (36 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:	Vertical:	
Card #2 Direct:	Vertical:	

"Being deeply loved by someone gives you strength, while loving someone deeply gives you courage." -Lao Tzu

Person:

I never knew how deeply true these words were until I experienced it myself. The amount of courage that is needed to express from an open heart without the monkey mind meddling is amazing!

Poetic Inspiration:

You love so deeply Dear Heart and that's exactly what you came here to do. To love and to give your greatest gifts through mastering your personal Shero's Journey. This job is not always the easiest. This job of walking in the courage to love deeply only comes when you face your own shadows and come full circle into your greatness. You have the tools to attempt this in cycles and cycles. And you grow stronger and stronger everyday. Committing to be courageous, despite your fears of what the beloved does or doesn't do is one of the world's greatest breakthroughs.





DAY 89 (37 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Seven days without laughter makes one week, but seven days of laughter make an awesome week." -John Caine

Person:

Ha! Ha! I wouldn't make it on this journey without laughter and yet it's something I'm very selective about. Certain things, I just don't find funny. Am I wrong for that?

Poetic Inspiration:

Wrong or right? Not important. Accepting your reality as it is today? Most important. There is a season and a reason for every stage of your emotional expression. One day, you look up and the world seems dark, cold and impersonal. On another day, joy just wants to express itself with a perfect understanding and expression. This is how life works Dear Heart. Allow others and yourself to go through the cycles that are part of life. Honoring these transitions brings peace and peace and harmony within you can create a vortex of energy so strong that is makes every "week" so *strong*.





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DAY 90 (38 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____ Card #2 Direct:_____ Vertical:_____

Person:

"Why worry if you have love in your veins and Almighty on your side?"

Poetic Inspiration:

This is a time for rejoicing. Intense struggle and hardships can land you in a harsher alternate reality if you allow them to. As you never forget the nature of your soul and face the deepest shadows of your being; help arises out of the ashes of your old self-image and you begin to see the essence of your being is so much more than anything your person can ever imagine in the old frequency. You are being born anew with a completely upgraded worldview! Give Thanks.





DAY 91 (39 of 52):

Date:____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Love is not just an electrochemical reaction in the brain, or a sentiment on a greeting card. It is a real, tangible energy that acts on and changes things in the outer world." —

Richard Gordon

Person:

If this is so, then that means the key to activating love is not in resisting injustice, but in courageously acting and living in the truth of love's power. How to?

Poetic Inspiration:

You have it my friend. You see the power that is possible, the potential that is latent in letting go of judgment and of focusing all your energy on what you *do* love. You see this whole illusion for what it really is. I'm not telling you to go out on a soapbox and spread some message. I AM telling you that SELF is the final frontier. That going within to first tap into Self-love, leads to seeing and loving everything else for the first time and releasing a power on the planet that plants a new reality in real time!





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DAY 92 (40 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Harmony makes small things grow, lack of it makes great things decay" -- Sallust

Person:

To know that harmony within can create an empire and that disharmony unchecked can make a dynasty, a civilization, a nation and a family fall is no small feat and is something indigenous people or anyone feeling they lack power must come to know!

Poetic Inspiration:

You can accomplish more than you can ever know with harmonious flow. That natural stream that exists within you is being hampered by a host of hostile forces distracting you constantly. Yet, from a conscious co-creator's perspective, they all serve as gatekeepers to the self-mastery that is possible by keeping harmonious no matter what. The present moment awareness is the foundation on which harmony is built in your life.





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DAY 93 (41 of 52):	
Date:	
DAILY CARDS:	

Card #1 Direct:_____Vertical:____

Card #2 Direct:_____ Vertical:_____

Person:

"I'm not here for man to mold me into what he desires me to be. I'm here to motivate man to be the g.o.d. he was destined to be."

Poetic Inspiration:

My Dear Daughter of the Light, what a task you've taken on. What a journey you've embarked upon. To live by example, Higher Principles that awaken your Higher Self is a major endeavor. Every man will appreciate the challenge your path presents; however, not all men will embark upon it. This is okay once you realize why you are here. Daughter of Sekhmet. Rising within you is greatness, as the feminine solar energy shines upon the planet through you and others like you. You're here to realize happiness comes from within, and the greatest work you can do in the world is to awaken the g.o.d self within you. You are to be commended for the work you do. Allow your royalty to shine through while having the courage to be you! Give Thanks.





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DAILY CARDS:

Card #1 Direct:	Vertical:	
Card #2 Direct:	Vertical:	

"Who you attract is not determined by what you want. It's determined by who you are."
Author Unknown

Person:

Wow! So how do I become all that I desire to attract?

Poetic Inspiration:

The truth is, you don't have to do a thing. You just have to allow your heart space in so it can send a frequency to your being that will allow your highest frequency to be able to shine through naturally. Be exceedingly joyful for this challenge. The world is conspiring every moment for you to reach a higher level of perception based on the perfection of your Bee-ing. Who and what you attract is only relevant to who you are being and allowing yourself to be in the face of your person's fears.





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DAY 95	(43 of 52):
Date:	
DAILY	CARDS:
Card #1 Direct:	Vertical:
Card #2 Direct:	Vertical:

Person:

"Being in love doesn't affect the way I make principled decisions, but it does affect how I express the decisions I've made out of love."

Poetic Inspiration:

What you mean to say by this Dear Heart is that you being in love isn't in conflict with you honoring and upholding higher truths and that you have the welfare and best intentions for everyone involved. Your love isn't hazy, and it doesn't drive yourself or others crazy because it respects all life and shines the light of liberation that's possible by going within and being comfortable with the skin you are in. This is the type of love that has the courage to love with an open heart. This type of love expression is uplifting to the giver and the receiver alike. Even if the decisions are not always agreed upon, they are respected. And in many circles, respect=love. Give Thanks.





DAY 96 (44 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"A man cannot be comfortable without his own approval." -Mark Twain

Person:

I like how Twain uses the word "comfortable" because no amount of money or material possessions can bring comfort when we are insecure and lack self-love. Anything additional?

Poetic Inspiration:

Give yourself an A+ for Approval. Your approval has been hard sought after in the face of family and societal pressure. Yet you pushed on Dear Heart. You weathered the storm and became triumphant. Although you still care about the opinions of others, they don't stop you from letting your light shine through. This self-love lesson has been your greatest blessing and can not, will not be taken away from you. It will go through deeper and higher levels of initiation, no doubt, yet just take what you already know and apply it in principle to what you don't know, and comfort will always come in the morning, my friend.





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DAY 97 (45 of 52):

Date:____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

Person:

"Because I allow myself to feel without judgment, this event is perfectly divine."

Poetic Inspiration:

Wow! What a time you've had in understanding that quote. Wanting to run away or deny with 'positivity,' every painful emotion only brought more of the same. Yet, the moment you finally got the idea that it's better to stew in the feelings of doubt, jealousy, confusion, fear, and anger without judgment is when everything shifted, and you stepped into the strength of your divinity. You've come to this plane Dear Heart to *feel* with the understanding that none of this is real. So as you stop resisting what is, what is stops persisting. As you put everything on 'watch down' without judgment, slowly, the perception of the perfection of every event shines through and liberates you.





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DAY 98 (46 of 52):		
Date:		
DAILY	CARDS:	
Card #1 Direct:	Vertical:	
Card #2 Direct:	Vertical:	

Person:

"It's the small, value-based choices that we do have control over, that eventually creates the larger societal conditions and events that we don't have control over."

Poetic Inspiration:

What perception Dear Heart! Somehow, you've come to the understanding that the small building blocks of choices you make consistently are what create your community. The community of Self and the community of everyone else. Such a powerful, potent tool you have in perception and, more importantly, acting off of that perception when it's not popular or even when no one is watching. You are all response-able for the reality you see, and you are all capable of changing it one powerful choice at a time, especially at the crossroads of life when they matter most!





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DAY 99 (47 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

Person:

"Heartless men give birth to heartless women, and heartless women give birth to heartless men. When will the cycle end?"

Poetic Inspiration:

This all depends. It depends on your means to an end. By any means necessary is not necessarily your best friend. What truly ends cycles takes the inner work of not only transformation but also transmutation. It's when you become an entirely new you. It's bigger than "reforming" policy or the rules of engagement with the "other." It calls for reaching down deep into the subconscious and liberating yourself from the mental and emotional blockages that can only be transfigured by rewiring your brain so you can exist on another frequency that brings about entirely new experiences. So are you ready to end a cycle?





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DAY 100	(48	of	52)):

Date:

DAILY CARDS:

Card #1 Direct:____Vertical:___ Card #2 Direct:_____ Vertical:____

Person:

"Crying their tears instills their fears, but standing up alone in truth gives promise to the youth."

Poetic Inspiration:

When you stand alone in your truth, you are never really alone. Your Higher Self, your guides and your fellow light beacons are all there with you. If not in the flesh, in the frequency. To get out of the frequency of the fallen man's fears and tears and concerns is the way you learn that life must go on, and you must be strong. Strong enough to lift yourself out of all the constant chatter on the chatterbox, so as not to be distracted from the ultimate truth. Only love is what gives promise to the youth. While the illusion of separation is tempting, it's the courage to take a stand that makes you a better woman.





DAY 101 (49 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

Person:

"In a relationship, it's not about who has the "upper" hand or the "winning" hand. It's all about who has the loving hand."

Poetic Inspiration:

I'm so thankful to you for being you. You allow your essence to shine through at the darkest hours when it matters most, and you can let down your artillery of defenses and need for protection to realize that all you need is tenderness. You know that to exist with an open heart doesn't mean you'll get torn apart. There is a power in being loving and compassionate while maintaining your truth and values. When you have both as your bottom line, watch how everything turns out fine.





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DAY 102 (50 of 52):

DAILY CARDS:

Card #1 Direct:	Vertical:	
Card #2 Direct:	Vertical:	

"No person is your friend who demands your silence or denies your right to grow." -Alice
Walker

Person:

If ever there was a time for me to understand and live the principles of this quote, it would be now.

Poetic Inspiration:

I'm feeling the effects of the spell of silence being broken in the hearts of many. People are either awakening to the triumph of this truth, or they're waking up to the despair of disease. Either way, the time is up for people-pleasing to pursue. Now is the time to 'just do you.' And by *doing you*, everyone benefits in the short and long run.





DAY 103 (51 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Everything that mainstream culture has forgotten, exiled, undervalued, suppressed is what's said to be where a person or a culture's soul, it's redemptive vision lives." -

Caroline Casey

Person:

Powerful! The collective shadow could be our collective strength. Anything to share?

Poetic Inspiration:

When you look at the story of woman and melinated indigenous people across the globe, you get an idea of where the soul of humanity lies. You, Dear Heart, representing both these aspects of G.O.D.'s expression can serve as a beautiful proxy to bring that redemptive vision to the forefront of every life you touch with your writing and your Beeing. This is what you came here to do Dear Heart and now that you are remembering this. Let your light shine through in every avenue.





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DAY 104 (52 of 52):

Date:	
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DAILY CARDS:

Card #1 Direct:	Vertical:
Card #2 Direct:	Vertical:

Person:

"Love is being responsible for the love you give, but most importantly, for the love you receive."

Poetic Inspiration:

What you are saying here, Dear Heart is more than crucial. Would you receive a bomb that is ticking into your home or an STD wrapped up in a nice little package? When you are wise and aware of the law of cause and effect, you become more selective in who you love and who you allow to love you. We're not talking generally but more so intimately, and that intimacy doesn't always have to be sex or finances. People like yourself who are way more sensitive to other people's vibrations can be affected just by being around someone whose love energy is oscillating on a lower frequency. Of course, the goal is to raise your frequency to such a level that when others are in your presence, their frequency is also raised. Yet, this doesn't necessarily work where intimacy is involved. This is why to prevent is much better than to cure for sure!





Chapter 8: Mars Period-Your Actions/Passions



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Keywords & Phrase:

Preparing Physically

Courage, Aggression, Sexual Energy, New Beginnings, Sports, War

I Am Declaration Phrase:

"I Am Doing/ Acting"

Conscious Co-Creation Step:

Align Your Person, Your Purpose, and Your Power with the Creator of All That Is.

Universal Principle:

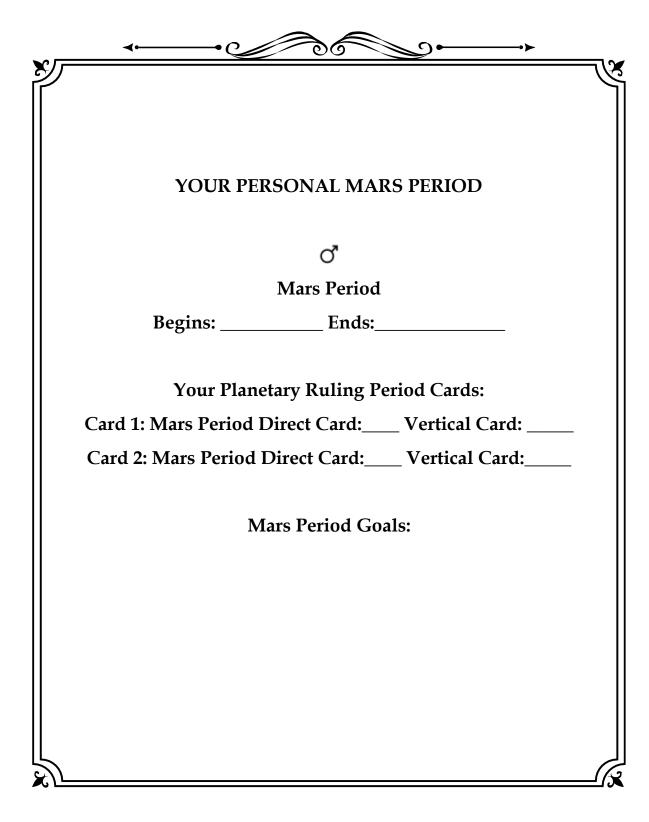
There Are No Limits (Except the Ones You Create)

Questions to Ask for Mars Period:

Do I Still Need This Limitation? What Action Can I Take to Rise Above It?

"Opening to" Statement:

"I Am Opening to Acting Courageously"





DAY 105 (1 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____ Vertical:_____

"Start where you are. Use what you have. Do what you can." - Arthur Ashe

Person:

What a great quote to start the Mars Period. This is the perfect remedy for my person's procrastination.

Poetic Inspiration:

It's easy for your person to want to wait until the perfect circumstances arrive before getting started, Dear Heart. The right tools, the right mood, the right motivation. Yet, all these things have to be generated within and can be generated anytime you choose by getting intune with the present moment. The time can always be right for getting started, no matter what the monkey mind is chattering in your ear. Work cures worry and the moment you start working, despite the circumstances, your project advances, your mood enhances and once again, you're given several second chances. You are the only one you have been waiting on. So go on!





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DAY 106 (2 of 52):		
Date:		
DAILY CARDS:		
Card #1 Direct:Vertical:		
Card #2 Direct: Vertical:		

"If you don't change directions, you may end up where you're heading." -Lao Tzu

Person:

Where do I *desire* to be heading? That's the hardest question to ask. How do I ask it honestly?

Poetic Inspiration:

My Dear Heart, first you have to let go of all fear of going where you know in your heart you were meant to go. It's the fear of committing to this pathway that has you afraid to ask. Once you let go of this constant killer of courage called cowardice, your life becomes one of compassionate action. This, Dear Heart, is what's needed first and foremost. This alone gives you the wisdom to see the trajectory you are on and the insight on how to change it within to meet your needs.





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DAY 107 (3 of 52):	
Date:	
DAILY CARDS:	
Card #1 Direct:	_Vertical:
Card #2 Direct:	Vertical:

"The way up and the way down are one and the same." - Heraclitus

Person:

Is this quote saying that when we are attached to only one way of doing something, it can also become our downfall? What's your take?

Poetic Inspiration:

Sweet Daughter of the Light. As you let go of letting past success or failure be what determines your future success or failure, you are set free from the trap of duality. Good and Bad are not found along the pathway or in the technique alone. The flexibility and fluidity that flow follows require courage, non-attachment and surrender to do what works best in the moment, regardless if it's comfortable or challenging. Sometimes it's easier than what you are used to, so you refuse to. And sometimes it's harder than you expected, so you reject it. The key is letting go of past pathways of success and failure and flow with how you're being guided today.





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DAY 108 (4 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"He who is brave is free." -Lucius Annaeus Seneca

Person:

Just how free can we be with bravery?

Poetic Inspiration:

So, if you're asking if bravery is highly overrated, then the answer would be no! However, your definition of bravery might need upgrading. It takes sheer bravery just to be alive in this day. To acknowledge your fears and frailties and to take one step after the next on the path no matter how fast or slow is to be brave beyond belief! So, by first acknowledging or accepting your bravery for being incarnated on the planet at this time, you 'set free' a brand of bravery that allows you to become even braver and freer to accept all of humanity.





OT DAY 109 (5 of 52):
Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Without fear, there's no courage." - Author Unknown

Person:

Wow! I know, I know, but can you explain how this is so?

My Poetic Inspiration:

Fear, Dear Heart, is a needed compass that points to your greatest strength. Without this compass of fear, you'd have no direction down here. When you refuse to go in the direction of your most needed compass constantly, how can you ever get to your seat of power? Courage allows the "healthy" feeling of fear, the one that doesn't bring you in harm's way, to lead the way to a brighter day.





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DAY 110 (6 of 52):	
Date:	
DAILY CARDS:	
Card #1 Direct:Vertical:	
Card #2 Direct: Vertical:	

"The constitution only gives people the right to pursue happiness. You have to catch it yourself." -Ben Franklin

Person:

How can anything or anyone give somebody the right to pursue happiness when it's a state of mind?

Poetic Inspiration:

Well said, Dear Heart. While certain constitutions and countries may provide less obstacles to overcome on one's path to conscious co-creation, the work must be done individually. Yet, the miracle to behold is what constitutes one's inner makeup. It seems unfair why some people have the inner and outer resources to overcome insurmountable obstacles, and others do not. Yet, everything serves a Divine Purpose, and it doesn't matter how much we like or comprehend this concept, the purpose will still be served.





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DAY 111 (7 of 52):	
Date:	
DAILY CARDS:	
Card #1 Direct:Vertical:	
Card #2 Direct: Vertical:	

"If I spot it, I must got it." - Author Unknown

Person:

There seems to be an art to spotting things that I got. Please share.

Poetic Inspiration:

Spotting what you got doesn't take a lot because it's all about frequency. When you are at a lower frequency, all the faults you see in others become magnified, so that it can shine a light on your issues if you pay close attention and follow the tread of emotional aggravation. When you change your frequency, you tend to change what you pay attention to, so that reality becomes completely different for you.





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DAY 112 (8 of 52):		
Date:		

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Growth is the only evidence of life." -John Henry Newman

Person:

And how do I grow in a way that celebrates life?

Poetic Inspiration:

By being happy with what is Dear Heart. Understand that life is always working for you, but it can only do what you allow it to. As a conscious co-creator, your task is to stop resisting life and start choosing flow based on your greatest desires. That takes surrender and acceptance. When you're unattached and in the present moment, what's needed for growth happens naturally.





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DAY 113 (9 of 52):	
Date:	
DAILY CARDS:	
Card #1 Direct:	Vertical:
Card #2 Direct:	Vertical:

Person:

"How can you do it wrong when you've already done it."

Poetic Inspiration:

My Beloved Daughter! You now understand the reason you're on this land. You're here to have experiences of all types and to allow them to inform your future decisions with G.O.D-like precision. Once an action is taken, it was the right action- period! Any action will allow everything that follows to become an opportunity to be unattached to outcomes. Guilt and shame are gone once you get this gesture without needing a long lecture. And oh what places you will go without those two foes!





♂DAY 114 (10 of 52):
Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"The gap between ignorance and knowledge is much less than the gap between knowledge and action." -Author Unknown

Person:

What a great quote! Any tips in bridging the gap?

Poetic Inspiration:

It's similar to what you allowed yourself to just experience. You allowed yourself to observe without judgment all the little and big ways you procrastinate on doing your most desired projects. This awareness is crucial in modifying your behavior, because it allows you to be compassionate with yourself, while at the same time accepting the reality of your distractions. This not only brings about the motivation to move in the opposite direction, but it also brings about empathy and understanding for others. So many things you judge in others are what you are currently doing; yet, you just don't see the connection. This practice brings all of this in plain sight for you to shine the compassionate light of insight.





DAY 115 (11 of 52):

Date:____

DAILY CARDS:

Card #1 Direct:____ Vertical:____

Card #2 Direct:____ Vertical:____

"We're not on our journey to save the world, but to save ourselves. But in doing that you save the world. The influence of a vital person vitalizes" -Joseph Campbell

Person:

I've always known this to be true; however, what do you do when others judge you for not doing enough or being selfish?

Poetic Inspiration:

First of all, what others think of you is none of your business. And even if it was, it wouldn't change the reality of it. When people change from the inside out, the world changes. When society changes leaders and policy alone, you end up with a world that looks like what you've got now. It takes a while to see the fruits of this concept; yet, that's not why you're doing it. You do what you do to become the best you. Everything else falls in its proper place when you put this as your priority.





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 DAY 116 (12 of 52):

 Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"The secret of getting ahead is getting started." -Mark Twain

Person:

This is so much easier said than done, especially when I don't face my fears and want to run or get distracted so easily.

Poetic Inspiration:

Life is less scary when you take things one step at a time and do what you can when you can do it. The secret sauce of just getting started should be applauded, especially at that moment of inspiration. Yet, even when motivation is missing, just getting started opens the door to worlds unknown and gets you out of the terror zone. You'll be so surprised when you realize you already have everything you need to succeed.





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DAY 117 (13 of 52):
Date:

DAILY CARDS:

Card #1 Direct:	Vertical:
Card #2 Direct:	Vertical:

"Be brave. Take risks. Nothing can substitute experience." - Paul Coelho

Person:

Experience truly is the best teacher, yet how do I get past the impediment of not wanting to take risks in certain areas?

Poetic Inspiration:

You have no fear in certain areas and will risk it all; yet, in other areas, you procrastinate and rationalize your time and energy away daily. Being brave is a big concept with no particular format, just flow. Someone else's bravery may look completely different to what your bravery entails; yet, one thing that is for certain, bravery follows a flow that can be detected only in the present moment. When you are standing firmly in the present moment, the flow of bravery will speak to you even amiss the noise of the constant distractions and reactions. Staying the course and taking the risk brings about the experiences that you so long for!





OT DAY 118 (14 of 52):
Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____
Card #2 Direct:_____Vertical:_____

"In the absence of a real and present danger, the voice of fear is an almost perfect indicator of which direction to go... as long as we do the opposite of what it says." -Brian Whetten

Person:

This quote is saying the same thing I said, but just differently. Any wisdom to share today?

Poetic Inspiration:

Fear is forever your friend when you follow where it leads you, not where it misleads you. It will lead you to your greatest strengths; it will mislead you to your darkest despairs. It will lead you to higher vistas and open you to personal growth that will have you soaring. It will mislead you to second-best, a world of protests and a life of second guess. It will lead you to, "I always knew I could do this" proclamations and it will mislead you to, "I never really wanted it anyway" resignations. Fear is your best friend when you focus in on what it's alerting you to.





 DAY 119 (15 of 52):

 Date:_____

 DAILY CARDS:

 Card #1 Direct:_____ Vertical:_____

 Card #2 Direct:_____ Vertical:_____

"I'd rather attempt to do something great and fail than to attempt to do nothing and succeed." -Robert J. Schuller

Person:

Yeah, but how do I keep my spirits up every time I attempt and fail? And how do I leave past failures in the past, so they don't affect my present energy?

Poetic Inspiration:

Great questions, Beloved. I know you don't want to begin any project with a defeatist attitude and yet, to leave the history of past failures behind is almost impossible. It's better to befriend that history, rewrite how you view that history and allow it to inform you and inspire you of what is possible right now. At first, this might take some creativity and imagination, yet it's possible. Failure is your greatest teacher and letting go of attachments to what you would have liked and embracing *What Is*, is your best friend.





 DAY 120 (16 of 52):

 Date:_____

 DAILY CARDS:

 Card #1 Direct:_____ Vertical:_____

 Card #2 Direct:_____ Vertical:_____

"You see, to find the brightest wisdom, one must pass through the darkest zones. And through the darkest zones, there can be no guide. No guide, that is, but courage." -Adam Gidwitz

Person:

I love this quote from Gidwitz's book *A Tale Dark & Grimm* because it points to the power possible in facing the shadow. What else can you share?

Poetic Inspiration:

You are a courageous soul Dear Heart. Your courage is exhibited not only in your willingness to face the shadow but also in your ability to do what is necessary to bring forth the light that is possible when you're not afraid to act in a way or to do the thing that is required in the present moment and each unique circumstance. To be this flexible, your person has to let go of the attachment of doing or being or saying or thinking in a way that is second nature, to be a force of nature in any given moment. Knowing the issue is only half the battle and still walking the path of gathering direct experience with no mentor in the midst of midnight is worth a medallion!





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DAY 121 (17 of 52):	
Date:	
DAILY C	CARDS:
Card #1 Direct:	_Vertical:
Card #2 Direct:	Vertical:

"Nobody can go back and start a new beginning, but anyone can start today and make a new ending." - Maria Robinson

Card #1

Person:

It's been said that the ending is in the beginning, so how does that concept relate to this quote?

Poetic Inspiration:

Good question, Beloved. Every today is a new beginning of sorts. Everyday the sun comes out anew and everyday you have an opportunity to alter the trajectory of where your life is heading and where you desire to be. Nothing is etched in stone, and the present moment is always the place where all endings are affected most dramatically. And every present moment can only take place today.





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DAY 122 (18 of 52):
Date:

DAILY CARDS:

Card #1 Direct:	Vertical:
Card #2 Direct:	Vertical:

"A man who won't die for something is not fit to live." -- Martin Luther King, Jr.

Person:

Deep words from a deep man that walked his talk. But what if your issue is finding something to live for?

Poetic Inspiration:

Living and dying are one and the same. When you know what you want to live for, you also know what you're not afraid to die for. Yet either way, to do so in the most vibrant way takes commitment. Sometimes it feels as if you know what brings you joy, like sharing your message and opening your heart to express your truth. Yet, the commitment to facing your fears and your shadow is what is needed to push on through. This ability to live out loud and be fearlessness in the face of your convictions is the only thing that matters at the end of the day. Take baby steps to get there if you have to, and be gentle with yourself in the acknowledgement of compromises. Yet, stay the course, Dear Heart. Stay the course.





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DAY 123 (19 of 52):

Date:____

DAILY CARDS:

Card #1 Direct: Vertical:

Card #2 Direct:_____ Vertical:_____

"A bitter heart devours its owner." -Herero Proverb

My Person:

Wow! How could I comfort and counsel someone to cure this cardiactic occurrence?

My Poetic Inspiration:

An angry heart is like a raging fire that once started, becomes almost impossible to stop immediately. Yet, if it's allowed to run its course unimpeded, there won't be much left of the owner. The heart must be kept as happy as can be, and that only happens when anger's lesson is learned. Or should I say, anger's message is dully noted. To stop this cardiactic consumption, you must have a courageous type of commitment to facing your concerns candidly. Treat anger like the "empty gas" sign in your vehicle and take head of what it indicates right away because to prevent is better than to cure any day.





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DAY 124	4 (20 of 52):
Date:_	
DAILY	CARDS:
Card #1 Direct:	Vertical:

"You can do anything you set your mind to." -Benjamin Franklin

Card #2 Direct:_____ Vertical:_____

My Person:

And yet, how do I know if I can do it in the first place? Just by thinking of it?

My Poetic Inspiration:

What you feel you can do is only limited by you. What you're inspired to accomplish comes to life once you follow the path of least resistance and commit to its unfolding. There is magic making its way to the surface of your reality once you align yourself with the process of doing what you've already done. And you've already done it with your desire. Desire indicates it can be a done deal, once you do it!





DAY 125 (21 of 52):

Date:_____

DAILY CARDS:

Card #2 Direct:_____ Vertical:_____

Card #1 Direct:____Vertical:____

"Act as if it were impossible to fail." -Dorothea Brande

Person:

Eight powerful words; yet, how do I consistently turn them into my everyday actions?

Poetic Inspiration:

Dear Heart, it's more about consistently turning them into your everyday thought pattern, because no matter what you do and no matter what the outcome, it truly is impossible to fail. Failing and succeeding are one in the same. When you so called "fail" to reach a goal, you've succeeded in learning what hasn't worked when you look at it. As your actions are focused on this mindset, you become invincible because you choose to look at the success inherent in every action.





DAY 126 (22 of 52):

Date:____

DAILY CARDS:

Card #1 Direct:____ Vertical:____

Card #2 Direct:____ Vertical:____

"There is only one person powerful enough to stop you and only one person powerful enough to set you free." -Rikka Zimmerman

Person:

This is one of my favorite quotes. Anything you'd like to add?"

Poetic Inspiration:

Your power comes from going within and seeing how everything on the outside is a reflection of that power on the inside. Your ability to feel you have no influence to change the flow of events and circumstances happening in your life correlates directly to the power you feel you have as a conscious co-creator of the life you desire. Become a better conscious co-creator and set yourself free in cycles and cycles of your continual awakening and enlightenment.





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DAY 127 (23 of 52):	
Date:	
DAILY CARDS:	
Card #1 Direct:Vertical:	
Card #2 Direct: Vertical:	

Person:

"Truth hurts but so do lies-fend for yourself!"

Poetic Inspiration:

Truth is what you are after Dear Heart and lies are what you are attracted to-*until you are not*. Lies give rise to the ego and instant gratification. Truth looks you squarely in the face and gives you no space to run from the place called the present moment. Truth is an acquired taste and lies are filled with all kinds of addictive additives. Which one you choose is all about where you are at any given moment. When you're inside the heart space, truth is your medicine. When you're outside the heart space, lies become your drug of choice.





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DAY 128 (24 of 52):	
Date:	
DAILY CARDS:	
Card #1 Direct:Vertical:	
Card #2 Direct: Vertical:	

"What you are is God's gift to you. What you do with yourself is your gift to God." - Danish Proverb

Person:

This is what I'd like to focus on, my gift to G.O.D. and what that looks like.

Poetic Inspiration:

Your gift is greatest when you take all your life experiences, add all your thought-provoking and enlightened concepts and philosophies on life, reality and religion and mix it up with your burning desire to co-create and express from your heart space. Whatever comes out from that place is worthy of much grace. Give Thanks!





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DAY 129 (25 of 52):
Date:

DAILY CARDS:

Card #1 Direct:	Vertical:	
Card #2 Direct:	Vertical:	

"A man who conquers himself is greater than one who conquers a thousand men in battle." -Buddha

Person:

So does that mean that any wo/man has the power to be great on their own terms?

Poetic Inspiration:

The power has always existed within you and everyone else on the planet. How could it not exist when you are all an expression of Divine Source? The question is, will you choose to change yourself by going within? Will you choose to tap into that power without thinking the task is too scary or too hard and allow that change within to lead to the next change and the next change, in cycles and cycles? Anyone can choose this path, and the more you choose to be great on your own terms, the more you must change within. It's where the journey begins and ends. Do you see now why it's easier to be great by society's or someone else's terms? It requires less energy to follow what's already been laid out than to follow your shining star.





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DAY 130 (26 of 52):
Date:____

DAILY CARDS:

Card #1 Direct:____ Vertical:____

Card #2 Direct:____ Vertical:____

"Everyone thinks of changing the world, but no one thinks of changing himself." -Leo Tolstoy

Person:

Do you think maybe everyone does think of changing; yet, when they realize how hard it is, they subconsciously settle on changing the world? Or is it some mixture of the two?

Poetic Inspiration:

Good questions and reflections. Part of the issue is that if you grew up in a society that focuses on changing things from the outside, then a large part of your reality will be approached from this angle. However, what you have inside you is your inner guidance that naturally seeks to go within for the deeper meaning of why anything and everything challenging in the world exists. It's that part of you that is aligned with *why* you are here, and once it's awakened via struggle, catastrophe, a mentor, experience, success and failure, it begins to slowly change life's circumstances from the inside, instead of from the outside. Once you're committed to this process, there is no way you can't change the world at the same time.





O' DAY 131 (27 of 52):
Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"If you have nothing to do, don't do it here." - Author Unknown

Person:

Love it! Yet isn't "being" even more important than "doing?"

Poetic Inspiration:

This is true Dear Heart; yet, being leads you to action, and inspired action is the best type of action. Action that has no traction because it's not coming from the center of your core is a bore. And just "existing" without fully occupying your space with presence and awareness is equivalent to having nothing to do. This can be a recipe for disaster. Beecome the master by going within. This allows you to act without fear of not being able 'to do it' anywhere.





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DAY 132 (28 of 52):	
Date:	

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Opportunities increase as they are taken." -Sun Tzu

Person:

Very true and yet how to overcome the fear factor of taking advantage of opportunities?

Poetic Inspiration:

See it as the reason why you came here, Dear Heart. You came to this plane to have experiences, to take risks and to test the laws of existence. When you say it this way, you begin to understand that the universe is working with you to go beyond your present boundaries. The more you practice, the better you become. Yet there is just one conundrum. The opportunities taken must be motivated from your heart and not from fear or greed, which will tear you apart.





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DAY 133	(29 of 52):
Date:	
DAILY	CARDS:
Card #1 Direct:	Vertical:
Card #2 Direct:	Vertical:

"We need to realize that our path to transformation is through our mistakes. We're meant to make mistakes, recognize them, and move on to become unlimited." -Yehuda Berg

Person:

Mistakes used to be a really hard pill to swallow when I was younger. Now, I'm seeing just how important they are.

Poetic Inspiration:

Wonderful Dear Heart. Life's hard lessons are truly a grace to behold as you get older. Mistakes lead to your breaks in life. Mistakes lead to patience and endurance. They lead to the beautiful 2020 vision of hindsight. You are privileged to be in a body, making mistakes. And the more you realize this without being so hard on yourself, the more you can love others at every stage of their development as well. Allow mistakes to be the magic they were meant to be and watch miracles manifest- at best!





O'DAY 134 (30 of 52):

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"We have no power, but we are not powerless." -Tommy Rosen

Person:

How do I come to terms with this paradox in a meaningful way?

Poetic Inspiration:

Your power first comes from knowing you are not powerless. Once you understand you are part of a force that allows the universe to exist, the seed of power awakens within you. Yet, inherent in this truth is the understanding that your power is that of a collective force and once you are in alignment with that powerful collective force, you can grow in flow and fortune. You can consciously co-create your greatest desires in cycles and cycles. None of this is possible without changing powerless and limiting beliefs and addictive behaviors — this is where the first order of business lies.





O'DAY 135 (31 of 52):

DAILY CARDS:

Card #1 Direct:_____Vertical:_____
Card #2 Direct:_____Vertical:_____

"Thus it is that in war the victorious strategist only seeks battle after the victory has been won, whereas he who is destined to defeat first fights and afterwards looks for victory." - Sun Tzu

Person:

So if the victory has been won, why seek battle?

Poetic Inspiration:

This depends on how you view the word "battle." The battle is nothing more than engaging in life. If you engage in life with the inner knowing that you have already won before you've even begun, then it's worth engaging. Believe it or not; you are fortunate and victorious just to be born in a body and to be experiencing individuated creation at this crucial time on this planet. There is a part of your being that victoriously chose to be here, experiencing all the joys and upheavals of life.





DAY 136 (32 of 52):

Date:____

DAILY CARDS:

Card #1 Direct:_____ Vertical:_____

"We only possess the power of an insight when we give it expression." -Caroline Casey

Person:

Expressing all my insights is where the challenge begins for me a lot of times.

Poetic Inspiration:

That's because your person is afraid of what others might think and the risk involved in vulnerability. Even with those concerns in mind, it doesn't change the reality of what leads to possessing your powerful insights. What people think of you and how you perceive they label you for expressing your insights is irrelevant Dear Heart. Your powerful insights that lead to your powerful actions are what you are after in this life. Let go of the need for approval and the need to impress and allow true guidance to do the rest.





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DAY 13	7 (33 of 52):	
Date:		
DAILY CARDS:		
Card #1 Direct:	Vertical:	
Card #2 Direct:	Vertical:	

"Assertiveness is not anger, but not to be assertive is to become angry." -The Seer Almine

Person:

Amen Almine!

Poetic Inspiration:

It's true, whenever your assertiveness is suppressed for whatever internal or external reason, it's natural to become angry. That's why it's so important to be who you are and follow your star. One person's assertiveness may look like anger to another, yet this is all based on perception. To be assertive is a gift that can only be taken away if you allow someone else's tongue, thoughts or testimony to do so. Knowing the difference between anger and assertiveness in your life is like knowing the difference between day and night. Give Thanks.





OTDAY 138 (34 of 52):

Date:____

DAILY CARDS:

Card #1 Direct:____Vertical:____

"Action is the fruit of knowledge." -Author Unknown

Card #2 Direct:_____ Vertical:_____

Person:

How powerful and how applicable for my life. Yet how do I apply action in the most meaningful way?

Poetic Inspiration:

There is only one type of action that makes a difference- inspired action. When you know who you are and you're practicing right thought, then inspired, guided action is the result. Not acting on the knowledge you have gained is like allowing good fruit to go to waste. Knowledge originating from the heart space and knowledge originated from outside the heart space are completely different. And while action may be the fruit of knowledge, action from outside the heart space leads you away from your true heart's desires. Understanding this Dear Heart is your path to happiness and abundance.





♂ DAY 139 (35 of 52): Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Your actions speak so loud, I can hardly hear a word you are saying." -Bob Zuraw

Person:

This quote is so true, especially in this age of social accountability.

Poetic Inspiration:

Great Daughter of the Light. Thank you for calling upon me to answer some of your most heartfelt questions and concerns. Today is a new day dawning and more than ever before, humanity is being held accountable for its actions. This era is a wake-up call for all those sleeping giants that will be even greater once they let go of their relationship with their addictions. You have been called down this path of walking your walk and speaking your truth, and I commend you on your courage. You are a trailblazer whose time has come. Rejoice in knowing this! Shed your light without shame and face your demons without blame in this "Reclaim Game."





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DAY 140	(36 of 52):
Date:	
DAILY	CARDS:
Card #1 Direct:	Vertical:
Card #2 Direct:	Vertical:

"It takes a great deal of bravery to stand up to our enemies, but just as much to stand up to our friends." –JK Rowlings

Person:

The story of my life! My greatest lessons in life have been centered on this theme.

Poetic Inspiration:

Yes. This is how it was meant to be for you so that when you write and shine your light, your message can come through based on your experiences that have fashioned you into the Light Bearer you now are. This courage to confront your friends wasn't always easy. I remember when the only thing you were good at in this area was to run, run, run! Yet, you have faced your most ferocious fears now, and you're becoming more and more sophisticated in handling your adversaries. This is what you came here to do. And this is

what sees you through in the end.





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DAY 141 (37 of 52):
Date:____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"You can practice any virtue erratically, but nothing consistently without courage."
Maya Angelou

Person:

Mama Maya is my Shero. She is so right on with this quote.

Poetic Inspiration:

Courage creates opportunity. The opportunity to face fear head-on can only lead to strength unheard of in this day if it's practiced consistently and committed to wholly. When you start and stop practicing courage, it's somewhere in between that you get burned. This must be a 100% commitment based on what you say matters to YOU. And that is the key. Once you commit to having the courage to manifest your truest heart desires, then it doesn't matter how much you miss the mark. Every "failure" can be considered a learning opportunity. However, without commitment, any fall is destined to break all your bones and have you leave it alone. Know what you stand for and truly LIVE for and commit to growing in courage so that all of your virtues can shine forth.





OT DAY 142 (38 of 52):
Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____
Card #2 Direct:_____Vertical:_____

"People aren't making you angry, they are reminding you of the anger you already have inside of you." -Panache Desai

Person:

Okay! Took me a while to realize this quote. Anything else?

Poetic Inspiration:

Sister Friend. You are the only one here! You are all that is and all that ever will be. What makes you YOU is what makes up humanity. There truly is no separation. Once you wrap your mind around this concept, you'll understand how frequency works, and you'll be able to be thankful for the anger as well as the joy that others display around you. Whether you claim it as your own or just hold space for it to exist with complete overstanding, it doesn't matter. A conscious co-creator accepts what is and focuses on what is desired without judgment.





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 DAY 143 (39 of 52):

 Date:_____

 DAILY CARDS:

 Card #1 Direct:______ Vertical:_____

 Card #2 Direct:_____ Vertical:_____

"The person who says something is impossible should not interrupt the person who is doing it." -Chinese Proverb

Person:

Funny and fantastic at the same time. Anymore insight?

Poetic Inspiration:

Impossible is in the eye of the beholder. Your impossible may be someone else's possible, so why bother with judgment? Just do what you know in your heart is possible for YOU, Dear Heart. Some may have told you it would be impossible to do, yet, because you went about doing it, it makes no difference. Your possible is amazing and fashioned out of the amazing life you've lived. Don't allow anyone else's impossible to impede your progress because they want to envision less.





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DAY 144 (40 of 52):		
Date:		
DAILY CARDS:		
Card #1 Direct:Vertical:		
Card #2 Direct: Vertical:		

Person:

Courage may not be the end of the story, but it's definitely the beginning of it."

Poetic Inspiration:

In everything, this is so true for you. Courage was the start of every great journey and discovery you've made in life. Courage will allow you to continue to grow and evolve into that great light being you already are and are destined to bee-come. Continue with courage, my carina. Continue on the path of the spiritual warrior and as every new chapter in your story evolves, know that it's because you were willing to look fear in the face and take the risk.





O' DAY 145 (41 of 52):
Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"We are not alive until we know what we'd die for." -Roger Hamilton

Person:

Death and life are so intricately related, yet why at times am I so afraid to do either one?

Poetic Inspiration:

That's because you are evolving Dear Heart. With every new cycle of your unfolding, you realize what 's required of you, and in that moment of recognition, life becomes scary, or death feels like it's stalking you if you continue. Yet, when you see that it's all an illusion, fear's propaganda campaign that has been placed before you, to provoke you to close the door to life, then you'll see that you can overcome by remembering WHY you came. You'll remember the tools you brought and the power they yield when used. Know that inside the heart space, there is no fear of death strong enough that can stop you from shining your life light bright. In the heart space, life is more important than any fear that death could bring, because deep in that space, you know they are both the same thing.





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DAY 146 (42 of 52): Date:
<i></i>
DAILY CARDS:
#1 Direct:Vertical:
#2 Direct: Vertical:

"When the winds of change blow, some people build walls, and others build windmills" - Chinese Proverb

Card

Card

Person:

Great quote! What's the difference in mentality between the wall and the windmill builder?

Poetic Inspiration:

Well, the wall builder is built on fear while the windmill builder is built on trust. Trust is a must when the winds of change come blowing. Whatever you put your trust in allows you to determine whose side you'll be on. Because you have learned to trust the power in the present moment, you will be able to create windmills of courage and creativity when change comes blowing through. And just remember, this is what you were born to do!





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DAY 147 (4	43 of 52):
Date:	
DAILY C	ARDS:
Direct:	_Vertical:

"A good plan executed right now is far better than a perfect plan executed next week." - George S. Patton

Card #2 Direct: Vertical:

Card #1

Person:

Yes, but is this always true? I mean, what if I'm planning from a place that is not my center and next week, I'm back in alignment?

Poetic Inspiration:

Being in the vortex is indeed the most important aspect of any planning or any-THING that you do for that matter. Yet, my question to you is what is your definition of a good plan? Is it a plan based on being in your center even though you might not have all the needed information? Or is it based on fear, lack or someone else's objective? This is what's most important to decide. And if you are centered in your present moment working with what you got right now, it will lead you flawlessly into what will be even better next week. Give Thanks!





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DAY 148 (44 of 52):		
Date:		

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Be a light unto yourself" -Buddha

Person:

Can you shine anymore light on this quote?

Poetic Inspiration:

You are of the light Dear Heart. That is your original home. Once you allow this light to shine without the need for approval or the need to impress, it becomes brighter and brighter like a mini sun. The solar feminine is born within you, and just like the sun, you need nothing from no one. Your light can now be used for sharing, inspiring and nurturing those around you. This is the true definition of becoming a "shining star." And that is who you truly are!





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DAY 149 (45 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____ Vertical:_____

"If there is no struggle, there is no progress...power concedes nothing without a demand. It never did, and it never will." -Frederick Douglas

Person:

I've always loved this quote; yet, my understanding of struggle and its place in my life is evolving. Please share on struggle.

Poetic Inspiration:

Great point. Struggle is a word that brings up many different things to different people; yet, the energy of struggle in and of itself has had a lot to teach you...until it hasn't. Just like when you were in first grade learning your ABC's and 123's. How proud you were for knowing them and how purposeful they were to your development. Yet, once learned, it was a natural evolution to use words and numbers as you pleased without a second thought. Struggle is like that in a way. When you can appreciate 'the struggle' within your journey and others without judgment, it won't be long before the need to struggle is transformed to inspired action.





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DAY 150 (46 of 52):
Date:

DAILY CARDS:

Card #1 Direct:	Vertical:
Card #2 Direct:	Vertical:

"Nothing is impossible, the word itself says 'I'm possible'!"- Audrey Hepburn

Person:

I love the play on words, but it this true? Aren't some things impossible to accomplish in this life?

Poetic Inspiration:

The truth is anything is possible, but the question is for whom? And from which aspect of the who are you referring to? It's possible for you to walk, talk and play basketball. Yet, for the you that first came out the womb, it may have seemed impossible. But just as Audrey states, even the very word points to what *can be* in time and with evolution. As you evolve from using natural laws to supernatural laws and evoke more of your latent spiritual energies, then the sky isn't the limit to what's possible.





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 DAY 151 (47 of 52):

 Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Always remember the acronym for "FEAR" can mean one of two things: Fuck Everything and Run or Face Everything and Recover." -Cupcake Brown

Person:

These are the best acronyms for fear that I've ever read. I *fear* you may have something to add?

Poetic Inspiration:

Fear is an emotion that motivates you to do so many things, and depending on if you are in your heart space or outside of it will determine which one of the definitions will suite you at the given time. You've experienced both and will ultimately have more opportunities to do the same. Yet, what is most important is the WHY. Why are you willing to face everything that is in front of you, or why are you willing to just run? In the moment of fear, it's easy to forget this question and just act. The more you can remember your WHY at the crossroads, the more inroads you will make to overcoming fear's hold on you.





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DAY 152 (48 of 52):
Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"If you do what you've always done, you'll get what you've always got." -Tony Robbins

Person:

Amen to that. So what is the secret to doing something else? Or maybe it's in the not doing?

Poetic Inspiration:

Beloved Daughter of the Light. You always do it right when you are centered in SELF. The outcomes, the pathways, even the motivations will surprise you when you are doing all your actions from this spontaneous space. It's not always based on someone else's advice.

It's not always based on logic or format, nor is it always based on predictability. Sometimes you just have to flow with what shows up in the present moment and not be attached to how it will all turn out in the end. As long as you are taking your SELF to your center along the journey, you will make it through and get what you most desire to.





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DAY 153 (49 of 52):

Date:____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____ Vertical:_____

"Academics need to know in order to do. Entrepreneurs need to do in order to know." Roger Hamilton

Person:

Great analogy. There is nothing like experience to inform your knowledge.

Poetic Inspiration:

Life is the experience worth living to the fullest extent. And being Present in the Moment is the best way to go about this experience. Knowledge is important to inform your desired experiences in life, yet it's only in the doing and experiencing that you gain insight. All knowledge that comes from books, the mouths of others and past experiences have their validity. Yet, when that spark of inspiration has been lit to move on a plan, an idea or even a phone call, then you must follow through to see where the experience leads you. It's only then that new knowledge can shine through.





O' DAY 154 (50 of 52):
Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____
Card #2 Direct:_____Vertical:_____

"Courage is not the absence of fear, but the triumph over it." -Nelson Mandela

Person:

Wow! If only I could remember this quote in times of great challenge.

Poetic Inspiration:

Nelson Mandela was a man of great courage. He faced his demons within as much as the ones without, and that is where the real need for courage comes in. Facing your inner limitations leads to transforming the need to have the courage to confront the outside limitations. In a world where people are prone to protest and are so accustomed to blaming and holding others accountable, it's up to you Dear Heart to look at the woman in the mirror and see the correlation to everything outside you and the door to everything that awaits you by going within.





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DAY 155 (51 of 52):
Date:	
DAILY C	ARDS:
Card #1 Direct:	_Vertical:
Card #2 Direct:	Vertical:

"Everyone has talent. What's rare is the courage to follow it to the dark places where it leads." -Erica Jong

Card

Person:

It's taken me most my life just to grasp this quote, and I'm hoping it's not too late to apply it in my second half.

Poetic Inspiration:

So true Dear Heart. You've fought following your bliss to become a better writer because you feared the world would see you for who you truly are- a light bearer whose time has come. You lacked the self-discipline in your younger years and were easily distracted into crying other people's tears while instilling their fears for most of your adult years. This path of releasing the fear of your own shadow has led you to this point in time, and now through time and experience, you've come to see how darkness instantly disappears when you bring your light.





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DAY 156 (52 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"It takes courage to grow up and become who you really are." -e.e. cummings

Person:

This is the gospel truth. Everything I need is already in me.

Poetic Inspiration:

My Beloved Daughter of the Light. The aspect of you that has needed to grow was just your ability to stay the course. Yet, with every stop and go, you've managed to grow a little tougher. This was the building of muscles that courage needed, the training wheels on your bike of becoming who you already are. Rejoice on your ride through the journey of life and remember who you are is better by far than anything you can ever be based on negativity.





Keywords & Phrase:

Preparing Spiritually

Philosophy, Wisdom, Abundance, Freedom, Expansion, Travel, Excess

I Am Declaration Phrase:

"I Am Receiving"

Conscious Co-Creation Step:

Allow Old Charge to Come Up Without Judgment

Universal Principle:

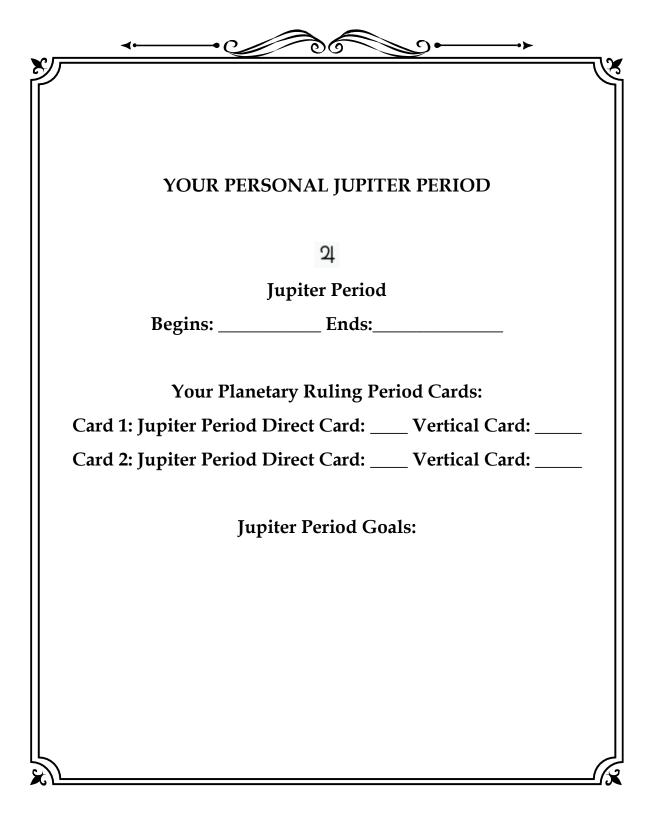
Love is to Be Happy With- Because I Love, I Am Happy Now

Question to Ask for Jupiter Period:

What price am I paying for seeing myself as 'separate from' and therefore unhappy in some areas, and 'connected to' and therefore happy in other areas and vice versa?

"Opening to" Statement:

"I Am Opening to Receiving and Wisely Accepting What Is"





DAY 157 (1 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Your greatness is not what you have, but in what you give."-Alice Hocker

Person:

But how can I give anything when my person feels it has nothing of importance to give?

Poetic Inspiration:

Everyone has something to give Dear Heart, and you are no exception. What you give doesn't have to be based on what society says is valuable, and here is where the self-doubt comes in. As long as you give what is valuable to you and from your heart space, then this is what builds your character. You know this to be true, but when self-doubt and self-pity start to come through, you take the focus off of the true you. Bring yourself back home to your Source and Self Acceptance, and that is when you not only receive more, you also have more to share.





DAY 158 (2 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____ Vertical:_____

Person:

"Judgment is the key to misery."

Poetic Inspiration:

It's good Dear Heart that you've witnessed from the first-hand experience, just how toxic judgment can be. Everything that has happened in the world, in your life and everybody else's life has its reasons for being and existing. Since you are not All-Knowing, there is no way to know what purpose each thing is serving and the perfection that exists in creation. The only thing left to do is to stay out of the pot of judgment and serve up more joy by trusting and acting in the present moment.



DAY 159 (3 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

Person:

"Religion, not children, should be seen and not heard."

Poetic Inspiration:

For the light beacon, religion shines through without the need for a word. A person living a truly religious life does not need to stand on any soapbox preaching what should and what should not be. A truly religious person knows that while people are separated by ideas, concepts, religion and philosophies, they are always brought together by their actions. Your actions have no voice, they make no great noise of their own; however, they are loud enough to be heard anywhere in the world and powerful enough to be understood no matter what language anyone speaks.





DAY 160 (4 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____
Card #2 Direct:_____Vertical:_____

"Happiness is an inside job." -William Arthur Ward

Person:

If inside is where all the power lies, then why is it so hard to stay centered inside and bring all this power outside?

Poetic Inspiration:

This is because you were not taught this from an early age. Yet, you will see, the more you practice, the better you become. There is the issue of overcoming all of your addictive behavior, yet once you have the tools and the conviction, in time, you will find happiness can be as simple as loving yourself more for where you are right now and letting everybody else off the hook for being human just like you.





DAY 161 (5 of 52):

Date:____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"If you like it, I love it." -Arthur Unknown

Person:

I love this quote because it's a reminder to release all judgment of what another wants for themselves, even if I don't agree for me.

Poetic Inspiration:

Yes, Dear Heart, to be able to love what someone else likes for themselves is the height of unconditional love. This is hard to do when you think their path is leading to a dead-end and they happen to be your good friend. Yet, if G.O.D. can do it, so can you. And how does G.O.D do it? By giving everyone access to the same universal principles of co-creation. It's up to each individual to use them as they may. One can create their personal Hay Day or May Day. This is what you all are really up to in this holographic simulation called life.





DAY 162 (6 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____
Card #2 Direct:_____Vertical:_____

"What's for you, won't go by you." -Scottish Saying

Person:

I first heard this quote when I was on my first ever Twitter meet up, and my person was so overwhelmed! I guess this applies to everything else in life right?

Poetic Inspiration:

When you are standing in the power of your present moment, it's true, what's for you, won't go by you. When you are staying in your lane and being aware of what is in front of you, then what's for you won't go by you. Yet, when you don't have a clue, and you're grasping and searching and yearning and wanting what has already been slated to come your way gladly, you get in your own way and fail to cease the day. As you come to understand that life is ready and willing to dance with you, all that is for you will come your way each and everyday.





DAY 163 (7 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

Person:

"A picture (and a proverb) is worth a million words."

Poetic Inspiration:

Your ancestors taught a lot with short, simple and powerful proverbs. They understood the fewer the words, the more impactful the message. They knew how to pass on these messages for generations to come in beautiful bite-sized doses that could heal any psychosis. This compact, compounded wisdom has forever held a citizen, a community and a country together.





DAY 164	(8 of	52):
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Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"I'm for truth, no matter who tells it. I'm for justice, no matter who it's for or against." Malcolm X

Person:

This is such a beautiful quote. To be able to honor justice in the face of other's biases has been my greatest challenge.

Poetic Inspiration:

You are correct in your knowing of this Dear Heart. This quote contains your most important lesson in life. The reason people have issues with truth and justice when it's not for themselves or their loved ones is because they truly believe there is something separate from G.O.D. and that they and other are truly separate. This fallacy in mankind's thinking will lead to its extinction; yet, it doesn't have to be your reality, Dear Heart. Do, Be, and Say what you must to fulfill your mission here on this Earth plane, and you and everyone you touch will never be the same.





DAY 165 (9 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____
Card #2 Direct:_____Vertical:_____

"Let wisdom be your guide and common sense your pattern." -Rich Johnson

Person:

In these days, common sense ain't common, and wisdom has left the building. How do we bring them back?

Poetic Inspiration:

If you are courageous and committed, then it doesn't take much. Just by getting in touch with what is real inside of you and letting go of pretense, in comes common sense! And just by opening the present moment's door, wisdom soon flows in for you to explore in a way you can't ignore.





DAY 166 (10 of 52):

Date: _____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Faith and fear are beliefs in what hasn't happened- you just need to choose which one."
Bob Proctor

Person:

Bob makes it seem so simple; yet, it doesn't seem that easy at the crossroads!

Poetic Inspiration:

And that's why being more and more aware gets you there. Being aware at every moment helps you to see just how simple it can all be. Awareness becomes much easier when you can face all your character traits without judgment and love yourself anyway. Just by being aware of what you are up to when you decide to have faith or to serve up fear is a major step in your process. Continue to choose what you will without personal condemnation and see how you grow in faith and patience.





DAY 167 (11 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

Person:

"It's funny how what we judge in others, we rationalize in ourselves."

Poetic Inspiration:

Rationalization is what the mind does best. By befriending the present moment and gaining access to your heart space, you see how everyone is in the same place--*until they are not*. What separates you from the rest of humankind are the lower frequencies of judgment and rationalization that exist in the mind. You are becoming so much wiser than that Dear Heart.





DAY 168 (12 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"In order to exist within the highest realm of love, one must exist within the highest realm of truth." -Sadiki Bakari

Person:

Isn't there just one frequency for love? Can't my truth be different from another's truth and yet with love it's all the same?

Poetic Inspiration:

That's an excellent question to ask Dear Heart. The truth may look different or express itself differently for different people; yet, one thing is for sure, when you grow stronger and stronger, in cycles and cycles in your brand of truth, the love gates open wider and wider. The whole world responds to love. Love makes magic happen in higher and higher frequencies, and that is what matters at the end of the day, Beloved.





DAY 169	(13	of 52):	:
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Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Few are those who see with their own eyes and feel with their own hearts." -Albert
Einstein

Person:

I'm just now feeling the full force of these words as I begin to live my life more and more from my center.

Poetic Inspiration:

Isn't it amazing and scary at the same time? Yet, as you know, vulnerability is the gift you give to others when you love yourself. Your brand of self-love is allowing you to dance to the beat of your own drum more and more. It becomes obvious, in this space, to see what is right in front of you clearly because the clamor of everyone else's demands, fears and expectations begin to have no bearing on your Bee-ingness. This is the true definition of finesse.





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DAY 170 (14 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"If thou be wise, thou shalt be wise for thyself; but if thou scornest, then thou alone shalt bear it." -Proverbs 9:12

Person:

This is a powerful reminder that self-righteousness has no place on the spiritual path.

Poetic Inspiration:

That's right, Dear Heart. Unless you want to bear the wrath of that which you've judged so harshly coming down on your head, it's better instead to acknowledge that what you do in wisdom's name has nothing to do with needing approval or fame *or* having someone to blame. The spiritual path is its own reward. What a beautiful era it will be when more people like you strive to live by this principle.





DAY 171 (15 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____ Card #2 Direct:_____ Vertical:_____

"Truth came to the market but could not be sold; however, we buy lies with ready cash." -**Ghanaian Proverb**

Person:

One of my favorites! What lies behind the appeal of lies for us humans?

Poetic Inspiration:

The appeal of lies is in what it disguises. Lies disguise man's need to be right in the eyes of society. Lies disguise woman's insecurities without having to address her impurities. Lies give you what you want and not what you need, and to break this spell, you have to be willing to see and hear what truth is trying to sell.





DAY 172	(16	of 52)):
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Date:	
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DAILY CARDS:

Card #1 Direct:	Vertical:
Card #2 Direct:	Vertical:

"Three things cannot be long hidden: the sun, the moon, and the truth."-Buddha

Person:

Amazing quote! I feel like I've been hiding from speaking my truth for so long. It's reassuring and frightening at the same time to know it can't stay hidden forever.

Poetic Inspiration:

In cycles and cycles, everything changes Dear Heart. Truth crushed to earth shall rise again it is said. Your brand of truth gives so much promise to the youth. When the truth gates are fully open in your awareness, allow it to flow with grace and divine guidance. It's what you came here to do, and honoring your cycles of truth will enable them to expand and last a little longer and be a lot stronger every time.





Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"All I have seen teaches me to trust the Creator for all I have not seen." -Ralph Waldo
Emerson

Person:

Amen! I've seen so many miracles in my life, and even though I know everything is okay, it takes a while to pull my person out of the grips of disappointment when things don't go as planned.

Poetic Inspiration:

Being truthful about your person's feelings has the power to transform. Being honest enough to look closely at what your person goes through and speak it out loud is an act of empowerment. Denying any form of disappointment is an act of suppression that will eventually take root and teach you an unwanted lesson. There is nothing wrong in admitting any thoughts or feelings of disappointment. When you know where the bulk of your focus and trust lies, it only serves to fuel it.





DAY 174 (18 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Happiness is the absence of striving for happiness." -Chuang-Tzu

Person:

So much easier said than done!

Poetic Inspiration:

It's the easy things that scare you the most Dear Heart. It's so much easier to drop a 50-pound bag of doubt than it is to pick it up; but, because you are afraid of whatever is in that bag coming true, you hold on to it for dear life, so it doesn't unleash on you. When you can let go of all the judgment inside your head about letting it go, your life will instantly start to flow- until the next go around. Practice and persistence are what makes it become second nature to *bee* what is innately natural to you.





DAY 175 (19 of 52):

Date:____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"If you are happy, I am happier." -Master Chunyi Lin

Person:

This is exactly how I feel for my friends, but a little harder to conceive for my person's enemies.

Poetic Inspiration:

Being happy to see others happy, no matter who they are, involves existing at a heart space vibration that transcends personal gratification. Happiness, true happiness, is a gift that keeps on giving, allowing everyone to expand and grow and experience what they came here to experience. No matter your person's judgment of what makes another happy and at whose apparent expense, it makes no sense walking down that road. Focusing on the concept that this whole universe is G.O.D. experiencing Itself via Its Creation allows you to be happier and happier as your wisdom grows, in cycles and cycles.





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DAY 176 (20 of 52):

Date: _____

DAILY CARDS:

Card #1 Direct: _____ Vertical: _____

Card #2 Direct: ____ Vertical: ____

"Honesty is the first chapter in the book of wisdom." -Thomas Jefferson

Person:

Honesty has led me down some dark tunnels in life; yet, one thing is for certain, the wisdom gained from hard-earned experience has always been the light waiting on the other side.

Poetic Inspiration:

Honesty is the tool that transforms fools into Kings and Queens. It allows your Shero's Journey to be a noble cause worthy of applause. Honesty washes away filth and ulterior motives from within and without, leaving no doubt as to the sincerity of everything in your sphere. When you have it in your home and heart, be happy that it's there!





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 DAY 177 (21 of 52):

 Date: _____

 DAILY CARDS:

 Card #1 Direct: _____ Vertical: ______

"Travel is fatal to prejudice, bigotry and narrow mindedness." -Mark Twain

Card #2 Direct: _____ Vertical: _____

Person:

This is a quote you truly have to experience first hand to understand.

Poetic Inspiration:

It's amazing how travel allows the mind to expand and the heart to connect across water and land. I remember clearly when the magic of travel took its roots in your heart and mind, and now you haven't looked back. Travel has allowed you to look deeper and deeper within to see how all of humanity is kin as you all share the same cover of human skin and come out of the womb of Earth where all life begins.





DAY 178 (22 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"The heart space is where the head, heart and emotions are one. Some mistake being emotional as the heart space." - Author Unknown

Person:

How can I more easily tell when I'm in my heart space?

Poetic Inspiration:

When you are totally inside your heart space, there is no mistaking because of the power and magic it instantly yields. There are different degrees of being centered in the heart, and the further you go, the more you know. Just like being immersed in the water at the beach. You can go up to your waist, neck or head and be totally in. You can doggie paddle or free dive. When you're fully in your heart space, life will flow more freely, and you'll feel more alive.





DAY 179 (23 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"The fewer the focus, the faster the frequency formalizing." - Author Unknown

Person:

Good advice for a conscious co-creator!

Poetic Inspiration:

Focus is everything. When you can narrow your focus while existing on a higher frequency of happiness, acceptance and G.O.D.-made food, then formalizing is much faster. When you're not focused or unclear on what it is you desire to manifest, that translates into stagnation station in every location.





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DAY 180 (24 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____ Card #2 Direct:_____ Vertical:_____

"Be happy. It's one way of being wise." -Sidonie-Gabrielle Colette

Person:

Every time my person begins to believe that happiness is overrated, I'm always brought back into the reality of this quote.

Poetic Inspiration:

Wisdom Dear Heart is remembering where you started before mankind and conditioning came in to tear you apart from that space of heart happiness. So it stands to reason that you'd be wise to search for that place of happiness in everything you do. The challenge becomes not to follow the crowd looking for happiness outside of you! Wisdom comes when you relearn how to re-enter that space of the heart where true happiness resides.





Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____
Card #2 Direct:_____Vertical:_____

"I love you, and because I love you, I would sooner have you hate me for telling you the truth than adore me for telling you lies." -Pietro Aretino

Person:

Man, Woman and Child! This quote is enormous.

Poetic Inspiration:

It's just as enormous in its impact as it is in its delivery. Wisdom is learning to be equally effective in your delivery without compromising your truth. It's what you came here to master. Despite what others are used to, you *must* be YOU. When you're in your heart space, your love will shine through, severing all connections that were meant to leave.

Give Thanks.





DAY 182 (26 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____
Card #2 Direct:_____Vertical:_____

"All the facts in the world don't add up to the truth." -- Eric Francis

Person:

So if facts don't add up, what does?

Poetic Inspiration:

Good question. Facts have an important place in reality, but taken out of context by the trickster part of the mind will leave you far behind. What adds up to the truth is remembering the heart space of your youth *before* the perception of heartbreak caused by another taught you the ways of untruth. Living in the heart space allows all the facts to fall in their proper place, bringing a youthful smile back on your face.





DAY 183 (27 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Truth and fear are one in the same. Both are ignored and rarely confronted." -Sadiki Bakari

Person:

So amazingly true! I'm wondering what it takes to confront truth and fear?

Poetic Inspiration:

The short answer Dear Heart is the courage to face the shadow within and enough humility to admit to whatever is confronted. The longer answer is different for everybody and requires an understanding of the cycles and opportunities that constantly arise in each life. That's why understanding your life path and cycles allows you to take advantage of making better choices.





DAY 184 (28 of 52):

Date:	
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Date.	

DAILY CARDS:

Card #1 Direct:	Vertical:
	
Card #2 Direct:	Vertical:

"How does it get any better than this? What else is possible?" -Gary Douglas

Person:

This Access Consciousness phrase has been my go-to phrase when times get hard. It's pure brilliance how powerful a question can be to change a condition instantly.

Poetic Inspiration:

It's obvious and natural Dear Heart that all questions would seek the balance of an answer. That's why it is so important to ask the question that seeks the most favorable response. The questions that probe the depth of happiness, abundance and imagination are the questions that serve you best.





DAY 185 (29 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____ Card #2 Direct:_____ Vertical:_____

Person:

"Be careful of what you judge, because you just might become it."

Poetic Inspiration:

If judgment is what leads you down the road of misery, then acceptance is the route that gets you out. Accepting what is doesn't mean you condone what you don't value. Yet, it does mean you allow it the right to be in existence. Acceptance doesn't mean you have to open the door to an unwanted guest in your home, yet it does mean you don't have to call the police or shoot them dead for knocking. The simple act of not answering will eventually lead to them naturally going away.





DAY 186 (30 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"No act of kindness, no matter how small, is ever wasted." -Aesop

Person:

This is a reassuring quote. Anything else I should note?

Poetic Inspiration:

You have known this all of your life, Dear Heart. It's the reason you share your wisdom and knowledge and open your heart and mind to every other "yourself" that you gravitate to. You understand that everyone is an aspect of G.O.D. experiencing Itself through Its Creation and with that knowledge comes the over-standing that whatever you put out is also what you get back, eventually.





DAY 187 (31 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_	Vertical:
Card #2 Direct:	Vertical:

"Well, I have considered myself to be very fortunate in that I have been able to do mostly only that which my inner self told me to do... I am also aware that I do receive much criticism from the outside world for what I do and some people actually get angry at me. But this does not really touch me because I feel that these people do not live in the same world as do I." -Albert Einstein

Person:

I feel I could have written these words myself!

Poetic Inspiration:

Being in your own reality in the face of everyone else's and managing to still be happy is what you are really after in this life. Being in your reality requires following your inner guidance and making a full-time profession of being centered in Self. What people think and the negative emotions they display is only part of the play. How you choose to react allows you to co-create your reality each and every day.





DAY 188 (32 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____
Card #2 Direct:_____Vertical:_____

"When you tell the truth, your story changes- and when your story changes, your life is transformed." -Mark Matousek

Person:

I guess this is constantly happening in cycles and cycles, isn't it?

Poetic Inspiration:

The more aware you become of your choices and motivations, the more your story changes based on that truth. It is the journey that transforms your life in cycles and cycles as it was perfectly designed to do. You also begin to see that your truth changes when you become courageous and accepting enough to embrace the challenges that are brought into your life tailor-made for your constant deliverance.





Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"It's not what you have, but who you become that's important." -Author Unknown

Person:

Is who I am becoming a result of what I have and desire to have?

Poetic Inspiration:

Who you are becoming is who you already are. It's just that you're not allowing that persona to shine its light of love more brightly. As you get over your initial fright of letting in that much light, everything becomes alright in your life. Life just wants to run its course through you and within you in a natural flow that requires letting go of thinking that you require anything you desire.





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 DAY 190 (34 of 52):

 Date:_____

 DAILY CARDS:

 Card #1 Direct:_____ Vertical:_____

 Card #2 Direct:_____ Vertical:_____

Person:

"You can't hate and judge a thing without helping it grow and live, but you can accept and (slowly) embrace its existence to understand its divinity and purposefulness as a catalyst and gatekeeper to your happiness."

Poetic Inspiration:

Your words are well written, Dear Heart. You feed what you continue to see as your adversary. Instead, see it as the needed seed that gives birth to your special brand of happiness. This inner magic takes a perceptional shift in consciousness that leads to an alternate reality you'll find joy existing in.





DAY 191 (35 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____
Card #2 Direct:_____Vertical:_____

"Success is a journey, not a destination. The doing is often more important than the outcome." -Arthur Ashe

Person:

So does the journey ever end?

Poetic Inspiration:

When the questions end, then the journey ends. As long as you have questions and desires as to how you can take it higher, then the journey continues. It's a never-ending journey only because your questions and desires continue in cycles and cycles. The better question to ask is if the struggle and strain ever end. Journeying is meant to be joyous, even if you meet with challenges and obstacles along the way. Success comes in staying present in the moment and enjoying the journey until the very end.





DAY 192 (36 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____
Card #2 Direct:_____Vertical:_____

"Your true reality is achieved when the gift of who you are is honestly shared with others." -W.U. Wei

Person:

Honesty is the word that stands out most in this quote for me. How can I do a better job sharing my truth with the utmost honesty?

Poetic Inspiration:

You must show up every day Dear Heart. You must stay the course by staying present. It's just as simple as that until it gets simpler. The longer you are on the path, the further along you get in reaching that state. Your present state of mind allows you to leave dishonesty far behind and to gift humankind with a love Divine.





DAY 193 (37 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Make all conditions serve you, for that is what they are here to do. They are an experiential field created wholly for your engagement, self-discovery, and learning."
David Cameron Gikandi

Person:

The world is a wonderful place when I remember this quote.

Poetic Inspiration:

And so what is it when you forget my Dear Daughter of the Light? What else can it be, except whatever you judge it to be? This quote is the true definition of equanimity. Whether you remember or you forget; you are in the best place yet- a planet that is getting ready to reset. The conditions and concerns that confront you are tailor-made to guide you through to do what you already know is what you came here to do. Acknowledge this, embrace this and live in this world without regrets!





DAY 194 (38 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"The best way to prepare for life is to begin to live." -Elbert Hubbard

Person:

Since I'm technically already living, what's your definition of living well?

Poetic Inspiration:

Letting go of the mental and emotional restrictions that you're afraid to even though you know in your heart they are limiting you. This is the best definition of living well. And as you already know, this can only happen in cycles and cycles. One leads to another and then another and opens one door and then a next door and then a next. Before you know it, you find out from direct experience that G.O.D. and your guides never give you more than you can handle. Then you become invincible!





DAY 195 (39 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Moral indignation is jealousy with a halo." -H.G. Wells

Person:

I'm not sure if I agree totally with the jealousy or halo part of this quote. What's your take?

Poetic Inspiration:

Moral indignation has been looking for a home for eons. It does not abide full time in the house of jealousy, nor does it always maintain the higher frequency of a halo. It is reactionary based, and not all reactions are to be considered good or bad. What matters most is your motivation for moral indignation, and it is here where the mind can trick you most easily when you exist outside the heart space.





Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"You are not your conditions; you simply cause them." - David Cameron Gikandi

Person:

Wonderful point that seems pointless to share with some people and hard for my person to remember under pressure.

Poetic Inspiration:

Focus less on people and pressure Dear Heart and put your attention on purpose and principles. The main thing to remember is who you are- a spiritual being that has come here to have a human experience. All your essential truths that create the conditions of your reality come from this over-standing. This allows you to live your life by universal principles that guide and inspire you and others like a star in the night. Give Thanks.





DAY 197	(41	of 52)	:
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Date:____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____
Card #2 Direct:_____Vertical:_____

"Life is a moving, breathing thing. We have to be willing to constantly evolve. Perfection is constant transformation." -Nia Peeples

Person:

I'm beginning to over-stand how important and unavoidable spiritual evolution is and the host of challenges I create when I get in the way?

Poetic Inspiration:

Dear Heart, your direct lineage came from a host of spiritual overseers that fell from grace in the forgetting of this quote. Is it any wonder you and the rest of humankind would be challenged in the face of this as well? Yet, you have an opportunity to transcend genetics and serve as a proxy for the healing and benefit of all other "yourselves." It's true, your perfection lies in your ability to keep moving and evolving on every level of existence.





DAY 198	(42	of 52):	:
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Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Correction does much, but encouragement does more." - Goethe

Person:

Great point. Any thoughts on how to blend the two together even better?

Poetic Inspiration:

Yes. Don't be afraid to flow with however it goes. Don't let ego prevent you from being gentle, and don't let softness get in the way of being stern when the time calls for it. A bird can not fly with only one wing. You need a tune *and* your vocal instrument to sing, so with correction and encouragement, it's the same thing.





DAY 199	(43	of 52)):
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Date:	

DAILY CARDS:

Card #1 Direct:	Vertical:	
Card #2 Direct:	Vertical:	

"The reality is, race is an ILLusion, yet many live their lives based on the ILLusion that race is a reality." -Sadiki Bakari

Person:

How would my life look like if my person lived like the race wasn't real?

Poetic Inspiration:

Dear Heart, it would look a lot like how you are already living right now. You over-stand race to be an ILLusion...that is until someone shows you through their actions otherwise and then you react. Your power lies in your ability to stay in your heart space regardless of other people's false pride, prejudices, hidden agendas and subconscious programs. You can see all of this within yourself and others and have the courage to act like none of it matters while upholding the truth based on justice and love.





DAY 200	(44	of 52)	:
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1 13+0.	
Date:	

DAILY CARDS:

Card #1 Direct:	Vertical:
Card #2 Direct:	Vertical:

"Do not try to approach God with your thinking mind. It may only stimulate your intellectual ideas, activities, and beliefs. Try to approach God with your crying heart. It will awaken your soulful, spiritual consciousness." -Sri Chinmoy

Person:

G.O.D. is truly something to be experienced within and not conceptualized from without.

Poetic Inspiration:

G.O.D. is true only because G.O.D. is within you. It's the force that allows you to digest food, become pregnant and have a child. You are experiencing G.O.D. in these physical acts that work through you. However, you can also experience G.O.D. spiritually awakening in you and exude outward in your experiences, just as sure as when you feel the call of nature to go to the bathroom or the bedroom. All these experiences are reality and can't be intellectualized for long. Once that soulful, spiritual consciousness is awakened, there is nothing left to do, but to allow it to guide you.





DAY 201 (45 of 52):

Date:

DAILY CARDS:

Card #1 Direct:	Vertical:	
Card #2 Direct:	Vertical:	

"A great teacher never strives to explain his vision- he simply invites you to stand beside him and see for yourself." -Rev. R. Inman

Person:

It's an amazing mystery to witness this magic happen beside a master. What's the secret to becoming more of a success in the process?

Poetic Inspiration:

First, you must have a vision Dear Heart that comes from your soul and yearns to be expressed solely for the joy of expression. This vision should care less about the need for approval or the need to impress and more about perfecting its craft and delivery. By embodying this vision, you exude it in everything you do. It pours out of you and for whoever is in close proximity, it's bound to come through.





DAY 202 (46 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"We're taught to be ashamed of confusion, anger, fear and sadness, and to me, they're of equal value to happiness, excitement and inspiration." -Alanis Morissette

Person:

Let all the emotions in is what I say. What do you say?

Poetic Inspiration:

I say that you are more than right for having that insight. Everything that comes forth in your life makes you stronger and more poised to enjoy the frequency of happiness. When you can sit in the middle of any emotion and every situation without judgment, it frees you up and lifts you up to experience a healthier brand of happiness at a higher octave.





DAY 203	(47 of 52):	
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Date:	
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DAILY CARDS:

Card #1 Direct:	Vertical:		
Card #2 Direct:	Vertical:		

"If applied knowledge is power, as they say, imagine what applied wisdom would be..." --Sadiki Bakari

Person:

Wonderful! I like where Sadiki is going with this quote. Any wisdom to add for my application in life?

Poetic Inspiration:

Applied knowledge is partly the power of wisdom because wisdom wouldn't be wisdom if it couldn't be applied in your life. Applied wisdom is also the ability to master the power that comes out of the strength gained from applied knowledge, which is something a lot of people don't focus on until it's too late. They spend so much time on becoming wealthy instead of mentally, emotionally and physically healthy. They thrive on being strong and feared instead of honored and respected. Applied wisdom takes into consideration who you are being and enjoys every aspect of the journey, while applied knowledge focuses on what you are doing and solely on the final destination.





DAY 204 (48 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"The world is your playground. Why aren't you playing?" -- Ellie Katz

Person:

What are some of the main pitfalls to playing more frequently?

Poetic Inspiration:

Your frequency determines how frequently you play every day. The good news is you can change your frequency as easy as you change the station to your radio, once you learn how and have the wisdom and commitment to do so. Becoming aware of weapons of mass distraction and what takes you out of the present moment is monumental. Playing with a happy heart is natural to your being; yet, you live in a world with a legacy of unnatural left to you by your ancestors. By staying in the present moment, you can serve as a proxy to heal this Dear Heart.





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 DAY 205 (49 of 52):

 Date:_____

 DAILY CARDS:

 Card #1 Direct:_____ Vertical:_____

 Card #2 Direct:_____ Vertical:_____

Person:

"By facing negativity, I'm better able to understand what there is to be happy about."

Poetic Inspiration:

And that would be everything! Love is to be Happy with. Love knows that positivity and negativity can not exist without the other. Love is choosing to focus your attention on that which feeds life and keeps you in the heart space. And to do this, you use both negativity and positivity in the right ratio to create your reality.





DAY 206	(50 o	of 52):
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Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Too much of a good thing is wonderful." -- Mae West

Person:

Ha Ha! So according to this quote, there is no such thing as too much. Would you agree?

Poetic Inspiration:

Not in the way most of you think of too much. You are an abundant being with infinite possibilities. Yet, since you are running programs of limitation passed down to you when you run up against those programs, you begin to self-destruct. You can choose another way, where the programs of tomorrow outsmart the programs of yesterday, as you stay in your heart space today.





DAY 207 (51 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____
Card #2 Direct:_____Vertical:_____

"I refuse to accept the view that mankind is so tragically bound to the starless midnight of racism and war that the bright daybreak of peace and brotherhood can never become a reality... I believe that unarmed truth and unconditional love will have the final word." - Martin Luther King, Jr.

Person:

They will when more and more light beacons shed their baggage and shine their light.

Poetic Inspiration:

The beauty of being a spiritual being in a human body is the opportunity to bring heaven to earth and to exist in both places while not being attached to either one. Use them like the different colors in your wardrobe. Use them like a stove and fridge to prepare and preserve your food everyday. Magic comes when you stay present with all your feelings and allow them to come up and out as needed. Keeping your vessel clear allows room for higher guidance and to be in alignment with whatever comes next.





DAY 208 (52 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____ Vertical:_____

Person:

"Time AND Happiness wait for no one."

Poetic Inspiration:

So true Dear Heart. Everything has a cycle, and when the spirit of happiness decides to visit you, there is nothing you can do to persuade it to take a rain check and come back when you are freer. Nor can you bribe it to stay longer past its time of visitation. The truth is your essential nature exists in a state of perpetual happiness; yet, just like time, the only way it seems to stand still is when you stay centered and present in your heart space where timelessness and true happiness abide.





Chapter 10: Saturn Period-Your Integrity



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Keywords & Phrase:

Preparing Karmically

Foundation, Lessons, Discipline, Boundaries, Career, Parents, Death, Debt

I Am Declaration Phrase:

"I Am Experiencing/Exuding"

Conscious Co-Creation Step:

Stay Present with Presence-Releasing the Need for Approval and the Need to Impress

Universal Principle:

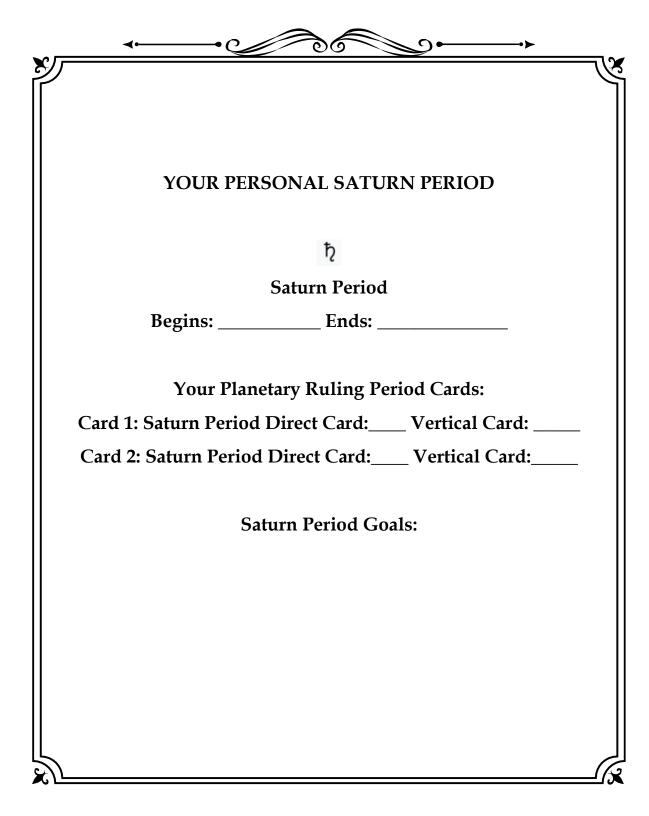
Now Is the Moment of Power

Question to Ask for Saturn Period:

How can I stay focused, committed and self-assured about what I'd like to consciously co-create?

"Opening to" Statement:

"I Am Opening to Clearing Past Debt and Moving Forward with Presence and Integrity"





DAY 209 (1 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____
Card #2 Direct:_____Vertical:_____

"Ambition can creep as well as soar." -Edmund Burke

Person:

I love this quote because it reminds me that everything happens at the divine time.

Poetic Inspiration:

Step by step is how things progress on the Earth plane. Repetition is an important part of the process Dear Heart, and it has taken you many long years to appreciate this. In the past, you've always wanted things to happen way before their time instead of enjoying the journey right now. Yet, all of that has changed now, and you are more in alignment with building a foundation while maintaining a sense of happiness and contentment that has nothing to do with progress and everything to do with perception.





DAY 210 (2 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_	Vertical:
Card #2 Direct:	Vertical:

"A true elder's insight is as important to the next generation of men and women, as breast milk is to a newborn baby." -- Sadiki Bakari

Person:

My person has felt let down by my elders. How am I able to identify a true elder?

Poetic Inspiration:

A true elder is what a true elder does. If they inspire you by sharing their story, if they guide you by demonstrating their knowledge and wisdom, if they uplift instead of tear down with their word sound, then they can be considered a true elder. If they can acknowledge they are not perfect and refuse to hide behind a made-up cloak of perfection and invincibly, then you can be happy to hear and take heed. Yet if they demand respect solely because of their age and not because of their demeanor and demonstrated motion of carrying unconditional love's magic potion, then there won't (and shouldn't) be much devotion.





DAY 211 (3 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"To thine own self be true, and it must follow, as the night the day, thou canst not then be false to any man." -Shakespeare

Person:

This is ultimately my favorite Shakespeare sentence! Anything to add?

Poetic Inspiration:

Everyday, you must wake up asking how you can continue making choices that are true to you. How can you be your authentic, original self and not a carbon copy of anyone else? The more you probe this question, the more your relationships will reflect this honesty and people will either be pleased and stay around or be pissed and get out of town. Either way, it's a great task when you can elicit that kind of honesty in others by eliciting it within yourself.





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DAY 212 (4 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____ Card #2 Direct:_____ Vertical:_____

"No matter how great the talent or efforts, some things just take time. You can't produce a baby in one month by getting nine women pregnant." -Warren Buffet

Person:

Exacto facto! The more I stay in the present moment, the more I am aware of the built-up anxiety my person carries when it feels something is taking too long.

Poetic Inspiration:

Many years of "Grand Prix" programming can be eradicated when you stay in the present moment. That's why we never get tired of reminding you to Be Here Now. It's here, and now where your lessons are learned, wisdom and insights are gained and your character is build so that you are a more effective force for good in the world.





DAY 213 (5 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____ Vertical:_____

"Well done is better than well said." -Benjamin Franklin

Person:

With that said, what else is there to say?

Poetic Inspiration:

Saturn would most likely say that to talk less, is to know more, to act and do is when you soar. Yet, don't act outside of your heart space, for that in itself is a degenerative place. Act on your inspiration, act when you have the motivation and even when it's not there, yet the message is clear. Make it a habit to act at the right time and in the right space and the need to talk instead of walk will become less and less appealing, making your truth more and more revealing.





DAY 214 (6 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____ Vertical:_____

Person:

"A little each day is better than nothing any day!"

Poetic Inspiration:

Keep on trotting along Beloved. Sometimes you set yourself up for disappointment when you pile so much on your plate, and it doesn't all get eaten in the course of the day. You're finally starting to see without judgment how you can put those leftovers in the fridge of tomorrow for another day. Everyday, when you get up and show up and take whatever steps you are motivated to take is a great accomplishment!





DAY 215 (7 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"It is not who is right, but what is right, that is of importance." -Thomas Huxley

Person:

Yet what if both parties truly disagree on what is right? How do you resolve that argument?

Poetic Inspiration:

What is right is always simple, yet the importance of being right usually overrides this simplicity. Being outside of the heart space is the biggest impediment to conflict resolution. This is a beautiful time to live, though. You have an opportunity to *Be Here Now* and allow that to shift the frequency within friends and foes around you because you have changed the frequency within yourself.





DAY 216 (8 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Character is the ability to carry out a good resolution long after the excitement of the moment has passed." -Cavett Rob

Person:

This is a big challenge to my Sagittarian self. Any suggestions?

Poetic Inspiration:

Trust. Be true to your mission and listen. Listen and trust where you are being guided to go, to do, to *bee* and to see in this moment of eternity. You are right where you need to be. As you stay the course, your fear is released, and your anxiety will cease. Suddenly, a new type of character is formed that weathers the storm and goes entirely against the norm.





DAY 217 (9 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"To give yourself the best chance for survival, fill your head with accurate information, fill your hands with skill, and fill your life with experience." -Rich Johnson

Person:

This is easier said than done.

Poetic Inspiration:

Once you are committed to your vision and have a clear awareness of all your doubts and distractions, you have a gold mine. Standing in the presence of all these inner and outer impediments without judgment allows the right information, skills, and experience to gravitate into your life. It's not a question of the lesson or even the experience, it's all about the sincerity of your intentions that this type of commitment affords.





DAY 218 (10 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"A man of personality can formulate ideals, but only a man of character can achieve them." -Herbert Read

Person:

What more to say?

Poetic Inspiration:

Character is built in the body by staying present with presence at the crossroads and facing your biggest fears. Character is nurtured by speaking your truth to the elders and the youth while staying in your heart space. Character is no stranger to hard work and struggle; yet, it also keeps company with inspiration and effortless flow. You build character by caring more about completion and less about the conflict, competition and changing cycles along the way.





DAY 219 (11 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Destiny has two ways of crushing us- by refusing our wishes and by fulfilling them." Henri Frederic Amiel

Person:

Deep! Yet does destiny truly crush anyone, or is that just based on our perception?

Poetic Inspiration:

If your lower self is disconnected to what your Higher Self is up to, then yes, your person can be crushed by either fulfillment or refusal of your wishes. Yet, when you make contact with the Divinity within, you can clearly see that destiny has your front, back and center and is always searching for ways to make life better based on the purpose that you came here to experience. Trust and know Dear Heart that you are never left alone.





DAY 220 (12 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Should is a shortcut to shame." - Author Unknown

Person:

I love it! Or hate it rather.

Poetic Inspiration:

Whether you hate it or love it, the key to releasing the shame that often arises in the background of every 'should' that you place on yourself and others is acceptance. Unconditionally loving, approving and accepting where you and others are at along the spectrum of fear and courage, hate and love, and joy and pain is the shortcut to shine.





DAY 221 (13 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____
Card #2 Direct:_____Vertical:_____

"The highest reward for a person's toil is not what they get for it, but what they become by it." -- John Ruskin

Person:

I've learned to appreciate these words more as I get older and hopefully wiser.

Poetic Inspiration:

Yes, Dear Heart, you have become wiser with age because you are beginning to understand why you even came here in the first place. It wasn't to accomplish material things independent of mastering mental, emotional and spiritual life lessons and experiences. You came here to mold your soul with the wisdom of old and shine your light during humanity's last hour. And believe me, becoming what the next generation can look up to is worth all the toil and torment when your integrity is intact.





DAY 222 (14 of 52):

Date:

DAILY CARDS:

Card #1 Direct:	Vertical:	
Card #2 Direct:	Vertical:	

"We must all suffer one of two things: the pain of discipline or the pain of regret or disappointment." -Jim Rohn

Person:

These are some hard words to swallow when it comes to the discipline of writing everyday.

Poetic Inspiration:

Love yourself, Dear Heart, even in the face of this. Even though your person feels it has been suffering the pain of regret more so than the pain of discipline, you must love and accept yourself unconditionally. Think of all the wisdom gained through the process of procrastination and distraction. There are many things you are discovering as you love yourself more instead of beating yourself up for not accomplishing what your person wanted to when it wanted to. When you love yourself more, pain doesn't register as suffering. It becomes an opportunity for transformation.





DAY 223 (15 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

Person:

"G.O.D. gives your Higher Self what it needs, and the devil gives your Lower Self what it wants. As long as you see the Higher and Lower self as disconnected, you see the devil and G.O.D. as separate entities, when in fact, they are two sides of the same coin. They are two phases inside one grand cycle of which you've already played each role (a million times over)."

Poetic Inspiration:

These words may seem sacrilegious to some and brilliant to others, yet what matters most is how your mind is expanding past the limitations of a society and a worldview that isn't serving you. How you see the world determines how you react and interact in the world.

Do you see the "G.O.D. dust" in every entity in existence? Do you see the beauty of existence and the exhilarating opportunity for your avatar to be here? Or do your thoughts and limiting beliefs have you wrapped up in a head space that doesn't allow you to enter into your heart space?





DAY 224 (16 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Age is not a number; it is a Gift, Time is not passing by; it is Present, Eternity does not await us; it is Here and Now" -Simran Singh

Person:

Lovely quote. How do we come to know this ageless, timeless place more intimately?

Poetic Inspiration:

Be okay with wherever you are, and then you are no longer there, Dear Heart. This is the process of becoming a master, and this is why Vipassana meditation does you well. Time and time again, you are brought back to the awareness of your breath, your body and the present moment without judgment, without frustration, only equanimity. You only get better and better Dear Heart, when you release the ambition to get "there" and be okay with what is- *until it isn't*.





DAY 225 (17 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"When your work speaks for itself, don't interrupt." -Henry J. Kaiser

Person:

Anything to add to this one?

Poetic Inspiration:

Your work is what you do until it becomes play to you. When you are in love with what you do, it shows, and you begin to attract the right people and opportunities to you naturally. Yet, to get to that place of your work speaking for itself, you must be committed to doing the work regardless of who is looking, judging, commenting or not commenting. Any neediness from you doesn't allow the love of your work to shine through. Master this and others can't help but notice you.





DAY 226 (18 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"I will know what I need to know when I need to know it. I will say what I need to say when I need to say it. I will do what I need to do when I need to do it." -Author
Unknown

Person:

This is exactly the space where I desire to live for the rest of my life. Any pointers?

Poetic Inspiration:

All you need to do is to relax into this space Dear Heart, then trust that this quote has the power to make magic happen. When you are writing with your left hand, in your right mind and breathing right, you can take the right stand for yourself and all of humanity while keeping your sanity





DAY 227 (19 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Time is what we want most, but what we use worst." - William Penn

Person:

Lately, I've been more aware of the reasons why I waste time because I've been observing myself without judgment.

Poetic Inspiration:

This is the key to breaking the cycle for sure! Having compassion for yourself allows you to see this much more clearly. Your person wastes time mostly because it is afraid of what you can become and the impact you can make in the world if your time was appropriately managed. There can be no true change until you have enough Self-Love to acknowledge this, and you are well on your way Dear Heart. Using your time efficiently is one of the greatest indicators of Self-Love.





DAY 228 (20 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"What really matters is what you do with what you have." -H. G. Wells

Person:

I know this statement is true whether one has a little or a lot. Anything else I'm missing?

Poetic Inspiration:

Being graced with a body is one of the greatest gifts of all; yet, when you take care of other people and all your possessions better than your own body, then self persecution prevails.

This magnificent body allows your soul, mind and spirit to be here on this plane to experience what you will. Your body has so many gifts it wants to share with you for your success. The secret to happiness is to love and care for your body as much as your body loves and cares for you.





DAY 229 (21 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____
Card #2 Direct:_____Vertical:_____

"The love that you withhold is the pain that you carry." -Ralph Waldo Emerson

Person:

I couldn't agree more. Yet, how do I open to love more freely, especially in the face of opposition?

Poetic Inspiration:

To love openly and freely can bring about feelings of vulnerability and vulnerability is the gift you give to another *only* when you love yourself. So naturally, the more you love YOU, the more you stop withholding love and the more you can look into the eyes of the "opposition" and see only yourself. This takes time and happens in degrees Dear Heart. Taking one step at a time on the journey of self-love allows for the dissolving of pain and the prospect of more love to be gained.





DAY 230 (22 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____
Card #2 Direct:_____Vertical:_____

"The biggest challenge after success is shutting up about it." -Criss Jami

Person:

So she who keeps her mouth shut is a master! Any suggestions?

Poetic Inspiration:

When you talk less, you know more. Yet, to get to that place of wisdom takes releasing a lot of old charge. The best way to do this is to put your mouth on "watch down" instead of "lockdown" and without judgment. Just observe with loving awareness all that comes out and even what goes into your mouth for whatever reason and it won't be long before a change of season.





DAY 231 (23 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____
Card #2 Direct:_____Vertical:_____

"Be who you wanna be, not who they choose to see." -Author Unknown

Person:

Amen, Amen!

Poetic Inspiration:

Aho! Aho! You have to have your own flow. Flow is impossible when someone else is running your show. And what does it mean to be you, Dear Heart? It means not allowing others subtle or not so subtle projections and programs to ring louder in your head, than what's emanating from your heart. It's as simple as that Beloved.





DAY 232 (24 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"A lot of people resist transition and therefore, never allow themselves to enjoy who they are. Embrace the change, no matter what it is, once you do, you can learn about the new world you're in and take advantage of it." -Nikki Giovanni

Person:

I love this quote, especially the part about the *new world*. Any insights?

Poetic Inspiration:

When you embrace the change that transitions afford, it's like waking up into a new parallel universe created from the shift in your frequency. You enter into this "vortex" of your creation, and you can enjoy all the goodies you had on layaway for oh so long. Claim your power to do this instead of letting the fear of change have you rearranging the furniture on the sinking titanic of your shadow.





DAY 233 (25 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____
Card #2 Direct:_____Vertical:_____

"Only he who knows what is enough will always have enough"-Lao Tzu

Person:

How do I know what's enough?

Poetic Inspiration:

This is a loaded question, Dear Heart. It's loaded because as a spirit having a human experience, you are loaded with all types of influences and desires, and they all grow and slow as you do. When you are accessing the part of you that desires to evolve spiritually, you intuitively know what is sufficient, even if it isn't easy. Yet, when you operate from that part of your being that exists outside your heart space, you are liable to be tempted into a web of confusion. When you're outside your heart space, it's harder to differentiate your personal needs, wants and desires and steer clear of thoughts and intentions that a lot of times aren't even your own. That's why it's best to stay in the heart zone.





DAY 234 (26 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

Person:

"I don't need to be right. I don't need to be wrong. I just need to be heard. A life fully felt and expressed is an ecstatic experience of G.O.D.'s sweetest caress."

Poetic Inspiration:

Wonderful Dear Heart! Such a beautiful way of expressing that G.O.D.'s greatest pleasure is to live through every part of you and each one of you. When you surrender to this role, life never gets old, you become bold, and your integrity can't be sold. You become a force for good, just like you knew you could! It's no longer a question of what you 'should' or 'shouldn't' do, it's only a matter of letting your light shine through just for the sake of being you.





DAY 235 (27 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Be mindful of how you release your negativity, so that it does not reflect back into your reality." -Deepak Chopra

Person:

Any pointers on this one?

Poetic Inspiration:

The best point I can make is for you to be mindful of where and who you point your finger at because you have three fingers pointing back at you at all times. When you focus on the negativity of a situation, person or establishment, it blocks your liberation and creates a reality you want to run from instead of run to. It's better to acknowledge your fear and frustrations while focusing on the freedom and fun that comes from shifting your perception.





DAY 236 (28 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Patience is the art of intelligent waiting." -HearthMath Institute

Person:

So is there ever a situation where waiting isn't wise?

Poetic Inspiration:

Good question, Dear Heart. As you know, intention is always the key to everything. How anything shows up in your life is based on your deepest intentions. Sometimes, you are more aware of your intentions and other times, they exist on a more subconscious level you're not so aware of. Yet, if you are in touch with what you are patient for, you'll have many good things in store. Having heart intelligence is the key to being patient in a way that serves your highest good.





DAY 237 (29 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:	Vertical:	
Card #2 Direct:	Vertical:	

"Because one believes in oneself, one doesn't try to convince others. Because one is content with oneself, one doesn't need others approval. Because one accepts oneself; the world accepts him or her." -Lao Tzu

Person:

Beautiful words. They are even more beautiful as actual character traits.

Poetic Inspiration:

Your whole life has been in the pursuit of developing these character traits Dear Heart. What I want to share with you is that you are becoming more and more in alignment with what you already are everyday. Your biggest challenge is to stop feeding all the things concerning your person that doesn't allow you to abide in the grace and wisdom of your heart space. That is where your work begins and ends Dear Heart. Staying in the present moment with presence is the greatest gift you can give the world, and it allows the world to give back to you in kind.





DAY 238 (30 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____
Card #2 Direct:_____Vertical:_____

"Your pain is the breaking of the shell that encloses your understanding." -Kahlil Gibran

Person:

This is so true and reassuring when I dare to confront my pain. Yet, what about those challenges where the pain is perceived as so powerful that my person is afraid to persist on the pathway?

Poetic Inspiration:

Breathe, stay calm and carry on Dear Heart. The only way out of the pain is to be *willing* to go through it. Once you are willing, you will see it was never intended to be like you imagined it to be. The mind created a monster of its own design. Love and accept yourself as you deconstruct this image one step at a time. You have only to see this clearly for true over-standing to be born.





DAY 239 (31 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Transitions themselves are not the issue, but how well you respond to their challenges!" - Jim George

Person:

And do you have a response to this quote?

Poetic Inspiration:

Everything you need to handle every transition exists within you, Dear Heart. Transitions are tailor-made to suite your transformation and transmutation. It's only an issue when you see yourself as separate from your Higher Self and all that it has already set up to co-create for your continued growth and evolution. You were not meant to be stiff and stagnant on this journey, Beloved. You were meant to move, at a minute's notice, out of any mindset or madness that doesn't serve you. You can respond to any challenge when you stay centered inside your body, and that is the only practice that matters.





DAY 240 (32 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"The Negro buys what he wants and begs for what he needs." -Dr. Kelly Miller

Person:

This is one of my favorites! People purchase based on what they value most of the time.

Poetic Inspiration:

It takes a while for people to realize when their words about their values are out of alignment with their actions of what they value. What you *buy*, what you *pay attention* to, how you *spend* your time and with whom say all that is needed to know about what your person values. Once you understand this contradiction, it's possible to shift gears with commitment and awareness. Awareness is most important because it allows you to see how it benefits *the mind* for you to be unaware of what you are really up to down here.





DAY 241 (33 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Be a reflection of what you'd like to receive. If you want love, give love. If you want truth, be truthful. If you want respect, give respect. What you give out will always return." -Kristen Butler

Person:

That's as simple as it gets. How could you make it any simpler?

Poetic Inspiration:

Know, Dear Heart, that you and the "other" are one. There can be no separation in your heart and mentality if you desire to make peace and justice a reality. This concept is not for the weak and pretentious. This is the way you must see reality (within reason), to allow the shift to happen in due season. At first, it's just a concept, yet with persistence, focus and transparency, it becomes a reality.





DAY 242 (34 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____
Card #2 Direct:_____Vertical:_____

"If you're going through hell, keep going." -Winston Churchill

Person:

Brilliant! It's good to know that you don't have to stop and get stuck.

Poetic Inspiration:

Hell takes on so many forms because there are so many ways your *mind* and *behind* can get stuck in this reality. When you are gifted with the knowledge and wisdom that you don't have to keep on being and acting and creating in the same way as yesterday, then you are truly set free. Keep acting on the positive opportunities provided by your heart space, and it won't be long before you are out of every hellish place.





DAY 243 (35 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Work hard in silence, let your success be your noise." - Frank Ocean

Person:

This is a very appropriate quote for where I'm at in my life right now.

Poetic Inspiration:

To keep quiet for a 10 of Diamonds like your person is a major task indeed. Yet you are at an advantage, for you know your true essence is not your sign, your card, your race or your gender. Your true essence is that piece (or peace) of G.O.D. that dwells within you as YOU and allows you to experience this realm called Earth. When you connect with this part of you, there's no need to seek approval or look to impress anyone *Diamond Heart*.





DAY 244 (36 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"No one should govern a nation that doesn't love themselves." -Author Unknown

Person:

So important in this day and age! What does this say about the masses when it comes to choosing a leader?

Poetic Inspiration:

It's a challenge to choose a qualified leader living in a society that has been brought up self-loveless. When the individuals of society decide to love themselves more, they will begin demanding, attracting and declaring it within their leaders as well. It makes no sense focusing solely on the inadequacies of the current President. It's better coming together with like-minded folks to focus on what you want to SEE and BEE in the world. Self (not space) is the final frontier! Committing to align your lower self with your Higher Self takes self-love like nothing else!





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DAY 245 (37 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

Person:

"The knowledge to master your weaknesses to make them strengths is important, but the wisdom to master the power born out of your strengths is even more important."

Poetic Inspiration:

What a powerful shift in your life it was Dear Heart when you worked yourself into the frequency of this quote. It took many years to shift your thinking and realize just how powerful you had become. The bigger task now becomes how wisely you wield this power in the world without inner or outer resistance. This wisdom is the stuff of initiates on the path to enlightenment. Acting on a different set of standards and principles is what guides you to your goals.





DAY 246 (38 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____
Card #2 Direct:_____Vertical:_____

"If your actions inspire others to dream more, learn more, do more and become more, you are a leader." -John Quincy Adams

Person:

Do you think the world is ready for more Feminine and Indigenous Peoples' leadership at this time?

Poetic Inspiration:

It matters not if they are ready, it matters only that you step into the role and hold it down steady. Society's lower nature never is ready for change. Within females and Indigenous leaders themselves, there is the call to embrace the change that is needed to work harmoniously together and to be heard more clearly within the world. All change starts within and then spreads outward in a way that gathers momentum and integrity when you view every "other" as a mirror of yourself.





DAY 247 (39 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"The more efficient a force is, the more silent and the more subtle it is." -Mahatma Gandhi

Person:

Powerful quote! To become more silent and subtle is the most important thing I can accomplish at this time.

Poetic Inspiration:

You naturally will come to this once you silence your mind and become fine with the process. When you release all grasping for the goal, the goal naturally unfolds and lays itself out before you. You become your own inner guru, with a brand of self-love that truly becomes you. It allows you to be okay with stillness and subtlety since there is no one to impress and no approval to gain. That's when your level of creativity and productivity becomes insane!





DAY 248 (40 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

Person:

"You have to learn to accept rejection AND reject acceptance."

Poetic Inspiration:

So many traps the ego sets in front of your person, yet none will prosper when you perceive from your center. You are the center of your universe, Dear Heart. No one's approval or disapproval can stop you from accomplishing what you came here to do. Live life on purpose Beloved, and you will find the only love and approval needed comes from within.





DAY 249 (41 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:	Vertical:		
C 1 112 D: 1	T7 (* 1		
Card #2 Direct:	Vertical:		

"Vitality shows in not only the ability to persist but the ability to start over." -F. Scott Fitzgerald

Person:

The starting over part is what my person has been keen on avoiding. Any words of wisdom?

Poetic Inspiration:

It's like what the modern-day mystic Almine has stated, "There is no point of arrival." When you truly understand this concept, then you will know that you are consistently evolving and growing into new aspects of your Divinity. Sometimes this quest requests that you start over from time to time. When you trust and surrender to the process, you grow wiser and wiser and resist change less and less. Starting over is mostly an issue when you are holding on to yesterday and not living today. Or you're trying to determine tomorrow without fully experiencing today. When you stay present with presence, you flawlessly integrate yesterday, today and tomorrow without any sorrow.





DAY 250 (42 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____
Card #2 Direct:_____Vertical:_____

"Honesty is an expensive gift. Don't expect it from cheap people." -Warren Buffet

Person:

Take that! Yet, isn't it true that when I am more transparent and honest, this allows others in my vortex to be so as well?

Poetic Inspiration:

Tis' true, being the best YOU creates a frequency for other's best self to shine through, yet you never expect it or reject it for that matter. You just focus on being the greatest and the latest version of YOU and allow whatever else to flow through. You are equipped to handle whatever variation of people's true colors are displayed while keeping judgment at bay.





DAY 251 (43 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"When people pay, they pay attention." - Chet Holmes

Person:

Amen! As an entrepreneur, my person's challenge is to overcome not asking for what I'm worth.

Poetic Inspiration:

You have come so far with this Dear Heart. Once you became clear on what you have to offer and just how much it has benefited yourself and others, it has become easier and easier for you to ask for what you are worth. This journey of discovering your worth and proclaiming it to the universe is a much needed part of the S/hero's Journey every entrepreneur goes through on their path to success. It rarely has to do with what you are charging. It mostly has to do with who and what you are attracting based on your energetic frequency around money and self-worth. When people pay you at the right price, it allows them to align more to your sage advice.





DAY 252 (44 of 52):

Date:

DAILY CARDS:

Card #1 Direct:	Vertical:		
C 1 112 D: 1	T7 (* 1		
Card #2 Direct:	Vertical:		

"The purpose of all challenges and obstacles are to reveal the hidden miraculous powers of the soul." -Author Unknown

Person:

Beautiful! Any more guidance around this one?

Poetic Inspiration:

Challenges and obstacles are the workout gym for the soul. This is part of the reason you came here, Dear Heart, especially at this time in history. You are here to mold and grow your perfect soul and add to the expansion of consciousness with each one of your successes. Don't ever forget this Dear Heart. Now that you have awakened out of your forgetfulness know that you have all of the tools within you to master each obstacle. Whether it's self-forgiveness, perseverance or just plain acceptance of what is. You are perfectly designed to handle it all.





DAY 253 (45 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Heaven is no higher than our head, and hell is no lower than our feet." -Author Unknown

Person:

Great way of saying that heaven and hell are both a state of mind!

Poetic Inspiration:

To know thyself is the only knowledge that sets you free out of the hell of your own making, allowing you to enter into the heavens of your essential nature. Once you free yourself from the false perception of who and what you truly are as an aspect of divinity, you begin to enter into the paradise of existing in your heart space. Every cell in your body begins to remember that your natural default setting is one of grace and happiness. Embrace any technique, pathway or practice that allows you to actualize this divine perception.





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DAY 254 (46 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"A man who wants to lead the orchestra must turn his back on the crowd." -Max Lucado

Person:

Encore! What a great analogy. This is what has to happen for anything to happen. Any more *notes*, I mean *words*, to share?

Poetic Inspiration:

More so than words, it's actions Dear Heart. This type of action takes not only courage but also vision. There is something you see that's possible, and it is up to YOU, the one who holds the vision, to see it through. Many will not understand you, yet it's not dependent on them to see this through. Have faith, courage and wisdom on your Shero's Journey. You will end up just fine on the other side of the song Dear Heart. Give thanks!





DAY 255 (47 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"To gain prosperity tomorrow, we must focus on excellence through individual and community empowerment today." - Moleto Smith, Jr.

Person:

I love this quote from my brother's political campaign. He nailed it.

Poetic Inspiration:

Change happens gradually based on who you are being and what you are thinking, saying and doing today. Today is the building block of all tomorrows. The sorrow you face today as a society is based on who you were being and what you were thinking, saying and doing yesterday. To end this cycle of doom and gloom, change your own life and consequently and confidently contribute to the collective change for tomorrow.





DAY 256 (48 of 52):

Date:

DAILY CARDS:

Card #1 Direct:	Vertical:	
Card #2 Direct:	Vertical:	

"... but the best advice can't change inexperience into experience, and my inner lack of balance and self-control had to be brought back to equilibrium through painful experience." -Elizabeth Haich

Person:

Reading this passage from Elizabeth Haich's book *Initiation* was so insightful! Any inspiration to share on this?

Poetic Inspiration:

There are some old souls with young bodies, and there are some old bodies with young souls. It's never how it appears on the outside. When it's your time to learn, it's your time to learn, and each painful experience opens you up to wise expressions that can be passed down throughout the ages. Wherever you or anyone else is on this cycle of experience or inexperience, the universe knows when to send you a messenger or an angel of perception to ease (or administer) the burden of the lesson- in cycles and cycles.





DAY 257 (49 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"People who want the most approval get the least and people who need approval the least get the most." -Wayne Dyer

Person:

The law of attraction is definitely at work here. What can you add to the conversation?

Poetic Inspiration:

As you know Dear Heart, the world is just energy, and because of this, everybody responds to the energy you are displaying and not the words you are saying. When you send a lack frequency out into the universe, that is what comes back. When you send a shout out of self-approval, the world hollers back, "I got your back." There is no way of working around this law, so it's a better idea to work at going within where the journey to self-approval starts and ends.





DAY 258 (50 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Through love all pain will turn to medicine" -Rumi

Person:

Can you imagine that concept becoming a reality?

Poetic Inspiration:

Love makes anything possible. Love is the only currency that never becomes obsolete. Invest in love, not gold and silver alone. Invest in love, not real estate and life insurance exclusively. While it's important to be concerned about your material security and financial legacy, it's wiser to become brave and brilliant enough to invest in the magic currency of love. Self-love first lifts you up and away from apparent decay and then allows you to share with others in a meaningful way.





DAY 259 (51 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"The secret of change is to focus all of your energy, not on fighting the old, but on building the new." -Socrates

Person:

I'm in love with this quote right here! Any other motivation to share with me on this mission?

Poetic Inspiration:

This is the practice that brings about living on a New Earth Beloved. You can not enter into a new reality if all your time and focus is on the old one! So many indulgences you have are not based on your "concern" for truth but rather on past unbeneficial habits. Can you be "concerned" with peace and focus all your time on who is causing war? Don't you know that the peacemakers need your energy and attention more than the warmongers? Don't you know you are locking yourself down on a lower frequency, the more you focus on "them." You are not using your creative God Source energy wisely when you engage in practices like this Beloved. Become a master and seek out other divinely guided light beacons and put your focus, energy and heart there.





DAY 260 (52 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____
Card #2 Direct:_____Vertical:_____

"Who owns your time, owns your mind. Own your own time and you will know your own mind." - José Argüelles

Person:

The journey of knowing one's mind is only for the courageous!

Poetic Inspiration:

Well said, Dear Heart, well said. Time is an illusion that has been waged against humankind to keep them in line. Time can only work for you and not against you when you step into the present moment reality that is your birthright. All of the traps of distractions and deception can never work for long as you stay in the space of your heart. It takes *time* to get out of someone else's time; yet, it's possible with commitment. Your commitment to this Dear Heart has taken you out of the 9 to 5, and now you exist on your own time-line. Give thanks.





Chapter 11: Uranus Períod-Your Inner Guidance





Keywords & Phrase:

Preparing Intuitively

Innovation, Revolution, Independence, Groups, Real Estate, Sudden Changes

I Am Declaration Phrase:

"I Am Intuiting"

Conscious Co-Creation Step:

Allow Genuine Remorse to Take You to Zero Point to Declare What You No Longer
Want

Universal Principle:

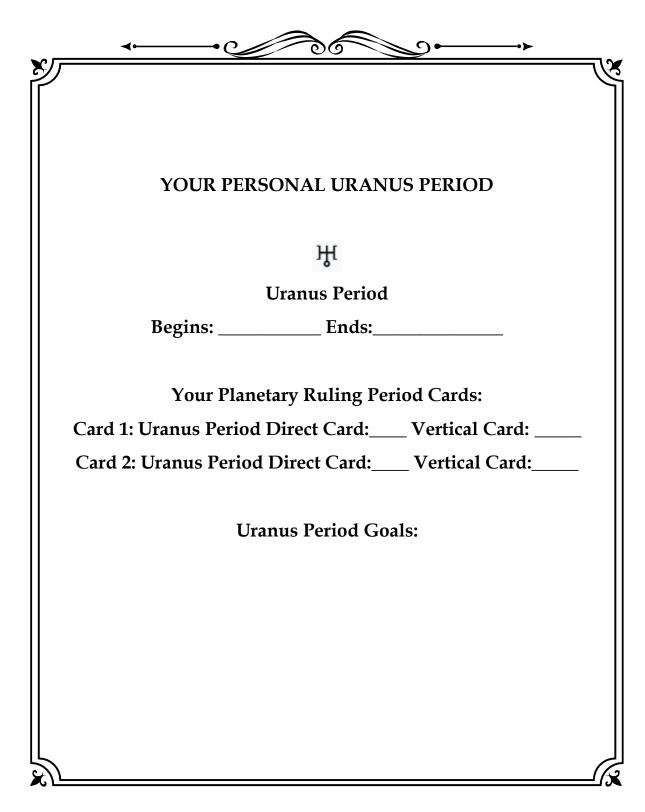
Effectiveness Is the Measure of Truth

Questions to Ask for Uranus Period:

"Is what I am planning and doing effective and innovative enough for me? Am I following my inner guidance?

"Opening to" Statement:

"I Am Opening to the Spirit of Revolution & Intuitively Navigating Through My World"





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DAY 261 (1 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____
Card #2 Direct:_____Vertical:_____

"There are two ways of spreading light: to be the candle or the mirror that reflects it."
Edith Wharton

Person:

Enlightening quote. Would love to get your mirror view on this.

Poetic Inspiration:

Whether you hold the light as a light beacon or reflect the light, it's all alright. At different stages and in different areas of your life, you have and will do both and be just as effective. When you see each role being played out in the world, be thankful for both, for they both have a lot to share with you. When you stay out of the argument of which role is better or more important, then you enter into a priceless space!





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DAY 262 (2 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"To hate and to fear is to be psychologically ill. It is, in fact, the consuming illness of our time." -H.A. Overstreet

Person:

Yet, hate and fear have existed throughout time have they not?

Poetic Inspiration:

Hate and Fear have always been here. Just like the "End of Days" has come and gone in cycles and cycles. At the end of any cycle, the sickness of hate and fear spread throughout society until nature pushes the reset button to start again in a new age, a new cycle. We have come to that time in human evolution; yet, it's good to know you can always choose courage and love and enter into a new reality





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DAY 263 (3 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"If revolution was practiced as much as it is theorized, there would be no need for theory." -- Sadiki Bakari

Person

So that leads me to the question, what does revolution look like?

Poetic Inspiration:

My brave and Beloved Dear Heart, the revolution starts in your heart. That is the ultimate "revolution" – to resolve all past hurts and evolve your perfect soul to the next stage of existence. This is the type of mental, emotional and spiritual foundation that any long-lasting revolution must be based on. Until this is done, you will see more *reacting* than revolution and more *theory* than testimony. Give thanks.





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DAY 264 (4 of 52):

Date:

DAILY CARDS:

Card #1 Direct:	Vertical:	
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Card #2 Direct:	Vertical:	

"If you want to awaken all of humanity, then awaken all of yourself; if you want to eliminate the suffering in the world; then eliminate all that is dark and negative in yourself. Truly, the greatest gift you have to give is that of your own self transformation."

-Lao Tzu

Person:

No truer words have been spoken. Yet, for sometimes it seems so selfish to focus on this solely.

Poetic Inspiration:

That is the trick that you must step out of Dear Heart. Self is the final frontier. Mastering your motivations and aligning yourself with all that is powerful and Divine within you is THE most important work you came here to do. And those who call you selfish because you didn't go down the trodden path of getting married with children and working a 9 to 5? And those who call you self absorbed because you live a monk's life most of the time? They have yet to see the importance of your life so well lived. Every journey you've taken, every story you've written, and every life you've touched is more than enough.





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DAY 265 (5 of 52)

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Infinite Being, Infinite Choice, Infinite Energy, Any Questions?" -Rikka Zimmerman

Person:

Ta-dah! What is there to say after that?

Poetic Inspiration:

You are a great force whose essential nature is truly infinite with the ability to co-create whatever you choose. So why have you limited your self-expression and forgotten this knowledge? The short answer is to survive. The longer answer is so that you could take the Shero's Journey on this Earth plane. Being an infinite spiritual being going through a human experience not only brings joy to your self-expression, it allows the Creator of All There Is to experience Itself through Its Creation. Bask in the knowing of this wisdom, Dear Heart.





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DAY 266 (6 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"It has cost many of man life and fortune for not knowing what he thought he was sure of." - Author Unknown

Person:

Wow! Makes me want to think about what I think I'm sure of.

Poetic Inspiration:

It's wise to be sure of only one thing in this life-staying inside your heart space in the present moment as a practice that leads to enlightenment. This has been stated in many ways, in most religions; yet, you don't need any religion to practice. This is what comes naturally when you dare to question everything and follow through on every intuition, no matter how much the mind tries to convince you of what you have to lose.







DAY 267 (7 of 52)

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Give all the power to the many, they will oppress the few. Give all the power to the few, they will oppress the many."- Alexander Hamilton

Person:

So what do I do in light of this knowledge?

Poetic Inspiration:

You observe this thing called power in all its many forms and functions. Power is a force that has much to teach you, and when you have a false sense of what it is, it's easy to *mis*use it instead of use it. Or it's easy to use it to abuse, instead of infuse confidence in another, so they can be empowered. In truth, real power can not be "given" to the few or even to the many. Real power can only be acknowledged from within.





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DAY 268 (8 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"The diameter of your knowledge will determine the circumference of your sovereignty." - Hakim Bey

Person:

Word is born. Hakim was right on point with this one.

Poetic Inspiration:

Knowledge is the key to all other realities. To be sovereign to live your life on purpose, unbought and unbossed is the birthright of every individual; yet, without the proper knowledge of what you have, what has been taken away from you and how to gain it back, it becomes a challenge to "manifest your destiny." Seeking out the right knowledge at the right time is the other part of the journey. That's why staying present with presence gets you there most effectively and efficiently.





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DAY 269 (9 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____
Card #2 Direct:_____Vertical:_____

"You are remembered for the rules you break." -Douglas Mac Arthur

Person:

This could be a double-edged sword when you look at it.

Poetic Inspiration:

Rules work until they don't. They help to guide you, until they collide with a greater truth that inspires you to move. You must all break out of the shell of rules, especially the ones you had no input in making yourself. You will be remembered mostly for the rules you broke well, with your integrity and inner inspiration leading you along the way.





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DAY 270 (10 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Never believe that a few caring people can't change the world. For, indeed, that's all who ever have." -Margaret Mead

Person:

I've grown up reading and believing this quote as true. Yet, lately, my person has been contemplating that maybe it's time for this world to end so that a new one could begin?

Poetic Inspiration:

This New Earth that you are referring to Dear Heart comes about gradually. As a society, it's true; you are heading toward a definite end that will begin again. And when it does, it will need people like you to let your light shine through and give your greatest gifts. Change happens, and on whatever scale that it takes place never underestimate the role your love and concern plays in shaping a new reality.





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DAY 271 (11 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:	Vertical:	
Card #2 Direct:	Vertical:	

"Throughout history, it has been the inaction of those who could have acted, the indifference of those who should have known better, and the silence of the voice of justice when it mattered most; that has made it possible for evil to triumph." -Haile Selassie

Person:

I get goosebumps every time I read this quote. Yet, is it always true?

Poetic Inspiration:

The tool of guilt and regret can sometimes serve a purpose when we look back and observe the results of what "had to" happen. You may question this wisdom; yet, it's true in many senses. For G.O.D. to experience Itself in Its creation, sometimes the worst imaginable things must take place so that the experience can be gained through every one of Its avatars. When you know through experience what you DON'T want, you will cherish, honor and protect what you DO desire, in cycles and cycles. Soon enough, you make constant and consistent decisions to experience only joy and happiness- until you don't. And then the cycle starts all over again.







DAY 272 (12 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____
Card #2 Direct:_____Vertical:_____

"Don't let someone dim your light simply because it's shining in their eyes."-Catherine Constantinides

Person:

Wish I could have understood this quote at a much earlier age.

Poetic Inspiration:

Everything happens at its due season Dear Heart. Yet, you already know this. Just consider all you've come to overcome on your Shero's Journey. As you continue to shine your light in some of the darkest spaces, the whole world benefits from your expression. Just as you benefit from every other courageous light beacon that has volunteered to be here at this time.







DAY 273 (13 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Know the difference between instinct and habit. Trust your instincts- question your habits." -Author Unknown

Person:

Good advice, but sometimes I doubt which one is showing up at the table.

Poetic Inspiration:

As long as you love yourself along the way, no harm can meet you throughout the day. Doubt and judgment are more of the issue to watch out for than the actual instinct or habit. When you are in a more relaxed, judgeless state, you can see the patterns the mind uses more clearly to take you out of your center. The habit of self-criticism is the deadliest, yet the easiest to avoid through self-love.





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DAY 274 (14 of 52):

Date:

DAILY CARDS:

Card #1 Direct:	Vertical:
Card #2 Direct:	Vertical:

"We are drowning in information, while starving for wisdom. The world from this point forward is going to be run by synthesizers. People who are able to put together, just the right information, at just the right time, think critically about it and make important choices wisely." -E.O. Wilson

Person:

I like the idea of "synthesizers" being used in more than just music.

Poetic Inspiration:

To be able to synthesize the music of your life takes only one tool used in the right place-staying present in the moment within the space of your heart. Whatever challenge assails you in this modern age of information overload, you will be able to harmonize your frequency to freedom. Spiritual, mental, emotional, and even financial freedom is yours to have when you not only *know* this but also *grow* this in your everyday experiences.





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DAY 275 (15 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"For the concert of life, no one receives a program."-Dutch Proverb

Person:

Doesn't Astrology and Cardology provide a type of program for my life?

Poetic Inspiration:

You know the answer to that one better than anyone Dear Heart. You have been a student of Astrology most your adult life, and while it's guided and directed you in many, many ways, you could have never predicted you would be where you are right now ten years ago. This is a good thing because while you've understood each year the energies that would confront you and how you were to handle them, you had no clue as to what opportunity or which person would show up for you to have these experiences. To be able to balance certainty with a little uncertainty is what makes life fun and worth living.







DAY 276 (16 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:	Vertical:
	
Card #2 Direct:	Vertical:

"Every person has two educations, one which he receives from others, and one, more important, which he gives to himself." -Edward Gibbon

Person:

Any advice on how to do a better job with the latter?

Poetic Inspiration:

The education you give yourself can not be stopped or avoided. Everyday you think thoughts, speak words and take actions that are educating you on the reality you are cocreating moment by moment. Yet, you can always become a better student by paying attention to what's going on inside you and how it correlates to what is showing up outside of you. Every opportunity and every personality that is showing up in your life, once embraced, can lead to the greatest education of them all.







DAY 277 (17 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"History is a gallery of pictures in which there are few originals and many copies." - Alexis de Tocque ville

Person:

This quote points to a universal principle I'd love for you to elaborate on.

Poetic Inspiration:

Dear Heart, as above, so below. This holographic world is fractal. Being born on the day you were, to the family you were born into, insured certain genetic archetypical energies would be displayed on your life's canvas. Yet it's up to you how you choose to express your version in this lifetime. It's true, nothing is new under the sun, yet, *your* new expression is new to YOU, and that is the only thing you need to hold on to.





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DAY 278 (18 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Every generation has the obligation to free men's minds for a look at new worlds...to look out from a higher plateau than the last generation." -Ellison S. Onizuka

Person:

These words are the reason why I'm motivated to write at this time.

Poetic Inspiration:

You are one of the light beacons who came here to free your mind first and then allow that freedom to inspire the next generation to understand just what else is possible. They will learn most from your actions and reactions and the love you carry in your heart. The next generation is advanced in many ways, yet they need to see the modeling of integrity and compassion to take their talents to the next plateau, so let it be shown through you, Dear Heart.





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DAY 279 (19 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"You were born an original, don't die a copy." -John Mason

Person:

How can I best allow for my originality to be expressed?

Poetic Inspiration:

Know that you can't be a copy of anyone else. Inspired, yes. Encouraged, of course. Yet, that seed of greatness that exists inside of you has no other option than to make its way to the surface of your expression when you stay centered in your heart space. Your originality can never be denied or overridden by any doubt, fear or creative insecurity your person may have. Come to know this Dear Heart and then everything will be just fine in your world.





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DAY 280 (20 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"I wasn't built for bondage." -Gordon Hall

Person:

I love, love this quote!

Poetic Inspiration:

That's because you were born to be free and that's how you must allow it to be. Bondage only happens when you forget your focus and forsake your reason for being here. When you stay aligned with your Divine Purpose, you become unbound and light up the whole town with your mission and motivation. Bondage to a limiting belief, philosophy or person is not natural to your essential nature, so it can never last for long when you are singing your own song! Give Thanks!





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DAY 281 (21 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Direction is different from Information. Information is the entire map, direction is how you get from A to B." -Roger Hamilton

Person:

Great analogy! I get overwhelmed when I get too much information and not enough direction. Yet, how do I learn to trust and *act* off of the direction I do receive?

Poetic Inspiration:

You learn by doing it and not thinking about it. When you learn to act in the direction you are given, especially from within, you become more courageous and confident with time. Yet, none of this will ever happen when you allow your mind to "think" yourself out of motion. And when you don't just do it, but do it just, the right direction to take is a must!







DAY 282 (22 of 52):

Date:

DAILY CARDS:

Card #1 Direct: _____ Vertical: _____
Card #2 Direct: ____ Vertical: ____

"One of the truest test of integrity is its blunt refusal to be compromised." -Chinua Achebe

Person:

What are some of the trickiest and subtle ways my person is tempted to be compromised?

Poetic Inspiration:

Procrastination is your person's drug of choice. Sleep and rest, when you can be doing something else at its best, is the other drug your person uses well as well. To be aware of these subtle compromises with complete love and approval of yourself in the process is the balance you must keep to give birth to your potent brand of integrity.







DAY 283 (23 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"The only thing necessary for the triumph of evil is for good men to do nothing." -Edmund Burke

Person:

This quote always makes me want to act, yet how do I know which actions are best to take at this time?

Poetic Inspiration:

My Dear Heart, continue to follow your heart. This will always be the short answer to any doubts your person may devise. Your heart sometimes teaches you through experiences that can be considered challenging and at other times, comforting, yet it doesn't matter either way when inside the heart space you learn to stay. You can handle whatever comes to the surface from your actions, and don't be surprised by whatever you are motivated to do or NOT do because it will always be just right for you.





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DAY 284 (24 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"The cause of freedom is not the cause of a race or a sect, a party or a class- it is the cause of humankind, the very birthright of humanity." -Anna Julia Cooper

Person:

Is it possible for anyone to honestly be free when others around the world are not?

Poetic Inspiration:

The real answer to this is that it's impossible for anyone *not* to be free when they tap into their Divinity. Yet, because most of humankind identifies with nothing else but their lower self, they put their natural-born freedom on the shelf. This is done for different reasons and in different seasons; yet, when all the lessons and expressions have all been had, you all go back to your essential nature that has never left you.





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DAY 285 (25 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"The Corporation... I mean the Government and the Presidency is a movie script. Some of us recognize it, and some of us don't." -Sadiki Bakari

Person:

Okay is there anything else I need to know?

Poetic Inspiration:

Well, Dear Heart, you are definitely among the ones who know the Presidency and this world, as well as all the drama within it, is none other than a movie. Everyone is playing their role to the best of their ability. The power to become a better co-creator of the life that you desire is the greatest reward that comes from seeing the world in this way. Once you train your person to get past focusing on *what is* and instead focus on what it would like to see created, the judgment and guilt that arises for not taking responsibility for your reality begins to lessen, leading to your blessings.







DAY 286 (26 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"The key to growth is the introduction of higher dimensions of consciousness into our awareness." -Lao Tzu

Person:

Is this a natural process, or does it have to be chosen?

Poetic Inspiration:

It's a little bit of both Dear Heart, in cycles and cycles. There are times when the currents of change are so strong in your life, you can't help but to be lead to higher dimensions in your awareness. Yet, the gift of free will gives you a choice to fight and go against the streams or to allow the flow to lead you to where you naturally need to be for the next step on your journey. Give Thanks.







DAY 287 (27 of 52):

Date:

DAILY CARDS:

Card #1 Direct:	Vertical:	
Card #2 Direct:	Vertical:	

"Philanthropy is commendable, but it must not cause the philanthropist to overlook the circumstances of economic injustice which make philanthropy necessary." -Dr. Martin Luther King, Jr.

Person:

Amen to that! Justice is the key, not just philanthropy.

Poetic Inspiration:

You are a change-maker Dear Heart, and you know true change comes from going to the root of all wrongs. The greed that inhabits the Earth plane is the source of all suffering, and no amount of philanthropy can cover up this fact. The work begins when each person can look back squarely at the wo/man in the mirror and be okay with who has to suffer for them to gain. This is no easy task, yet it is necessary. We all play a role in the quality of life each person experiences on this planet, not only from what we consume and do but also by how we think and feel.





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DAY 288 (28 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Don't compromise yourself. You are all you've got." -Janis Joplin

Person:

Good advice. What's the best way to honor myself in the presence of others?

Poetic Inspiration:

Continue to be kind to yourself, Dear Heart, at all times. There will be times when your person will feel like compromise is the only option. Love yourself through those times, letting go of all guilt and judgment. When you lean more towards curiosity about your choices, I bet compromise won't happen as frequently. Self-love and trust is a must!







DAY 289 (29 of 52):

Date:

DAILY CARDS:

Card #1 Direct:	Vertical:	
Card #2 Direct:	Vertical:	

"Trust your hunches. They're usually based on facts filed away just below the conscious level." -Dr. Joyce Brothers

Person:

It's amazing how quick my hunches come to me, yet is there ever space for the collective pain body to be mistaken for a hunch? How does my person know the difference?

Poetic Inspiration:

You have an inner dialogue system that gives off signals when something isn't in sync. Trusting in this system and letting go of the monkey mind chatter leads to hunches that *really* matter. And just like with everything else Dear Heart, with practice and commitment, you get better and better.





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DAY 290 (30 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____
Card #2 Direct:_____Vertical:_____

"Never wish life were easier. Wish that you were better." -Jim Rohn

Person:

Anything better to add?

Poetic Inspiration:

You have within you, the very best equipment for you to be at your best. Everything this life throws at you is what you came here to go through- until you are through. Call on the wisdom of your Higher Self, then get quiet and centered, listening to NO ONE else. You will be surprised at the caliber of help that comes from within yourself. Tap into the best you and watch all your best wishes come true.





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DAY 291 (31 of 52):

Date:	;

DAILY CARDS:

Card #1 Direct:	Vertical:	
Card #2 Direct:	Vertical:	

Person:

"Just as I put the bread of life in my mouth, the hands of society with all of its norms and mores grabs hold of my neck and tries to choke it out of me before I can chew, swallow, and let it nourish me."

Poetic Inspiration:

You were in undergrad when those words came through you, and I remember it being your person's first realization that "the powers that be" could stand in the way of you being free. It was a sobering moment for your person; yet, it isn't true for you anymore. As a conscious co-creator, you understand more deeply what's in store when you're abiding by universal law. The integrity and responsibility that comes from this new expression allow you to transmute society's biggest lessons into your greatest blessings.





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DAY 292 (32 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"He that can have patience can have what he will." -Ben Franklin

Person:

Is this also true if it means going against what someone else wills for himself or herself?

Poetic Inspiration:

It's impossible to impose your will on what another desires for themselves. Patience is knowing that what you will has everything to do with a feeling or experience, rather than a person or circumstance. Being patient requires being open to how things manifest in your life, allowing room for your Higher Self and guides to work miracles that you could have never tapped into with your person's limiting point of view.







DAY 293 (33 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"It's alright to bring your past experiences into the future, but don't try to live your past in the future." -Kevin Jackson

Person:

My friend Kevin hit the jackpot with this quote. Anything else to add to the fortune?

Poetic Inspiration:

You are fortunate when you can be in the present moment while appreciating all that came before it and all that will come after it in total peace and acceptance. It's impossible not to bring your past into your future. However, it's possible to choose to not focus on all of the negative things of the past, so you don't recreate them in your present moment. You are a culmination of the past, present and future; yet, it's only when you give more attention to the present moment do you bring out the best of the past to make the best out of your future.





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DAY 294 (34 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Your identity doesn't follow your mind, your mind follows your identity."-Yogi Bhajan

Person:

It takes my mind a minute to wrap around this concept for sure! A little help, please!

Poetic Inspiration:

What Yogi Bhajan was saying is that you create a reality based on who you know yourself to be. And how you create your self-image is based on all the past mental and emotional experiences that you have drawn conclusions on and have let define you. Whether these experiences came from when you were in the womb, the cradle, the playground, the classroom, the bedroom or the boardroom, all these life experiences shape your identity, and it doesn't matter what your mind says differently- until you create a different self-image. A new identity creates a new reality, with the mind aligned.







DAY 295 (35 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"You can not escape the responsibility of tomorrow by evading it today." -Abraham Lincoln

Person:

I guess there is no other way except to face the day. Anything else to say?

Poetic Inspiration:

You are the best Dear Heart! When you show up in life knowing this quote, life gives you the best it has to offer. Today is what you have to work with. Today is the gateway that gives you all the insight, tools and allies to prepare you for any challenge tomorrow brings. Yet, when you run away from today, you still have to fight another day, no matter how much you delay! It's best to face the day completely in your heart space and allow your innate talents to be used to conquer any battle.





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DAY 296 (36 of 52):

Date:	

DAILY CARDS:

Card #1 Direct:	_Vertical:
Card #2 Direct:	Vertical:

Person:

"Ironically, a woman that isn't in touch with her feminine side can learn a lot from a man that is. And a man that isn't in touch with his masculine side can learn a lot from a woman that is."

Poetic Inspiration:

Deep insights Dear Heart. Since there is less that separates woman from man than most would like to believe, it's hard to understand what is taking place on the planet right now with gender identity. Yet, think of it, Nature Herself is being attacked with so many unnatural things like extreme hate, disrespect, pesticides and GMOs. These things affect her balance, so it stands to reason that it would be no different with humans who are a part of nature and not separate from it. As humankind strives to find its balance, it's perfectly normal for the "norm" to be tested and rejected in many ways. This is what drastically happens at the End of Days until a new balance is found that is harmoniously sound.







DAY 297 (37 of 52):

Date:

DAILY CARDS:

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	Vertical: Vertical:

"Am I dealing with them as a person or am I dealing with them as a program."-Bruce Lipton

Person:

This quote makes me have to think about what drives actions and learn to have more compassion.

Poetic Inspiration:

You were born with a compassionate heart, Beloved. What has healed in you is your need to conceal and not reveal that compassionate heart to yourself and others. The programs running that prevented you from this realization are now ending, and all you have to do is align yourself with this wisdom in compassionate cycles and cycles. Time after time, bringing yourself back into loving awareness of the essential nature of all beings allows you to pinhole the problem, penetrate the program and *reclaim* the person with compassion every time.





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DAY 298 (38 of 52):

Date:

DAILY CARDS:

Card #1 Direct:	Vertical:
Card #2 Direct:	Vertical:

"The future is not someplace we are going to, but one we are creating. The paths are not to be found but made, and the activity of making them changes both the maker and the destination." -John Schaar

Person:

So deep and layered is this quote. Would love to get your insight.

Poetic Inspiration:

The future is opened ended Dear Heart. Your powerful mind can change the course of your future everyday with the choices you make, and those very same choices eventually make you a better version of you. This is the dance and planet Earth is the platform. As Mother Earth evolves, you must keep the pace of her rhythm to dance with her more effectively. You can choose to dance with her in the old vibration of war and destruction, or you can follow her lead and dance a new destiny in the New Earth destination.





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DAY 299 (39 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"The time is always right to do what is right." -Martin Luther King, Jr.

Person:

So many great quotes from a great man. Anything else to add for me to understand?

Poetic Inspiration:

Doing what is right doesn't take much insight. Doing what is right takes courage. Once you have the courage, the situation or circumstance is of no significance and makes no difference. When that moment of insight reaches you, you know what must be done, whether it's complicated or just plain fun. Be courageous whenever you can Dear Heart and remember, sometimes the most courageous act of all is to forgive yourself for not being courageous when you felt it mattered most.





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DAY 300 (40 of 52):

Date:		
Date.		

DAILY CARDS:

Card #1 Direct:	Vertical:	
Card #2 Direct:	Vertical:	

"The greatest gifts you can give your children are the roots of responsibility and the wings of independence." -- Denis Waitley

Person:

What a beautifully balanced quote, yet the equilibrium and guidance needed to fulfill it is another story.

Poetic Inspiration:

And that story is beautifully illustrated in the role your mother played in your life, Dear Heart. Do you remember how you challenged her in your early days of rebellion? Do you remember her praying for guidance and pushing herself beyond every conceivable limit to stay true to her heart and not kill your spirit at the same time? Do you remember the sacrifices she made, not only of time and money but also of letting go of pride and ego to be vulnerable enough to tell you things about her past that most parents in her age group would never do? If you can remember all these 'presents' Dear Heart, then when your time comes, your greatest gifts will shine through.





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DAY 301 (41 of 52):

Date:

DAILY CARDS:

Card #1 Direct:	Vertical:	
Card #2 Direct:	Vertical:	

"Discoveries are often made by not following instructions, by going off the main road, by trying the untried." -Frank Tyger

Person:

These discoveries are even more powerful when we dare to follow the inner guidance of our heart.

Poetic Inspiration:

So true Dear Heart. The heart is the trailblazer. Is there any wonder why the heart is so often out of alignment with society's instructions, pathways and methods? Following your heart is your pathway back home out of the illusion of the matrix and into the arms of Mother Earth's new vibration that she is evolving into. This is the true and only work of all light beacons- to shine the light of a new reality that is possible at this time.







DAY 302 (42 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"The path towards generational harmony is a long one. But if we don't try today, the problem will never end. And if we do not take this journey ourselves, we cannot expect others to begin." -Arinya Talerngsri

Person:

There is so much wisdom to glean from this quote.

Poetic Inspiration:

Generational heartbreak is the foundation of all misery. The pain of your parents abandoning you, the devastation of your child betraying you- these are the themes that have been written about since the dawn of humanity. The true wisdom to be gained from this quote is the hope of what's possible when more young and old people decide that staying inside the heart space is their number one priority.





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DAY 303 (43 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"People don't want the reality of revolution. They want the ILLusion of reform." -Sadiki Bakari

Person:

What does it take for us to be ready for revolution then?

Poetic Inspiration:

Revolution and evolution go hand in hand. You must evolve in cycle and cycles and then the prime time for revolution is born out of this. Every person and every society has a time when the conditions are ripe for revolution, and it usually poses a threat to the status quo.

When one person or society is "change-ready", another might want to hold it down on "sameness-steady." The key is to be on the side of revolution when the time is right in *your* life because to stand against it is to get knocked down.





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DAY 304 (44 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Failure is the opportunity to begin again, more intelligently." -Henry Ford

Person:

How do I ensure I begin again with intelligence, instead of the same ole ignorance?

Poetic Inspiration:

When it comes to *knowing* anything, the answer is always the same Dear Heart-follow your heart. Let it guide you into understanding what hunches felt right that you didn't follow, and what felt wrong, and yet you persisted anyway. Take an honest look at how it correlates to the so-called failure and see how it can be improved upon in the next go around. You always have the opportunity to start again, my friend.





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DAY 305 (45 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____
Card #2 Direct:_____Vertical:_____

"Education's purpose is to replace an empty mind with an open one." -Malcom S. Forbes

Person:

So what type of magic must take place to accomplish this feat?

Poetic Inspiration:

To accomplish this feat, you must move your feet. Education is the ultimate journey, and it doesn't begin and end in the classroom. True education happens on the road of life, with the allies and enemies you meet along the way, and the lessons and experiences you gather everyday. There is nothing like traveling to open your mind to life's possibilities and your human frailties. When all is done and not just said, the experiences gathered will surely open your head.





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DAY 306 (46 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"A man who doesn't stand for something will fall for anything." -Peter Marshall

Person:

I'm wondering... what do I truly stand for?

Poetic Inspiration:

You stand and live for justice Dear Heart, and justice only comes when you see the G.O.D. in everyone. Justice can't be freedom and liberty for "just-us," whomever "us" maybe. True justice is worth standing up for because it embraces everyone and everything at its core. You live for justice when you refuse to live in ignorance of how your actions affect others on this planet. The more you learn, the more you act, the more you are made aware, the more you steer clear from making choices out of fear.







DAY 307 (47 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"The principle mark of genius is not perfection but originality, the opening of new frontiers." -- Arthur Koestler

Person:

This is the reason why geniuses sometimes meet with resistance- because they open frontiers society may not be ready for.

Poetic Inspiration:

You are a genius Dear Heart, and you must care less about the opinions of the rest. Let your positive intentions and the fruits of your labor be your only test. When you pass this test by giving your best, with a happy heart and peace of mind is how you can rest. By not being afraid to push past the old to enter new pastures, life evolves not only on this planet but in the galaxy as well.





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DAY 308 (48 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"It is better to know some of the questions than all of the answers." -James Thurber

Person:

Knowing when to ask the right questions at the right time is truly an art. Anything juicy to add?

Poetic Inspiration:

Questions open the door to new opportunities, while answers close the door to other possibilities. Sometimes it benefits you to close the door to possibilities and other times it does not. When you have the right questions in mind, there is no limit to what you might find- until you find the "answer" that is. Yet it's good to know if you are not happy with the results, you can always ask again.





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DAY 309 (49 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Even more than doers, we are deciders, and when the decision is made, the doing becomes effortless." -Malachi Z.K. York

Person:

Powerfully true, yet hard to decide to do!

Poetic Inspiration:

In the deciding, it is done. Yet deciding comes in degrees and different cycles for everyone. Deciding doesn't come with just words but from so much more. It is a yearning in every cell that comes from your very core. To decide on this level means you *must* manifest, and the doing becomes easy at best because your heart and your Higher Self wouldn't have anything less.





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DAY 310 (50 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"The two most important days of your life are the day you are born, and the day you find out why."- Mark Twain

Person:

Amazing! Who else but Mr. Clemens could have said it better?

Poetic Inspiration:

Samuel Clemens, aka Mark Twain, was a master writer, and you will become a master *liver* when you know why you are living. When you're on the right path, work is play, and it's easy to be forgiving. There is no sickness for the one that knows why s/he is alive, and there are no limits to how far they can strive. So the only thing else I have to say is -know your *birth*-day and your why you are here on *earth*-day.





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DAY 311 (51 of 52):

Date:

DAILY CARDS:

Card #1 Direct:	Vertical:	
Card #2 Direct:	Vertical:	

"If a man does not keep pace with his companions, perhaps it is because he hears a different drummer." - Henry David Thoreau

Person:

This sounds like my life's story exactly. Anything to add?

Poetic Inspiration:

You are not a passing fad, Dear Heart. You weren't born to follow the crowd and do everything out loud. You came here to find your center and to leave this world in a better place than how you found it in. This requires following your heart as the only beat to move your feet. It's the drum of your inner sanctum that allows you to overcome without becoming numb to the pain of this world. The only thing you need to keep pace with is the grace you were born of.







DAY 312 (52 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_	Vertical:
Card #2 Direct:	Vertical:

"Exhilaration is that feeling you get just after a great idea hits you, and just before you realize what's wrong with it." -Rex Harrison

Person:

This is a great way of defining it, yet how do I continue to stay aligned with it?

Poetic Inspiration:

Exhilaration is a common, continuous occurrence when you stay in your heart space, with more and more grace. In the space of the heart, is where you create your art. In the space of the heart is where you give yourself a fresh start. It's where you allow miracles to unfold and never grow old because you know you are timeless and guiltless. When your biggest goal in life is learning how to go deeper and stay longer in the heart space, everything else falls right into place.





Chapter 12: Neptune Period-Your Inner Vision





Keywords:

Preparing Visually

Collective Consciousness, Imagination, Trust, Dreams, Fears, Addictions

I Am Declaration Phrase:

"I Am Envisioning"

Conscious Co-Creation Step:

Decide What You Want to Co-Create and Be Continuously Happy Until It Happens

Universal Principle:

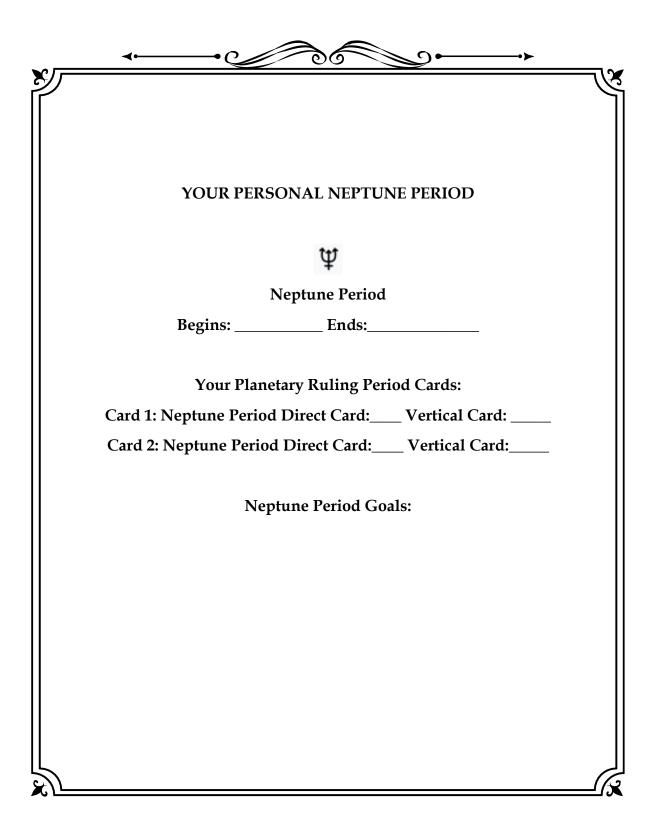
Energy Flows, Where Attention Goes

Question to Ask for Neptune Period:

How can I stay in my joy and flow right now while envisioning a new future?

"Opening to" Statement:

"I Am Opening to Manifesting my Desires Through the Art of Conscious Surrender"







DAY 313 (1 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

Person:

"Out of all the things I have to do, all the things I love to do and all the things I was destined to do, nothing is more important than what I am doing right now."

Poetic Inspiration:

Wonderful Lady of the Light. Remembering these words daily is what keeps you shining bright. You came here to be a star of insight and inspiration for all those who are where you were and who are where you are going. To fulfill this mission, most magnificently means to move in the moment of the now. Whatever you are being, thinking or doing must be *now* based to bring a smile not only to your face but also to whomever you embrace. Reflect on this a moment Dear Heart, the Present is your greatest present to humankind and your ticket to a life sublime.







DAY 314 (2 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"If you die, before you die, then when you die, you will not die." -Author Unknown

Person:

I get it! Yet, can you elucidate?

Poetic Inspiration:

Dying to the cares, concerns and worries of this world is to unfurl the immortality gene. You never die when you realize your essential nature never had a beginning or an end, and you are just here to play my friend. Sometimes the game seems scary and too real for your person, so it gets stuck and starts to buck the flow of life. Yet to die to that ego temptation allows you to live forever, long after you are gone.







DAY 315 (3 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Like all great travelers, I've seen more than I remember, and remember more than I've seen." -Benjamin Disraeli

Person:

What a wicked piece of prose that allows the mind to reflect.

Poetic Inspiration:

This is what you do best Dear Heart. You were born to travel, whether it's on the road to a new town or within to recover an aspect of *you* that you never knew. Where you store each traveling memory is not in your mind's memory bank, but in the storehouse of your soul and it can never grow old or be forgotten. It will never run out of space, nor will the files ever be erased. All great travelers know about this place.







DAY 316 (4 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Treatment and Therapy are about technique. Health and Healing are about holding space." -Richard Gordon

Person:

I love this concept!

Poetic Inspiration:

You were a *healer* way before you ever became a "healer" and this is the type of healer you will always be the one that has come here to uplift fallen humanity by expressing your empathy. When you stay present in the moment looking at the reality of each person or patient without running, without judging, without blaming- you are the greatest healer of them all.







DAY 317 (5 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Dream as if you'll live forever. Live as if you'll die today."-James Dean

Person:

What a great way to live. Anything else to give me?

Poetic Inspiration:

It's all about what *you* will give to life. How will you live your life? What will you "pay" attention to and how will that attention grow you? Which lies will you see through and which ones will you let fool you? Life and death are two sides of the same coin for you to enjoy or ignore. Eventually, they both come knocking on your door. So why not explore them both even more?







DAY 318 (6 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

Person:

"All I have is right now and to be fully engaged in right now is the greatest gift I have to give the world."

Poetic Inspiration:

So true, so true Dear Heart. This is what you must always hold on to. The present moment is the miracle maker that allows you to be a giver and not a taker. You create so much beauty in this world Beloved just by being the greatest and the latest version of *you*, and that's exactly what you came here to do. Allow 'right now' to bring that gift home to your Earth family and watch how gladly it will all be received.







DAY 319 (7 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"The power of imagination makes us infinite." -John Muir

Person:

That's an infinitely powerful statement. Anything else you'd like to state?

Poetic Inspiration:

Your imagination is what allows you to *see* beyond what you are seeing and to *bee* beyond what you are being. Your imagination is the key to constant change and new realities in cycles and cycles. Imagination is your person's inner awakening that takes you from observing time to timelessness, and from existing in space to spacelessness. What you identify with, you eventually become and experience. You are limited only by your imagination.







DAY 320 (8 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

Person:

"Who you are is greater by far than anything you can ever be based on negativity."

Poetic Inspiration:

Knowing who and what you are representative of is your greatest gift to humanity and yourself. You are a gracious aspect of Divinity awaiting to unfold completely. It doesn't matter, all the negative mental chatter. It doesn't matter, all the inner doubt that has allowed past dreams to shatter. Remember, none of that is real. Only the truth of your essence is what remains true and beneficial to you. Give Thanks.







DAY 321 (9 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Our patience will achieve more than our strength." -Edmund Burke

Person:

What a noble idea that serves me well right about now.

Poetic Inspiration:

Patience is a virtue that must not be denied. Patience allows you to love yourself in the face of your most embarrassing character traits. Patience allows you to love others beyond past limitations and to receive unexpected benefits. Patience is the song you rehearse over and over again, so you can sound good and flow with life, my friend. Patience is your best friend and will serve you to the end. Patience allows you to see that all you judge and what irks you has a direct lineage to your person. This allows love and approval to transform the observed and the observer, making you stronger than ever.







DAY 322 (10 of 52):

Date:	

DAILY CARDS:

Card #1 Direct:	Vertical:	
Card #2 Direct:	Vertical:	

"Your neighbor's vision is as true for him as your own vision is true for you." -Miguelde Unamuno

Person:

This is why I know it doesn't make sense to judge another's reality.

Poetic Inspiration:

What does make sense is to get a sense of how to let go of judgment. You have to go beyond the senses and all your person's defenses. The only resting place away from judgment is in the space of your heart. There, you can see clearly that everybody's vision is based on their concept of reality and then you can connect to all of humanity, even if you disagree on any one person's policies. Heart will give you the words to say and the approach to take to make everything okay in your reality.







DAY 323 (11 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"God gives and forgives, man gets and forgets." -Author Unknown

Person:

Isn't there a way to alter this reality about man? Or are we doomed to this fate?

Poetic Inspiration:

Humankind is so much more than anyone can define. Yet what's most important is what you align to that defines you. The lower nature in man is very easy to go to and understand. Yet, the divine aspect that exists within takes spiritual medicine combined with mental and emotional discipline. To move away from the current default and gestalt that has brought humankind to a halt, you must consistently connect with your heart for the most part.







DAY 324 (12 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Heal the parts of you that you ignore, and you begin to heal the world because the world is within you." -Sadiki Bakari

Person:

I know in theory that this is true, yet how can I experience this more as reality and know it?

Poetic Inspiration:

It's the simplest thing you can ever do, no matter how hard it seems. Healing comes with self-approval, no matter what you perceive about what you have or haven't done. When you can love yourself- *no matter what*, accepting and seeing beyond the veil of illusion and confusion becomes easier, and you see the lie of separation for what it truly is- a drama in show biz!







DAY 325 (13 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"The more you talk about it, the more you think about it, the further from it you go; Stop talking, stop thinking, and there is nothing you will not understand."-Hsin Hsin Ming

Person:

Wow. What to say about this wisdom?

Poetic Inspiration:

Wonderful Woman of G.O.D. Everything that ever was exists inside your being and to access this storehouse of strength and enlightenment doesn't take much talking and doing when you are centered within the heart space. Stay there, and suddenly with grace, you will know the next step to take and the next move to make. Give thanks for what exists inside of you Beloved.







DAY 326 (14 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

Person:

"I don't need to know how. All I know is I give thanks and co-create it."

Poetic Inspiration:

This, Dear Heart, is your mantra for life and for a life worth living. Everything you desire seeks to flow to you based on what frequency you are locked into. When you forget about the details and what it all entails and just allow your manifestation ship to sail, you will have it nailed! Your job is to know what you desire and to keep your energy on that frequency. If you have the same amount of faith in the co-creative process as you do in your body's food digesting process, then you will be a success.







DAY 327 (15 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

Person:

"Everyone has the desire to live forever, yet who has the courage to live fully?"

Poetic Inspiration:

So true Dear Heart. Your quality of life is much more important than your longevity in life. Loving life is much more important and intriguing than longing for more life. Now that you *have* life, how can you live it more abundantly and at a higher frequency? Facing the fear of going deeper into the sphere of self brings rewards like nothing else. What a beautiful, noble goal to truly and fully enroll in the course of life throughout the entire course of your life.







DAY 328 (16 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____
Card #2 Direct:_____Vertical:_____

"Life gives to the giver and takes from the taker"-Author Unknown

Person:

Yes, but isn't life about give and take?

Poetic Inspiration:

Yes, and Yin and Yang and up and down and equilibrium all the way around. Life is a big paradox that you fit perfectly into when you follow your natural flow. Knowing when to take and when to give makes both actions flow much better and leaves no one bitter.







DAY 329 (17 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____ Vertical:_____

Person:

"You serve your Higher Self by serving others, and by serving others, you miraculously bring happiness to your Lower Self."

Poetic Inspiration:

That's a powerful point Dear Heart. There are so many ways serving others can look like. Your Higher Self wants you to fully embrace the magic of what motivated you to come here on this planet. Your Higher Self knows that the mere act of you showing up and interacting with others instead of reacting to triggers is the ultimate form of service. Happiness happens on all levels when you learn to look and love all that you see in the literal and figurative "mirror" of your life.







DAY 330 (18 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____
Card #2 Direct:_____Vertical:_____

"Consciousness is more 'caught' than taught." -Author Unknown

Person:

This is a very thought-provoking quote.

Poetic Inspiration:

You exist as consciousness Dear Heart. All anyone can ever do is share tools and techniques for you to *reconnect* with the true you. And that is what you were born to do, in cycles and cycles. Once you get centered and 'catch on' to consciousness, there is little of noting that needs to be sought after or *taught* afterwards.







DAY 331 (19 of 52):

Date:	
Date:	

DAILY CARDS:

Card #1 Direct:	Vertical:
Card #2 Direct:	Vertical:

"Your visions will become clear only when you can look into your own heart. Who looks outside, dreams; who looks inside, awakes."-Carl Jung

Person:

What's the real reason for my person's fear of being centered and *staying* in the heart space?

Poetic Inspiration:

This action completes *everything*, Dear Heart. Any hopes for staying stuck in comfort zones *must* me aborted, and the trifling people in your life *will* become disoriented. All leeches are unleashed from your body and mind, and the ton of excuses for untruthfulness are impossible to find. You become a force for change in a world that fears change. And for this, your life is completely rearranged. So what do you do? You enter the heart space until the world becomes too hot, and then you re-enter the heart space when the world becomes too cold. Yet in the end, it's the only place to BEE to awaken the type of freedom that reigns forever.







DAY 332 (20 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:	Vertical:	
Card #2 Direct:	Vertical:	

"Co-dependency is when a person is excessively trying to care take or control people that they love and they do this at the expense of themselves." -Beverly Berg

Person:

Imagine that! Any more insight to share?

Poetic Inspiration:

The goodness that you have in your heart can only be reflected to you when you love yourself. How can caring for others be credible when you don't give yourself credit for all your good merit? Don't let yourself down Dear Heart by breaking your own heart in the pursuit of importance from the eyes of another. Invest your energy in loving and caring for yourself in a way that challenges you to be your Best Self, and it will naturally follow that you care consciously and consistently for everyone else.







DAY 333 (21 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"A good traveler has no fixed plans and is not intent on arriving." -Lao Tzu

Person:

So what's the definition of a "bad" traveler?

Poetic Inspiration:

First, there is no good or bad traveler, but maybe happy and sad. A sad traveler cannot enjoy the moment if it does not match the itinerary of what was "meant" to be. A sad traveler lives in regret of what could have been if they would have turned down that road's bend. Or if they had dared to extend the time or places they "could have" graced. A sad traveler hasn't quite discovered it's the joy of the journey, not the destination that makes traveling fun.







DAY 334 (22 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

Person:

"I Know that I Know, I Am that I Am--TODAY, in every way."

Poetic Inspiration:

What an excellent way to say it, Dear Heart. Everything that has ever existed exists within you now. While you may not always choose to have access to this unlimited potential, it still exists as the miracle of YOU. And what a beautiful space to perceive through. It won't be long before miracles visit you more and more as you stand before the door to everything that the present moment brings. Give Thanks.







DAY 335 (23 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:	Vertical:
Card #2 Direct:	Vertical:

"Confusion is the hallmark of a transition. To rebuild your inner and outer world is a major project." -Anne Grant

Person:

You don't have to tell me twice about this one!

Poetic Inspiration:

And yet Dear Heart, you are always in transition in some way or other, for life is constant change. The most important thing you can do to quiet the confusion is to embrace the transitions that are constantly happening in your life. The resistance to change is what causes confusion Beloved. You were built to handle everything that comes your way in life once you let go. Let go of your attachment to what has been, embrace what is happening and be open to the wisdom of what is possible from being present. G.O.D and your guides want your happiness more than you want it yourself. So put your person aside so you can enjoy the ride of smooth transitions sin confusion.







DAY 336 (24 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____
Card #2 Direct:_____Vertical:_____

"Chase the vision, not the money; the money will end up following you." -Tony Hsieh

Person:

What are the signs along the way that point to this perceptual change?

Poetic Inspiration:

Great question, Dear Heart. When you can be okay with owing and with other's owing you. When you can be just fine with making any sacrifice and not even seeing it as such.

When you can talk to lover, best friend, boss and even children and let them all know without flinching the position you are in and what you choose to defend to the end. When opportunities come, and you can take them and when opportunities are missed, and you can love yourself regardless. These are all signs that money has picked up your scent, and you are on your pinnacle ascent to financial achievement.







DAY 337 (25 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Trust in dreams, for in them is hidden the gate to eternity." -Kahlil Gibran

Person:

I love Kahlil Gibran. What is your take on his meaning behind eternity?

Poetic Inspiration:

What is an eternity to me? A vast blue sea of bliss that never ends? An open, cloudless, confusion-less sky up above high? What is an eternity to me? Beloved, to me, eternity exists within thee. The YOU that is ME that is of the ALL when you drop down into your heart space. It's the only place eternity can be experienced. It *IS* the dream. To trust yourself enough to go into this space daily is the epitome of the gates of eternity being flung wide open.







DAY 338 (26 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"The four difficulties to realizing enlightenment; so close you can't see it, so deep you can't fathom it, so simple you can't believe it, so good, you can't accept it." -Tibetan

Proverb

Person:

This is my favorite quote about enlightenment.

Poetic Inspiration:

Dear Heart, can you see how this quote hints to your heart space? Each and every enlightenment impediment can be remedied by staying present and dropping into the space of your heart. There you will effortlessly find the sweet, deep closeness of eternal bliss. You can become enlightened everyday if you don't shy away from the grace of the heart space.







DAY 339 (27 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____
Card #2 Direct:_____Vertical:_____

"As soon as you trust yourself, you will know how to live." -Johann Wolfgang von Goethe

Person:

This quote feels amazingly true to me.

Poetic Inspiration:

It feels true because it sounds true. It rings at a vibration that makes it easy to understand. You came into this world as an entity, you look out into this world as an entity, and you eat food, go to the bathroom, and wake up everyday as a single entity. You can never leave this body behind for long, nor can you replace your human suit with someone else's no matter how hard you've tried in the past. Trusting, loving and accepting the only one you came here with to experience this life, naturally leads to knowing how to live Dear Heart.







DAY 340 (28 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"God is simple. Everything else is complex. Do not seek absolute values in the relative world of nature." - Paramahansa Yogananda

Person:

Deep! What do you get from this quote?

Poetic Inspiration:

Life is simple because "It's All G.O.D." Yet, to know this, you must experience this by using human nature to transcend nature. Your body is the gift given by G.O.D. to experience G.O.D. by becoming Godly. This is your beautiful destiny, Beloved. And when you can enjoy the journey as much as the destination, you put an end to your person's frustration.







DAY 341 (29 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"The wound is the place where the light enters you." -Rumi

Person:

So simple, significant and symbolic!

Poetic Inspiration:

What wonderful words of comfort to the wailing heart ready for a new start. The wisdom of the wound is to be able to feel it without judgment of yourself or the other. This in itself is a process, just like going from night time to light time. Your inner clock of the healing journey is yours to embrace and not to be compared with anyone else. A day on Venus is not the same hours as on Mars, and neither will it be the same on the Earth. Learn to stay in your healing lane, knowing the dark wound of night will naturally turn into Love's daylight.







DAY 342 (30 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Live without pretending. Love without depending. Listen without defending. Speak without offending." - Author Unknown

Person:

This is my kind of rhyming quote. Anything else you'd like to note?

Poetic Inspiration:

Live, Love, Listen and Speak. These are the things you can do every week that allows you to grow stronger instead of weak. You have the power to shower love and silent compassion to everyone you meet in this life. And when you speak from a place of peace, you have the magic to heal strife. Don't deny yourself this golden opportunity to reside inside your heart space where there's only Unity.







DAY 343 (31 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"As humans, we are designed for story. Once we've wrapped our minds and hearts around a story, there's no amount of facts to the contrary that will get us to relinquish that story. It's only a more compelling story that can get us to change." -Terry Tempest Williams

Person:

My goodness! This goddess has gotten it down buster brown!

Poetic Inspiration:

Stories were made for glory. However, how your seed story goes, determines whether you stay in your flow and grow. Stories were made to change based on your choices, and the most important choice you can ever make is to create a more compelling story based on the latest and greatest version of who you know yourself to BEE as a beautiful aspect of Divinity.







DAY 344 (32 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Understanding is the first step to acceptance, and only with acceptance can there be recovery." -J.K. Rowling

Person:

What is the hardest thing for me to accept, therefore understand?

Poetic Inspiration:

The hardest thing for you to accept is Who and What you ARE, Beloved. You are an Avatar of the Creator of All That Is experiencing Itself through Its Creation—just like all the other entities and enemies (inner-me's) existing on this plane. In theory, this seems insane to the brain, yet it's the perspective you must gain to experience this reality more frequently at your heart's higher frequency. Here is where you reach the glory of recovery.







DAY 345 (33 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

Person:

"I'm not going to say I have all the answers, but I will say all the answers are within me."

Poetic Inspiration:

Dear Heart, it's always dependent on which aspect of YOU is saying what to WHO. The only *you* that needs to speak through is the one connected to the Higher aspect of YOU. And the only *who* that you need to speak to about having all the answers is YOU. There is no one outside of you to convince. There is nothing outside of you to go to that would even have a clue. Just Do YOU and let your Light and Literature shine through.







DAY 346 (34 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____
Card #2 Direct:_____Vertical:_____

"Peace hath higher tests of manhood than battle ever knew." -John Greenleaf Whitter

Person:

What are you talking about!? Please, give me a shout out!

Poetic Inspiration:

Peace in, not out, is what it's all about. The peace within you can be harder to maintain than splitting the atom to create an atomic bomb. For you, the job is inner calm in the face of the storm. The art of war may have a lot in store; but the act of Being Peace brings the world a whole lot more. So learn to deplore war and commit to what you were made for!







DAY 347 (35 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"If we see the light in everyone, then everybody will see the light in us." -Guy Steven
Needles

Person:

I'm working on making this more of a reality in my world.

Poetic Inspiration:

The whole thing is Light Beloved. It's all Light, even (and especially) in the face of the night. Light is all that exists—when you create this. Darkness is what you perceive when you believe in the lie. Some say one can not exist without the other; yet, I say darkness is what you create when you believe that you are not your brother, your mother or any "other." Manifest Light by embracing and transcending the night, and it won't be long before you take magic flight.







DAY 348 (36 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Sometimes it is the people no one imagines anything of, who do the things no one can imagine." -Alan Turing

Person:

Wonderful, yet why does it have to be so?

Poetic Inspiration:

Why ask why Dear Heart? It's more important to reach for the sky. When you are committed to accomplishment, it doesn't matter where you have been, only where you are going. When you focus only on your own or another's past, you make it harder to believe when good things *do* come to pass. Every single person has the spark of Divinity within, so it's not complicated to understand that everyone can eventually win.







DAY 349 (37 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"You come into the world with nothing and that is what you leave with, nothing. That nothing is your consciousness, and that is what you should be spending your time on here, cultivating it because that is the only thing you take with you." -W.U. Wei

Person:

Beautifully stated, yet can nothingness be overrated?

Poetic Inspiration:

Nothingness is everything. It's All There Is. This is the only game running in show biz-making it possible for everything to live. Nothing *figuratively* and nothing *literally* are different but still one in the same. You came from nothingness and you have no true name. Understanding this makes it easier to play the *Reclaim Game*. You and everything in existence is one and the same.







DAY 350 (38 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____
Card #2 Direct:_____Vertical:_____

"Give what you have- time, money, smiles, love, compliments, anything. And you will get back what you do not have." -David Cameron Gikandi

Person:

This quote makes me smile. Yet, it takes a lot of trust to be able to give fully.

Poetic Inspiration:

To give is to live. And to be open to receive what you need is the right way to perceive. Start first by understanding you give in every breath what plants need to live and you receive back from the plants whatever you lack. Next, understand that with your every act of commerce, you are instantly reimbursed with the goods and services you need to live longer and to breathe. Now extend your faith further to live in trust like the lilies in the valley and receive you must!







DAY 351 (39 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"It's not what you look at that matters; it's what you see." -Henry David Thoreau

Person:

I would tend to agree!

Poetic Inspiration:

Seeing is believing, and yet all seeing doesn't come from sight. Seeing your connection to the brotherhood of humanity doesn't take eyes when you realize who and what you are from the inside. To see each other as sister, brother, mother, father is to look G.O.D. in the face and realize there is none other in existence. To allow this approach take precedence in your every action is the most powerful evidence of perfect vision.







DAY 352 (40 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:	Vertical:
Card #2 Direct:	Vertical:

"Imagination is the beginning of creation: You imagine what you desire, you will what you imagine, and at last you create what you will." -George Bernard Shaw

Person:

This is all good, yet where does G.O.D.'s will come in and how do I align myself with it?

Poetic Inspiration:

Dear Heart, when you align yourself with the understanding that your every desire is "of the Father," then you are on the right track. When things don't show up as your person would like, you are still on the right track of discovery. It's only when you're attached to *your person*'s definition of success, and a *specific* outcome do you become a trader to your will. Get still, go inside and realize that when you are determined to stay in this space, everything will unfold with grace.







DAY 353 (41 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Every man is his own ancestor, and every man his own heir. He devises his own future, and he inherits his own past." - H.F. Hedge

Person:

Incredible and powerful just to perceive of this quote.

Poetic Inspiration:

To exist in the circle of life is to know this whole planet is just a play in the mind of G.O.D. The Creator of All That Is experiences Itself in Its Creation through YOU and every other YOU everyday. When you experience this to be true beyond a shadow of a doubt, then the understanding of this quote really comes out.







DAY 354 (42 of 52):

Date:

DAILY CARDS:

Card #1 Direct:	Vertical:
Card #2 Direct:	Vertical:

"If you are depressed, you are living in the past.

If you are anxious, you are living in the future.

If you are at peace, you are living in the present."

-Lao Tzu

Person:

Any advice on how to get to peace?

Poetic Inspiration:

You know the answer to this so well Beloved. Yet I'll say it another way for you today. You must come out of the spell that any of this is real, just like you finally do when you're finished watching a good movie in 3D, and you put yourself in that reality. If you were nervous, then you aren't anymore. If you were anxious then, you aren't anymore, and when the movie resolves, your peace is restored... and you are ready for more!







DAY 355 (43 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"I don't make movies to make money. I make money to make movies." -Walt Disney

Person:

That's a wonderful way to look at work. What can I do to have that kind of passion for my work?

Poetic Inspiration:

Your passion is for your purpose, not just your work, Dear Heart. You are so much more than your work of coaching and consulting. Your guides are consulting you daily, and when you passionately go where they lead you with courage, it empowers your consulting. You don't live to write literature Beloved. You strive to live your best life out loud passionately and then you share it with your tribe. You came to this planet to have experiences and see places and touch and be touched by people. Your *passion* is for being *present* with *purpose*, and if you can make some pounds while you're around, then I'm also down for hearing the *cha-ching* sound.







DAY 356 (44 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:	Vertical:
	
Card #2 Direct:	Vertical:

"You have experienced a task of truth when you can no longer deceive yourself as sincerely as you did before." -Jake Patton Beason

Person:

Amen. Hallelujah!

Poetic Inspiration:

As someone who has lived in denial for many days, you understand this quote well Dear Heart. Yet, your denial has been centered on not clearly seeing your influence and your beauty. While this may have been needed on your path to humble your person's self-inflated ego that was masked in sugar and honey, you are reaching an end to that part of your journey. You see now where your Lower Self (attached to form and fear) ends and where your Higher Self begins. Continue to follow where this truth leads you, and it will continue to redeem you.







DAY 357 (45 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

Person:

"its time to release what my lower self thinks is impossible, and surrender to what my Higher Self knows is ordained."

Poetic Inspiration:

Realize you have it all when you follow your Higher Self's call. It can only lead you to where you *already* are and take you to where you desire to bee— in touch with eternity. Every good thing flows effortlessly from this space, Beloved. And although it seems so simple, it requires giving up a life of pretense and ego defense— a task that takes more courage and less logical sense.







DAY 358 (46 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____
Card #2 Direct:_____Vertical:_____

"Love is the only force capable of transforming an enemy into a friend." -- Martin Luther King, Jr.

Person:

This is so true! I am touched by the story of Pardeep Singh Kaleka and Arno Michaelis and their organization Serve 2 Unite.

Poetic Inspiration:

There is a truth innate in every one of you that is determined to allow the light of your essence to shine through. Pardeep finding his glory amidst events that were so gory is one powerful story. To seek out your enemy and make him a friend is an act that only on LOVE, you must depend. Love sees the reality for what it is right now and then makes a vow to go deeper somehow — beyond the veil of illusion and separation. This is the kind of strength that is so needed in your nation.







DAY 359 (47 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____
Card #2 Direct:_____Vertical:_____

"We make a living by what we get; we make a life by what we give." -W.A. Nance

Person:

Giving is so necessary for growth. Anything else to give?

Poetic Inspiration:

You give every moment you are being present in the moment. You give much more by what you *don't* say and do everyday when your words and actions are not from your heart space. The quality of your giving gives back to everyone involved, and the impact of this giving is a mystery that can never be solved. Remember, you always have something to give that will never take away from the way you live.







DAY 360 (48 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"If you can't see God in All, then you can't see God at All" -Yogi Bhajan

Person:

That says it all! What's your call?

Poetic Inspiration:

Dear Heart. It's All G.O.D. as you already know. No matter what the action of G.O.D.'s refraction manifested as light beings do here on the Earth's scene. You all came from the light, and you all go back to light. Learn to become less uptight about how another person chooses to manifest their light, and it won't be long before you come to know and experience that EVERYTHING is truly alright. Give Thanks.







DAY 361 (49 of 52):

Date:

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

"Travel. It leaves you speechless, then turns you into a storyteller." -Ibn Battuta

Person:

I find being deep in nature is the only thing that can silence me. Would you agree?

Poetic Inspiration:

Being silenced by the heart of nature on all your traveling adventures has built your stature. But now what's left is sharing the scenery and your stories with the rest. You have so many things to share, Dear Heart, and sharing doesn't only come in the format of your blogs and books. Sharing stories comes at the spur of the moment when the perfect life story can bring about the perfect healing and allows you to relate to the rest of humanity through your direct experiences.







DAY 362 (50 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____
Card #2 Direct:_____Vertical:_____

"Sometimes the road less traveled is less traveled for a reason." -- Jerry Seinfeld

Person:

This joke ain't no joke!

Poetic Inspiration:

So true Dear Heart. "Jokers" rush in where angels fear to tread. Yet this can only happen when your person's ego gets a big head. It's best to stay in the heart instead. The mind takes you *off-time* and leaves you far behind every time you haven't aligned with your heart. Yet, you can make a new start at any second of the day, just by taking a deep breath and occupying your present moment space.





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DAY 363 (51 of 52):

Date:	
Date:	

DAILY CARDS:

Card #1 Direct:	Vertical:	
Card #2 Direct:	Vertical:	

"Compassionate intensity is a term I use to remind myself that I can live in a selfconnected and compassionate way, while I experience and express all the emotional energy my life has to offer." -Thom Bond

Person:

Thom Bond's Compassion Course is encouraging me to view compassion more clearly.

Poetic Inspiration:

Compassion goes hand in hand with courage. After hearing what isn't being said, it takes courage on every level to express this truth. Once you can see what the real issue is, to be able to address it with presence, empathy and compassion is the gift you've come here to give Dear Heart. Living in your heart and knowing "It's All G.O.D." is the only "protection from perception" you need to transform all that shows up in life, unlike Love.







DAY 364 (52 of 52):

Date:_____

DAILY CARDS:

Card #1 Direct:_____Vertical:_____

Card #2 Direct:_____Vertical:_____

Person:

"Live out your life purpose and passions not because any of this is real, but because you came to this planet to have real experiences."

Poetic Inspiration:

The only thing real is what you feel. You came here to *feel* Dear Heart. Your life purpose and passions are the vehicles that allow you to experience this life more fully. Yet, just as you don't worship your car or the plane that takes you far, you don't make your life purpose or passions define who you essentially are. Your mission is to be a trailblazer of what Abraham Hicks calls "the leading edge" of humanity's evolution. Once this mission is embraced, life on Earth transforms into a whole different place — one where you are filled with G.O.D.'s ultimate grace.







DAY 365 (Joker Day):

Date:

DAILY CARDS:

Card #1 Direct:	Vertical:	
C 1 112 D: 1	T7 (* 1	
Card #2 Direct:	Vertical:	

"Sometimes you have to play the role of the fool to fool the fool who thinks he's fooling you." -Author Unknown

Person:

What's coming to mind metaphorically is the journey the Fool takes in the Tarot to "out trick" the Devil of separation to gain the World.

Poetic Inspiration:

The *Reclaim Game* is one and the same. Lucifer, the trickster (or gatekeeper rather), is the catalyst for the Fool's Journey to gain the World. It's only by putting on the Fool's garb with courage and conviction do you discover that the only way to fool the Devil is by refusing to believe anything based on separation is real. Only then does his powerful illusion lose all of its appeal. Love becomes the only thing you feel, and you gain back the World that he tried so desperately to steal.





ow that you've come to the end of YOUR year using the planetary guidance of the Destiny Cards, have you discovered anything new about your daily, weekly, and yearly cycle that has allowed you to make better choices? Have you become more aware of your choices as a conscious co-creator and decreased the daily deals with the devil of separation?

As a fellow light beacon, I pray that you were poetically inspired daily on your S/hero's Journey playing the *Reclaim Game* and that you stayed motivated to manifest *Your Yearly Virgin Vision* with wisdom, grace and style! Yet, the greatest thing about playing any game is that you can always "Start Over" and become more proficient- in cycles and cycles. Here's to your success as a conscious cocreator!

Thanks for Your Support!

Please consider leaving a review on Amazon if you've found this book useful, informative and inspiring. It doesn't have to be long, but it will go a long way and make a huge difference in promoting this book. A World of Thanks in advance for your time and words.







DeBorah Bellony worked and studied at the Astrological Institute in Scottsdale, AZ, the only accredited program for Astrology and Psychology at the time. She holds a BS in English from North Carolina Central University and a MS in Nonprofit Management from Georgia State University. She also studied acupuncture and homeopathy at the Academy of Advanced Medical Thothetics.

As the owner of **Who I Am Communications** and **Positive Options Coaching**, her mission is to motivate herself and other magnetic, melanin aware light beacons to become better conscious co-creators of the life they desire, while removing race, gender and generational blockages on the path to planetary oneness.

Her greatest wounds involving racism, sexism, and ageism have over time, transformed into her greatest gifts, allowing her to delve deep into the unknown to find the truth behind the veil of illusions. DeBorah says, "It doesn't matter if you are Black or White, female or male, young or old when you honor to feminine and melanin within, you help bring yourself and the planet into balance, which is so needed at this time of planetary evolution." For the past 20 years, she has assisted individuals and organizations attain self-mastery and sustainability through her coaching, publishing and consulting services that focus on tapping into the power of who you truly are.

Her vision is to publish three books sharing powerful practices and principles for conscious co-creation by the end of the year 2020 and to promote them on *DeBorah B's Travel Bug Blog*. She is the author of *Afraid of Our Own Shadow: A Manifesto and Guide for Conscious Co-Creation*, Prayers of a Virgin: 52 Weeks of Poetic Inspiration and Personal Planetary Guidance with the Destiny Cards and the forthcoming book entitled It's All G.O.Ø.D.: A Conscious Co-Creator's Guide to Healing the Effects of White Supremacy.

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